

One Good Idea

Presented by

"The Laundry Brigade"

Castlegar National School
Galway





One Good Idea ...











Research: Results of Family Survey

87% use the washing machine >1 per week

99% have Washing Machines

66% have dryers

22% use their washing machine every day

51% use their dryer at least once per week





Water and Energy Usage: The Facts



- Old Vs New machines
- Energy eaters
- Expensive to run
- Micro plastic/fibers











Why handwash and air day?



Handwashing

Fossil fuels

Less water

Micro plastics

Gentle

Inexpensive

Airdrying

Natural energy

Smell

Gentle

Free!





Top energy efficient washing tips



urn down the temperature

□ Short Cycle

□ Full Drum

- ast Spin Mode
- ough Stains by Hand
- Wash at Night

Buy Energy Efficient Appliances!



Getting our Message out there!

- ✓ Shops
- ✓ Creches
- ✓ Local and regional Newspapers e.g. Connaught Tribune & Galway City Tribune
- Local Businesses e.g. Fidelity Investments Ireland
- ✓ Galway/Mayo Institute of Technology
- School notice board, facebook page and website
- ✓ Castlegar GAA club & other local clubs
- We made the news headlines on Galway Bay FM



Estimated Outreach = 140,000 people



Positive Feedback

I rarely use the dryer anymore this has made a big difference to our E.S.B Bill - A School Parent I wash more clothes together to save energy - A School Parent



I bought a clothes horse- the dryer is so expensive!

- Employee Fidelity Investments

Here at Castlegar Camogie Club we have Ditched the Dryer when washing the jerseys

- Chairperson Camogie Club



