



**THE NATIONAL
MALE ADVICE
LINE**

ABOUT US



HOW WE WORK

We fully acknowledge that there are not 'happy endings' to every story and we cannot provide a solution to every situation. But our initial approach of listening to understand the caller, allows us to tease out "who is doing what to whom". Because of the complexity of DVA, in particular, where it is Coercive Control, each case is dealt with entirely on its own merits. No one size fits all.

The Male Advice Line offers emotional support and practical advice to men who are or have experienced Domestic Abuse. The line workers are not limited to responding to only male victims. We are careful about using labels such as 'victim' or 'perpetrator' as referring to behaviour rather than characterising a person is more helpful. We provide a non-judgemental space to anyone who contacts us. In our experience, a caller needs a space where they are listened to, understood and believed. Everyone deserves respect and a chance to tell their story. We do not want anyone to feel alone or isolated from connection or the appropriate support. In this, we feel that if there are partners or children involved, this listening space will help provide the necessary support to the caller to reflect on the best outcome for everyone involved.



**Men's
Advice Line**

Advice & Support for Male Victims
of Domestic Abuse

NON-JUDGEMENTAL

Following from this non-judgemental approach, which should never be under-estimated, we begin to ask open-ended questions.

1. What do you mean when you say...?
2. How did you respond...?
3. What was the worst incident involving you/a family member...?
4. How were you feeling at the time...?
5. How does this relate to your feeling this way...?
6. What would you say caused you to feel this way...?
7. What would be a good example of this ...?
8. Can you tell me the worst time there has been?
9. Can you tell me what you usually do when this happens?

10. What are you frightened of in relation to your situation?
11. What do you want to happen now?
12. Do you feel afraid to make certain decisions because of the way your partner might respond?
13. Are you frightened of what they might do to the Children?
14. Do you think your partner is frightened of you?
15. Have they ever said that they were frightened of you?
16. Do you always feel like it is your fault?
17. Do you always feel like it is your partners fault?
18. Is there anything else you think I should know, regarding your safety or anyone else's?



There will be perpetrators of DVA who perceive themselves as victims. This can be a strategy, conscious or unconscious. However, we always keep in mind the question 'Who is Doing What To Whom' and explain that we ask questions because we want to meet their needs appropriately, increase their safety and decrease any risks involved, especially where children are involved.

Remember, the ultimate goal is to find out who is doing what to whom, so we can respond appropriately in a healthy and safe way for everyone involved, hence the questions.....



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FREephone
1800 816 588