From:	
To:	SingleUse
Cc:	
Subject:	Huhtamaki Cup Print Ltd Submission - Stakeholder Engagement Consultation on draft regulations to introduce an environmental levy on single-use disposable cups
Date:	Friday 25 November 2022 16:22:12
Attachments:	2022-10-25 Cup Print Stakeholder Submission Consultation SU Levy.pdf Ramboll LCA Executive Summary Dine In OSR[4].pdf
	Ramboll Ireland LCA Context[6].pdf Ramboll LCA Executive Summary Takeaway OSR[6].pdf

Dear Sir/Madam,

Please find attached submission document (no.1) and associated attachments (no. 3), for 'Other Stakeholder Engagement' category of the consultation on draft regulations to introduce an environmental levy on single-use disposable cups, as sent on behalf of General Manager, Huhtamaki Cup Print Ltd. (In Cc).

We would be grateful if you could acknowledge receipt by return.

Yours sincerely,

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Cup Print will be closing for seasonal holidays on December 22nd 2022, reopening January 3rd 2023



# Consultation on draft regulations to introduce an environmental levy on single-use disposable cups

# SUBMISSION FROM HUHTAMAKI CUP PRINT LTD. ('Other Stakeholder Engagement' Category)

Submitted by: General Manager Date: 25<sup>th</sup> November 2022

> Huhtamaki Cup Print Ltd rad ng As Cup Pr nt D rectors Registered Address: Un t 4, Ba yma ey Bus ness Park, Enn s, Co C are, V95 NN60 cupprint com Registered Co. No.



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#### About Cup Print

Est. 2010, Cup Print is Europe's largest sustainable paper cup manufacturer, producing both certified compostable (DIN ISO EN 13432 / Cré) and the world's first and only recyclable paper cups certified in accordance with the DIN ISO EN 13430 standard for processing via regular mixed card & paper Waste Path 13. Cup Print employs over 200 people in their 100 percent certified renewable energy, BRCGS A+ rated High Hygiene facility in Ennis, Co. Clare and holds both PEFC and FSC certification for responsibly sourced renewable fiber. Cup Print practise circularity, with 100% of all manufacturing by-product being recycled. In 2018 Cup Print joined forces with global sustainable fiber packaging leader, Huhtamaki.



#### **Executive Summary**

Overall, as promoters of renewable, recyclable and environmentally performant paper packaging products, including European-certified recyclable and compostable paper coffee cups, we are supporters of a circular economy and welcome the principles within the Circular Economy Act 2022 ("the 2022 Act" and "the Draft Regulations" respectively). However, we are disappointed with the proposals set out in the Draft Regulations, both for the renewable fiber packaging industry and for the promotion of circularity itself.

Whilst we fully support the Circular Economy principles of the Act and the move away from linear models, the legislation, specifically as set out under section 11:

- Will not deliver the best environmental outcomes and could see several unintended consequences
- Is not underpinned by adequate levels of Impact Analysis. Research proves that reusables create 2.8 times more CO2 and consume 3.4 times more freshwater than single-use paper cups. Market data in the Regulatory Impact Assessment issued by government is also highly misleading.
- Has a disproportionate focus on paper coffee cups
- Will unnecessarily limit the freedom of enterprises and impose costs on the full valuechain, including consumers
- Has not considered other options that are less punitive on consumers and business, as has been demonstrated in other jurisdictions
- Has been enacted without engagement with industry to solve waste-related problems for single-use packaging, or the inclusion of scientific facts
- · Sets an alarming precedence for all renewable fiber packaging items

The following information gives an overview of the key aspects and issues of this Act, which is broad in both scope and nature and covering many types of product and premises. We have also proposed some constructive alternative solutions, as have been adopted by other EU states, which must be considered to ensure that the best option is delivered for both our environment and for consumers.

#### Environmental Outcomes & Unintended Consequences

Throughout our research, review of expert evidence and consultation with stakeholders over the past number of months, we have concluded via scientific environmental evidence provided to us, that a levy on single-use disposable cups in its current form, will not deliver the heat overall environmental outcome. Contrary to the intentions of the legislation, there will be many unintended consequences that will result in significantly greater damage to the environment as well as higher quantities of plastic products in circulation.



We have listed below several studies and evidence to support this.

- According to European legislation, waste treatment cannot be limited to mere waste • volume reduction but needs first and foremost to achieve "the best overall environmental outcome" as stated in at Article 4(2) of the Waste Directive (Directive 2008/98)<sup>1</sup>. The Government and the Department of the Environment, Climate and Communications should encourage options that deliver the best overall environmental outcomes, using life-cycle thinking and appropriate ISO 14040 and 14044-compliant Life Cycle Analysis to match the principles of a truly circular economy. Article 4.2 states clearly that "when applying the Waste Hierarchy, Member States shall take measures to encourage the options that deliver the best overall environmental outcome. This may require specific waste streams departing from the hierarchy where this is justified by life-cycle thinking on the overall impacts of the generation and management of such waste." In other words, within the inverted pyramid of "reduce/reuse/recycle", if informed analysis demonstrates that "recycle" delivers a better overall environmental outcome than "reuse", then policymakers should choose this option.
- The latte levy will not achieve "the best overall environmental outcome", as required as a matter of European Union law, because the <u>2022 Act has been passed</u> <u>into law without the completion of an appropriate impact assessment</u><sup>2</sup>. Specifically, a scientific Life Cycle Analysis (LCA) to determine whether reusables have a greater environmental impact than single-use, paper-based packaging or containers, has not been conducted. The European Commission (EC) encourages the use of Life Cycle Thinking (LCT) to complement the waste hierarchy for a more environmentally sound and factual approach to support decision-making in Waste Management. The generally accepted standard for applying technical aspects of LCA to consider are the International Organization for Standardization (ISO) 14040 and 14044 standards for LCA.
  - We have previously presented to the Joint Committee on Environment and Climate Action a primary-data-based study, which found that reusable tableware, in a Quick Service restaurant dine-in context, emits 2.8 times more CO<sup>2</sup> and demands 3.4 times more freshwater consumption compared to single-use products, due to the energy-consuming washing and drying phases required. This report was carried by European LCA experts Ramboll<sup>3</sup>, who have also completed work for the European Commission on the Single Use Plastics Directive, representatives from which presented their findings to committee

<sup>&</sup>lt;sup>1</sup> DIRECTIVE 2008/98/EC OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL (As amended 2018, section 4.2) https://eur-lex.europa.eu/legal-content/en/TXT/PDF/?uri=CELEX:02008L0098-20180705&from=EN

International Reference Life Cycle Data System (ILCD) Handbook - General Guide for Life Cycle Assessment - Provisions and Action Steps

<sup>&</sup>lt;sup>3</sup> Comparative Life-Cycle Assessment (LCA) Single-Use and Multiple-Use Dishes Systems for In-Store Consumption in Quick Service Restaurants by Ramboll (<u>Publicly available via European Paper Packaging Alliance</u>)



members on May 19<sup>th</sup> 2022. It should be noted that their study is based on primary research data across the Value Chain, has been independently verified and completed to ISO 14040/140444 standards and is 3<sup>rd</sup>-party reviewed. We have enclosed a copy of the updated Executive Summary of the report for reference.

- Following a desktop study, Ramboll has confirmed this LCA is applicable to the Irish context, with case study research<sup>4</sup> completed on Ireland-specific data, which corroborated the findings of the primary study (please see document also enclosed).
- Ramboll have also carried out an additional, robust study for the takeaway context<sup>5</sup> of a Quick Service Restaurant and have once again determined that single use paper-based packaging provides a better environmental outcome than reusable packaging. Whereas previous LCA studies analysed only the environmental impact of products, this study adopted a more holistic approach based on the entire working system of restaurants. Robust, reliable and up-to-date primary data related to the relevant parameters was used for the purpose of the study, including type of washing and types of dishwashers, reuse rates, return rates, means of transport and distances covered. We have enclosed an Executive Summary of this study for reference, within which you will notice that multiple-use packaging was found to generate almost half more (48%) additional CO2-equivalent emissions and consume more than a third (39%) additional freshwater than single-use systems.
- The Climate Action Plan 2019<sup>6</sup> notes that an OECD study of four countries' greenhouse gas emissions found emissions arising from material management accounted for between 55% and 65% of national emissions. Ireland's material consumption is well above the EU average and continues to rise. This indicates that there is scope for savings in greenhouse gas emissions through maximising the efficiency of our material usage. Therefore, legislation mandating further use of reusable systems, e.g., for onpremise washing systems would further contribute towards emissions when there is scientific evidence to the contrary
- A proliferation of 100% plastic cups including €1 deposit 'swap cups' will be the unintended consequence of a disproportionate focus on the paper cup, which is made from renewable fibers. The effect of the levy will be to replace renewable, recyclable and environmentally performant products with non-renewable, non-recyclable (ceramic, tableware glass) or not-yet-recycled plastic products. As seen in other markets in Europe, we can expect that reusable plastic cups will be the primary replacement of paper-based cups, contributing to a massive increase in plastic products – which is in complete contradiction to the goal of plastic-reduction legislation. An example of this followed the prohibition of single-use plastic forks.

Deckton Assessment Related to Comparative LCA Performed For Quick Service Restaurants
 Instruction by Ramboll (2022) as attached

<sup>&</sup>lt;sup>5</sup> Comparative Life Cycle Assessment (LCA) Single-Use And Multiple-Use Tableware Systems for Take-Away Services in Quick Service Restaurants by Ramboll (<u>Publicly available via European Paper Packaging Alliance</u>)

<sup>&</sup>lt;sup>6</sup> Climate Action Plan 2019



These have now been replaced by 'dishwasher safe' plastic forks that are still discarded and actually contribute more plastic to litter or landfill than the original. These nominally reusable 100% plastic cups would neither address plastic reduction or climate goals - or solve litter problems. We applauded when plastic straws were banned and replaced with renewable fiber straws – whereas this legislation endorses a switch from fiber to plastic.

- More plastic to landfill appears counter-productive to the intentions and principles of the Circular Economy. Regardless of build quality or price or number of uses, a reusable 100% plastic cup is still 100% plastic
- Used paper cups and fiber packaging are not waste, but a valuable secondary raw
  material that provides the paper stock for large selection of essential daily products
  such as egg boxes and various types of paper rolls, towels and tissues. In contrast,
  many reusable cups are not recyclable (e.g., ceramic or tableware glass), compounds
  of materials (e.g., resource-intensive glass and metal or metal and plastic), or notwidely-recycled 100% plastic items. The value of a recycled ton of paper is currently
  circa €200/ton and rising. (Whereas disposal incurs costs of around €75/ton.)
  According to REPAK<sup>7</sup>, Ireland is efficient at paper recycling, but behind target on plastic
  recycling. REPAK state that Ireland must recycle 50% of all plastics by 2025. A start is
  to introduce less plastic and more renewable material such as recyclable fiber. Ireland
  has an opportunity to utilise material we are already efficient at processing (paper)
  and further encourage fiber material usage instead of plastic.
- ALL paper cups CAN and should be recycled. Operators in Ireland have made great
  efforts to serve certified recyclable (Waste Path 13 / DIN ISO EN 13430<sup>8</sup>) or certified
  compostable (to Cré / EN13432 Standards<sup>9</sup>) products. Plus, many jurisdictions have
  re-enabled paper cup recycling for traditional, PE-lined paper cups. Irish fiber waste
  for recycling is generally exported to other EU countries or the UK. Materials Recycling
  facilities in these jurisdictions accept and are actually seeking significant volumes of
   all types of paper cups for recycling, so there are pathways to circularity if paper cups
  were to be added to recycling lists by MyWaste.ie
- Packaging manufacturers understand they will be required to pay higher Extended Producer Responsibility (EPR) charges. Ideally, EPR would contribute towards more meaningful circular waste pathways and infrastructure that delivers circularity across a spectrum of recyclable items. The levy is intended as a behavioral change, to be followed by outright prohibition. This entails consumer taxation that is designed to be temporary and does not contribute towards infrastructure. The same shortfalls in enabling circularity would exist following prohibition of one specific single-use item. An opportunity to enable circularity for all recyclable fiber packaging items, under consistent methods of treatment, is being missed.
- Appropriate street furniture and segregation, along with improved recycling capability, is required in Ireland regardless of levies or prohibition. The approach taken by The Circular Economy Act, in contrast to findings in the Primary Data study by Ramboll, will result in a negative environmental outcome, will encourage and add

<sup>7</sup> REPAK statement on recycling targets March 20th 2022

<sup>&</sup>lt;sup>8</sup> European Standards: Requirements for packaging recoverable by material recycling DIN ISO EN 13430

<sup>&</sup>lt;sup>9</sup> Cré Compostable Certification Scheme and EN 13432 Standards



more plastic into circulation - and levy revenue raised will not fund infrastructure. If the levy does not influence behavior, prohibition will follow that encourages further plastic production that will not help government reach plastic reduction targets, recycling targets, emissions goals or, most importantly deliver the best overall environmental outcomes

- There is no requirement for the "re-usable alternative item" (Circular Economy Act, Section 11, subsection 3<sup>10</sup>) to be recyclable. The end-of-life for reusable items, often made from compound materials that are difficult to separate and recycle, the volume of waste produced - and source of reusable item materials has not been considered via any LCA. Reusable items are required to demonstrate a 'lower level of material wastage' than single-use items. So, for example, can a 90g, 100% plastic fossil-fuelderived reusable item, even if technically recyclable, justify a limited lifetime of valuable energy and water consumption when it contributes 90g of plastic compared to a renewable, recyclable fiber item that contains 180 times less plastic and can contribute a valuable, circular resource?
- There are plenty of examples of government facilitating closing-the-loop initiatives or Deposit Return Schemes (DRS) for plastic bottles. But there has been no engagement from government on recycling paper packaging or paper cups – or similar DRS initiatives. Industry, REPAK, government and other stakeholders will need to work together on shaping Extended Producer Responsibility (EPR) in the coming years. Early engagement - as opposed to one-off levies on one item - would be a great start to avoid unintended consequences and gain full buy-in from everyone involved to achieve our vital, common goals for the best overall environmental outcomes
- Recovered fiber is a valuable resource (most of our paper cups already consist of circa 50% recycled fiber) that can contribute to the Circular Economy. The legislation prevents this and instead encourages non-recyclable, non-renewable alternatives while not facilitating a switch from a linear model for paper cups to a circular route
- The vast majority of to-go Operators in Ireland are serving takeaway drinks in either REPAK-award-winning, certified-as-recyclable (mineralised liner) paper cups (Waste Path 13 / DIN ISO EN 13430), or certified compostable products (to Cré / EN13432 Standards, using 100% biodegradable plant-based coatings), which are domestically produced. If the legislation encouraged sustainable, innovative packaging design, these are exactly the type of products you would expect to see reaching the market to deliver better overall environmental outcomes
- The vast majority of to-go Operators in Ireland are serving takeaway hot drinks in renewable fiber cups that consist of circa 50% already-recycled fiber outers. The cup inners made from virgin materials (for hygiene purposes) are responsibly derived from certified sustainable forestry sources (PEFC and FSC), grown on plantations applying rigorous biodiversity enhancement standards. Tree material for paper applications typically utilizes small trunks and branches which otherwise would have limited use, while the majority of lumber production is for construction applications. All aspects of the paper production process are considered when looking at the LCA of single use packaging which shows significant benefits versus re-usable alternatives, this includes

<sup>10</sup> Circular Economy and Miscellaneous Provisions Act 2022, Section 11



all aspects of forestry management, felling, paper making and the treatment process throughout.

- One of the advantages of Compostable paper cups certified to EN13432 & Cré Standards is that they can be environmentally disposed of in the correct waste stream easily with other compostable food packaging and food products without any need of cleaning or segregation. Compostable paper cups certified to EN13432 & Cré Standards use a plant-based, 100% biodegradable, polylactic acid (PLA) liner and zero petrol-chemical-derived plastic. These containers, like all other items certified to those standards for industrial composting, can be processed via both domestic and commercial brown bin pathways – and nearly every household and many commercial premises in Ireland are equipped with a brown bin. There is no reason why a certified items using the same composition of material. Additionally, compostable paper cups certified to EN13432 & Cré Standards would also be processable via regular paper Materials Recycling Facilities and thus be compatible with both brown and blue bin streams.
- Reusable manufacturers quote a 4-year lifespan of a largely unrecyclable plastic reusable cup. If government gave every adult in Ireland a 'keep cup' (4 million units) that would result in 360 metric tons of plastic to landfill over their estimated lifetime. Whereas renewable paper cups allow a valuable fiber material to be recovered via up to 25 cycles to feed demand for further, recyclable organic material – plus all of this natural material can ultimately be composted once it has reached maximum recyclability. If 100% plastic cups are recycled, they will simply recirculate plastic and never break down once any recyclability they have has diminished. Miniscule levels of plastic in paper cups can also be recovered, (similarly to envelope windows) and recycled. However, in Ireland a large amount of paper cups are certified compostable, using 100% biodegradable, plant-based liners that are not petrochemically derived and have potential to reduce overall plastic usage and contribute towards a truly Circular Economy

#### **Operational Complexities**

For the intentions of the legislation to be successful there are many obstacles that are both critical to business - especially in the current climate of post-Covid markets recovery, inflation and energy crisis – and impracticable to their operation. These distinct impracticalities highlight a lack of engagement with industry to derive solutions and highlight that, in preparation of the legislation, little research was undertaken to examine how workable processes would align with the ideology of implementing the levy.

Below is a collection of open questions and key points that should be addressed in the formation of any secondary legislation.

 Extra regulation on price/quality of reusable cups in secondary legislation has been cited as the Minister that introduced the legislation became aware of Vendors readying imported stocks of low quality, nominally reusable 100% plastic cups for market. Prior to enactment, the Minister added amendments giving him/her 'the



power to impose a levy not just on single-use disposable cups, but also on certain reusable alternatives to those cups that are supplied to the consumer below a certain price point'. How a price cut-off point will work is unclear. Will 'cheap', 'flimsy', 100% plastic cups simply be sold at higher prices? (Although some of these types of cups are offered on deposit schemes and are not for purchase). Will 'expensive' reusables effectively be handed a monopoly on the market? What specifically constitutes a 'flimsy' cup? Where and with whom will the responsibility lie for policing the plastic grade, content, specification or price of 100% plastic cups? Although the Minister's sentiment to avoid the unintended consequences of 100% plastic cups is to be welcomed, his commitment to engage with industry over the matter has not been met

- Modern lifestyles involve an increasing need for consumption of food and beverages on-the-go. This is an inescapable reality and there are many circumstances where single-use packaging and food service ware are the only feasible option, as well as the most hygienic option. (It could be argued that to legislate against off-premise consumption is anticompetitive.) According to a 2020 report from the University of Ulster by Emeritus Professor of Food Studies, David McDowell<sup>11</sup>, "The evidence is clear. The potential for the persistence/transfer of foodborne pathogens on reusable packaging and food service ware, (i.e., the current alternatives to disposable cups, glasses, forks, spoons, stirrers, trays, boxes and bags), remains a clear and present hazard, especially at the retail/service/consumer interface".
- Costly, valuable-energy-consuming equipment may be required to either wash customer cups or to offer customers a space to wash their own reusable cups. What assessments have government carried out into how this will be workable and viable for Operators – particularly for mobile Vendors, those in drive-thru locations or those with limited floorspace? We see no evidence of adequte economic Impact Assessments analysing how these impacts will vary across different types of premises
   and whether any of these impacts are considered anti-competitive to certain categories of Operators?
- The legislation leaves to-go Operators facing significant business impacts as, not only will Vendors require energy consuming industrial washing/drying facilities - and to add both staff and staff training processes on this extra step required to service customers - but these steps will notably increase service interaction times and therefore impact revenue, notably at peak times
- Costly and time-intensive extra protocols and training will be required for Operators on adhering to the minimum pricing and/or plastic grade of 'reusable alternative' 100% plastic reusable cups, the health and safety protocols for training staff on policies for accepting/refusing cups in poor condition and for assessing the hygiene risks and handling of reusable cups presented by customers. There are also complications and lack of clarity on responsibilities between self-service and over-thecounter serving situations in terms of declaring payable levies

<sup>&</sup>lt;sup>11</sup> <u>MCDOWELL REPORT</u>, UNIVERSITY OF ULSTER (2020). 'Food Hygiene Challenges in Replacing Single Use Food Service Ware with Reusable Food Service Items'.



- There are concerns that self-washing facilities would increase liability and therefore
  insurance costs due to the added risks of slippage and injury on premise, in addition
  to extra responsibility on staff members to keep these areas hygienic and safe
- Insurance Liability requirements are unclear. According to the Food Safety Authority: "Your business could be liable if a customer became ill as a result of the overall hygiene within the business, which could potentially be due to accepting reusable containers and cups that were not clean or in good condition (E.g., cracked or chipped)'. An example of this liability has been shown with Irish Rail catering services, where, for hygiene and safety liability purposes stipulated by their indemnifier (in addition to incompatibility with dispensing machinery spouts), staff were required to use a disposable cup to decant drinks into a reusable container presented by the customer. If insurers stipulate this protocol to Operators, would this disposable cup be subject to the levy – and subsequent reporting requirements - and incur a levy charge to the customer or Vendors regardless? If not, how will Vendors be required to report on number of cups used in service versus those charged a levy at point-of-sale?
- Government state that ALL single-use packaging types will be subject to similar levies/prohibition and require similar protocols and administration in the near future. Has an Impact Assessment on economic or environmental impacts been carried out to define the material composition of, or specific items, that do or do not deliver the best environmental outcomes in relation to other single or multiple use alternatives? If so, has any Impact Assessment applied a consistent treatment to the materials composition of these items?
- The 2022 Act enforces backdoor waste segregation, which is positive and segmented backdoor waste should be recycled, including paper cups. So if, for example, an EN13432 or Cré-certified compostable salad bowl can go in the brown bin without levy – why is an EN13432 or Cré-certified compostable paper cup of identical material composition denied this pathway via the brown bin route both currently and following the introduction of an outright ban? Has there been a Lifecycle Analysis to the required ISO14040 / 140444 standards stipulated by the EU Waste Directive to define the treatment of specific single use items carried out to measure the impacts of each specific single-use item in relation to reusable alternatives to clarify the nuances between each category of single-use item?
- Vendors Obligations are unclear in the draft regulations for certain circumstances (e.g., for takeaway, on-premise consumption, delivery service). For example, if a delivery service is used but a customer would like to consume drinks using their own receptacle, how should hot drinks be transported and dispensed by the courier and how should levies or exemptions be applied via 3<sup>rd</sup>-party ordering applications and services? How will the reporting mechanism work in relation to 3<sup>rd</sup>-party ordering/delivery service applications?
- How will government engage to find solutions with Vendors regarding complications with integrating the levy within Point-of-Sale and digital transaction systems? For example, consumers that self-serve drinks may go to self-service checkouts. This also presents many additional challenges (e.g., extra staffing burden on shopfloor, slower service/checkout times for consumers and associated lost trade) for Vendors to solve



to ensure the consumer self-declares the payable levy and that the vendor can report adequately to the Revenue Commissioners.

- Added administration burdens are placed on Vendors required to use any mechanism
  of reporting levies to Revenue and this has an economic impact on business
- What has government done to ensure that Vendors can be satisfied that 'suitable reusable alternatives' placed on the market are manufactured to suitable food-safe standards? The vast majority of to-go Operators in Ireland are serving takeaway drinks in renewable fiber cups domestically manufactured in a BRCGS A+-rated High Hygiene facility
- Although there may well be exemptions later listed, what Impact Assessments have been carried out in relation to the use of reusable containers in healthcare or educational settings? Will patients be required to bring their own reusable items on admission – or students arriving on campus? Will visitors in healthcare settings arriving with reusables be required to decant beverages into single-use items for hygiene purposes? Many healthcare and educational settings have uninstalled energy-consuming washing and drying equipment – will they be required to purchase industrial washing and drying equipment and employ associated Operators, or will there be self-washing facilities required for visitors and, if so, what are the implications for healthcare or education providers on maintaining adequate standards of hygiene and safety at these stations?
- Will charitable or not-for-profit operations be exempt from charging and reporting single-use item levies when giving or selling warm drinks or food?
- What are the planned Public Health protocols in relation to single-use items for reacting to sudden outbreaks of infectious diseases or prolonged periods of pandemic restrictions and conditions in relation to reusable items?

#### Commercial Impacts

This section outlines the significant scale of trade for drinks in Ireland and challenges whether appropriate duty of care or Impact Assessment has been carried by Government, as EU Law mandates.

The on-the-go coffee industry accounts for an estimated 15,000 employees in Ireland. The wider market for serving drinks of all types (hot and cold), for either on-premise or takeaway consumption, extends to supporting employment across a much wider segment of the hospitality and retail sectors. Many Vendors have opted for renewable fiber cup options to serve drinks for hygiene, economic and environmental reasons. Additionally, Post-Pandemic, many Operators have acknowledged that sustainable single-use containers bring added energy saving (and associated costs) benefits while delivering peace-of-mind to both consumers and employees in terms of infection control. To remove this option from Vendors would render many enterprises unviable and place them at risk from undue financial burden and have serious consequences for both employment and revenue contributions.

The following outline some key factors that illustrate shortfalls legislators have overlooked in the decision-making process:



- There will likely be significant lost trade on hot drinks, regardless of any behavioral changes the levy may or not bring about. A study by Ecuity<sup>12</sup> in the UK suggests a minimum 8.4% loss of drinks sales on the implementation of a 25p levy. In Ireland, current reusable uptake, in exchange for a discount, sees certain vendors reporting a maximum of 6% availing of the incentive, (with an average of below 3%), which is the same figure the Ecuity study also predicted on reusable uptake following a levy, so the lost sales figure is more than likely accurate and likely much higher in the case of togo-only vendors
- Operators will see further significant revenue fall from lost add-on sales from expected reduced footfall. So, if 8.4% is lost from drink sales' reduced footfall alone, Vendors will see further lost revenue on food and other items commonly sold with drinks purchases.
- A poll by Ireland Thinks in November 2022, surveying 1,002 Irish adults, found that one third (33%) of Irish adults will reduce their spending on takeaway coffees and teas if a 20c levy on paper cups is introduced. Over half of respondents (53%) felt that recyclable and compostable cups should be exempted from the levy. This survey data indicates that if 33% of consumers will be spending less by buying fewer coffees and teas, then to-go businesses will be negatively impacted and could see a one-third reduction in footfall – compounded by losses of valuable add-on sales
- In the Regulatory Impact Assessment<sup>13</sup> (RIA) issued by the Department of the Environment, Climate and Communications for the Public Consultation, market estimations used have vastly overestimated the current percentage share of reusables in the Ireland takeaway market at 25%, when they are currently running at <3%. The RIA also overestimates the takeaway market size at 633M cups p.a. (472 paper + 161 reusable) and in general lacks credible primary data. In summary, the RIA report cannot deliver adequate evidence-based justification for legislators to proceed with a levy based on such fundamentally flawed premises
- If the incumbent Minister at some point in the future intends to place outright prohibition on single-use items such as renewable fiber paper cups, has an economic Impact Assessment been carried out to measure the effects of mass closures of enterprises, associated unemployment and the social cost of more shop frontage closures in Ireland's towns and cities? According to EU Waste Directive 2008/98/EC, article 4§2 in relation to economic and social impacts: "Member States shall take into account the general environmental protection principles ... overall environmental, human health economic and social impacts in accordance with Articles 1 and 13"<sup>14</sup>
- Financial impacts are significant in regard to installing washing and drying equipment, or self-washing facilities for customers. Washing and drying also entails extra demands on and costs for staff to operate and maintain the condition of such systems and takes up valuable floorspace, even at fixed location outlets. These types of installations/adaptions are also virtually impossible for to-go-only outlets who will

<sup>12</sup> Economic Analysis of a Takeaway Paper Cup Levy March 2018 (Ecuity: Higgins, Jackson and Baumerte)

<sup>13</sup> RIA Single Use Disposable Cups Oct 2022

<sup>14</sup> EU Waste Directive 2008/98/EC, article 452



subsequently and proportionally be negatively affected even further – this is arguably also anti-competitive to certain categories of operators

- A study by RBB Economics<sup>15</sup> in France during 2021 showed a QSR Burger outlet switching from single-use packaging to multiple use tableware would see operating costs (water, electricity, detergent, equipment etc.) increase by 270%, to approx. €30,000 per annum and an average refurbishment cost impact of €140,000 per QSR outlet
- Smaller outlets (e.g., bakeries and family-owned cafés) are likely to suffer the most, due to the proportionally larger impact of these costs on their businesses. The economic Impact Assessments presented by government do not analyse how, by scale, these impacts will vary across different types of premises - and whether any of these impacts are considered anti-competitive to certain categories or scale of Operators?
- Moreover, further floorspace will be lost to the necessity to stock reusable options, which would be needed to avoid lost sales and facilitate the government's intentions. As these items are individually packaged, they demand valuable additional square footage that either is currently or could be used for servicing customers or other purposes vital to economically viable operation. (Packaging space is often overlooked in a food-service context. Paper based packaging is lightweight, highly flexible and incredibly space efficient for both shipping – using less resources to transport - and storage)
- In store reusables are often imported, non-recyclable (catering glass/ceramics/certain plastics), energy-intensive in manufacture, have a limited lifespan (commonly just 30-50-washes, much less in many cases) and are also subject to theft (therefore contributing to littering), damage and incur frequent replacement costs due to wear and tear
- If domestic or European cup manufacturing becomes unviable due to punitive trading taxation such as levies, this will inevitably lead to Operators seeking importation of finished product that is energy intensive in terms of transportation and possibly from sources that do not promote responsible material origin sourcing or appropriate food hygiene standards
- Irish Vendors have made great efforts and gone to extra expense to purchase and serve drinks and food using sustainable fiber packaging, cups and containers. >80% of the Irish market is believed to be offering either certified as compostable or certified as recyclable paper cups that are domestically produced. If the treatment of singleuse items does not distinguish between material composition or consider the level of design-for-sustainability of products, Operators will simply seek out the cheapest solution that is unlikely to have such optimal recovery value or ability to contribute towards circularity or carbon sequestration
- The scale of levies in the 2022 Act appears centered around paper cups and is disproportionate to cheaper items. E.g., If government decide to levy a box used for a €1 food portion, the minimum tax is then more significant at 20% on the current €00.20 - €1.00 scale

<sup>15</sup> RBB Economics, The Economic effects of Decree no.2020-1724 (2021)



#### Alternative Solutions & Examples from Other EU Jurisdictions

Legislators in other EU jurisdictions have opted for alternative mechanisms to meet their obligations to reduce waste and meet targets, such as for plastic reduction. It is telling that the 2022 Act does not address plastic reduction (where shortfalls in meeting reduction targets have been highlighted by REPAK<sup>16</sup>) or focus on the most prolifically littered items.

Several questions remain on how waste and plastic reduction will be measured and approached - and where government's focus should be prioritized - while other solutions have been overlooked, as are outlined below:

- Alternative legislative mechanisms to help Ireland meet its obligations to reduce waste and meet targets, notably for plastic reduction (which are not in fact specifically referenced in the 2022 Act) and a focus on the most prolifically littered items. Legislation could target overall plastic content - starting with 100% plastic items - to make the greatest strides towards meeting plastic reduction targets. Other EU states have demonstrated this more effective approach by reducing plastic waste and plastic littering, in compliance with the Single-Use Plastic Directive, using decreasing plastic thresholds. For example, France introduced a 15 percent plastic maximum allowed in cups in 2022 and 8 percent in 2024. Italy set a maximum 10 percent plastic threshold for cups. These measures have delivered a better plastic waste and litter reduction outcome for those Member States and have not needlessly taxed consumers in the midst of a cost-of-living crisis. Has government analysed these other examples? (As presented to the minister in the form of proposed amendments submitted to him in the Oireachtas stages of the 2022 Act). And, if so, what have they concluded that contrasts other EU states research and actions in order to justify their chosen direction with the Circular Economy legislation.
- 2. Modulating Extended Producer Responsibility ("EPR") fees to tackle waste according to the priority environmental and littering impact. Packaging manufacturers understand they will be required to pay higher EPR. Ideally, EPR would contribute towards more meaningful circular waste pathways and infrastructure that delivers circularity across a spectrum of recyclable items. The levy is intended to create a behavioral change, seemingly to be followed by outright prohibition. This entails consumer taxation that is designed to be temporary and does not contribute towards infrastructure. The same shortfalls in enabling circularity would exist following prohibition of one specific single-use item. An opportunity to enable circularity for all recyclable fibre packaging items, under consistent methods of treatment, is being missed.
  - The government clearly do intend, via Minster Smyth's frequent <u>public</u> <u>statements, to move to an outright ban</u> as soon as possible and the levy is stated as being a temporary driver of behavioral change. What are the specific metrics by which government will measure appropriate change, who will be reporting them and how will the data be surfaced? Is there a precise figure,

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<sup>16</sup> REPAK Annual Reports



e.g., revenue raised, formal waste processing milestone or robust litter proliferation study intended that will define when any benchmark has been reached? For example, could the National Litter Pollution Monitoring System dataset be consolidated with recycling figures and be used to benchmark progress and linked to overall EU-linked waste reduction targets and reported annually?

- 3. Investment in infrastructure would deliver greater circularity. Additional street furniture and enhanced waste pathways are needed regardless of the presence or lack of paper cups. Although there is currently no paper/renewable fiber recycling on-island, facilities exist at the locations where Irish fiber waste is exported to both recycle and measure figures of quantities recycled of all types of paper cups. >95% paper content classified products such as paper cups could and should be included on the recycling list and reach these EU and UK recycling facilities where data can be captured, as they do in those other jurisdictions. (A large percentage of paper cups currently placed on the Irish market are certified compostable to EN13432 and Cré standards and are already processed domestically via >30 industrial composting facilities on the island and return material to the biosphere.) Industry is already making progress in demonstrating data surfacing of items processed for composting and is enabling pathways to facilities actively seeking volumes of paper cups for recycling into valuable, in-demand fiber materials that demonstrate true circularity
  - The General Public would like greater infrastructure and pathways. <u>A poll</u> conducted by Ireland Thinks on June 4th, 2022, asking 1,211 people whether paper cups certified as either compostable or recyclable should be included in the levy and ultimately banned, showed a strong majority (63%) of respondents did not believe these sustainable paper-based cups should be part of the ban. Additionally, a 2022 survey by EPA shows that 75% of people believe recycling correctly is the first step to driving environmental change
  - 63% of respondents in the June 2022 Ireland Thinks Poll also believe that Government should prioritise increasing pathways to and capacity for recycling or composting facilities instead of issuing levies or bans on paper cups
- Deploying collecting schemes for paper-based recyclable products whether the recycling occurs in Ireland, or in other EU countries and the UK.
- Upgrading composting schemes through increased efficiency targets and financial support
- We also urge the Department to establish and support initiatives to foster education and communication on collecting and recycling.
- 7. such as soft plastic sweet wrappers/crisp packets, foam trays and containers and compound material containers (Tetrapak, liquid packaging board and aluminium/polyethylene mix items) as a higher priority would achieve greater progress towards goals in littering waste, plastic reduction and climate-related burdens that these products present. In a study of Marine Litter<sup>17</sup> by the EU prior to

<sup>&</sup>lt;sup>17</sup> Top Marine Reach Litter Items in Europe (2017) JRC Technical Reports (Addamo, A., Laroche, P. and Hanke, G.) EUR 29249 EN, Publications Office of the European Union



the Single-Use Plastic Directive - that classified all single-use beverage containers as requiring markings, regardless of their material makeup - the paper cup was listed as just the 54th most littered item on beaches. Yet in government and media focus, the paper cup is presented as the top priority and no legislation is in place addressing the most prolific contributors towards marine or general littering levels such as plastic drinks bottles, single-use soft plastics, expanded foam items, compound materials or >5% non-fiber items. It is also worth noting that, according to EPA, the largest contributor to total waste in Ireland is the construction sector. (EPA 2019 report<sup>18</sup>, Construction and Demolition Waste up 2.6 million tonnes to 8.8 million tonnes). Additionally, according to the government commissioned National Litter Pollution Monitoring System 2021 Report<sup>19</sup>, 'drinks cups' (which could be for hot or cold drinks, with no distinction given between renewable fiber cups and plastic cups) represent just 1.7% of litter waste – whereas many other items, such as sweet wrappers (8.7%), bags and bottles of various materials that are not currently legislated for represent 18.7% of 'packaging litter' and other 'food-related' litter represents and additional 11.2% of litter.

- 8. Investment incentives could support schemes to reach circularity goals. For example, in terms of infrastructure, in Ireland one area that could enable steps to more on-island recycling could be to raise investment towards funding optical sorting enhancements or to technologies to encourage innovation in labelling standards and eventually funding profitable fiber recycling facilities to fulfil demand for recovered fiber, whilst achieving circularity via incentive for investment
- 9. An opportunity to enable circularity for all recyclable fiber packaging items, under consistent methods of treatment, should not be missed. A levy is an additional tax on consumers, with no levy funds raised contributing towards vital infrastructure (just 'environmental projects') and is also a huge burden on business. The levy is intended as an interim behavioral change on one specific item, to be followed by outright prohibition. This entails consumer taxation that is designed to be temporary and does not contribute towards infrastructure for all single-use items to enable circularity. The same shortfalls in enabling circularity would exist following prohibition of one specific single-use item. So, a more positive start would be to carry out LCA of various materials, classify them appropriately and then treat them appropriately and consistently via either incentives or punitive measures that contribute towards enhanced infrastructure that delivers true circularity.
  - The precedent the latte levy sets appears contrary to and inconsistent with other moves towards encouraging fiber packaging alternatives over plastic items. A dangerous standard could be set for all renewable fiber-based singleuse items via the implementation of a latte levy. Will future levies on other items push Operators away from renewable fiber solutions towards plastic reusable alternatives too? (For example, will all fiber-derived single-use items in a meal bundle be subject to a levy or ban as well? Will consumers need to go to a takeaway food outlet with a set of 100% plastic reusable bowls for a

<sup>&</sup>lt;sup>18</sup> Environmental Protection Agency National Waste Statistics Summary Report for 2019.

<sup>&</sup>lt;sup>19</sup> National Litter Pollution Monitoring System Report 2021 (Tobin Consulting Engineers)



family meal?) And, if not, and fiber is seen as a preferable material choice over plastic alternatives, for example encouraging the replacement of 100% plastic takeaway food containers with renewable fiber alternatives, how do government justify the disproportionate focus on the renewable fiber paper cup constructed of the same >95% fiber material composition?

- Fiber-based single-use food packaging was invented with the aim of achieving the best possible hygiene and food safety standards. In fact, the paper cup was originally invented during a pandemic in 1928 to help prevent the spread of 'Spanish Flu'. Of course, paper cups were vital during the peaks of the Covid pandemic too when hygienic dispensation of drinks enabled large parts of the population to socialize outdoors for vital, added mental health benefits. This may also explain any presence in recent litter proliferation reports. However, it is important to remember that sustainable, renewable and recyclable fiber food packaging, in an age of both food scarcity and energy insecurity, will play a significant part in reducing food waste by increasing the integrity and shelf life of consumables. Additionally, the use of paper cups and fiber food packaging have become increasingly important within institutional settings such as healthcare, education and penitentiaries, where, aside from aiding hygiene standards and reducing contamination risks to staff, fiber packaging has enabled such facilities to decouple from significant energy consumption by eliminating washing, drying and food & drink preparation requirements
- The fiber packaging industry and Operators would welcome positive engagement with government on enhancing and incentivising the design of products for circularity. REPAK have published a rudimentary design guide, but industry would like to engage in forums with legislators on materials composition so that the focus for punitive actions would centre around composite products with multiple materials that are impractical to recycle, (even if these items are already on recycling lists, e.g., Tetrapak), when truly recyclable items such as renewable fiber paper cups are currently excluded from these lists and waste streams despite there being pathways to recycling available
- The approach the government has taken with the plastics industry has encouraged incentives to recycle, with no levies or punitive actions in place for plastic bottles or caps for example. The fiber packaging industry and Operators would welcome similar positive engagement with government to achieve circularity for renewable, recyclable, organic fiber packaging

#### Legal Contexts – Disproportionality & Misalignment with EU Directives

The government has been clear that their aim in '<u>Phasing out disposable coffee cups'</u> ('Ultimately, the ambition is to make Ireland one of the first countries in the world to eradicate disposable coffee cups') is focused on one specific segment of the packaging sector, by legislating for the hot cup alone within the beverage container category, that in reality encompasses cups of all constructions across a range of the varied drinks segment of the wider food service packaging industry.



Here are some points on how this specific, disproportionate-to-the-main-issues-at-hand focus sits within the context of current EU Directives in force:

- 1. The levy is disproportionate to one industry and focuses on one product in one category. All media focus by and language from government is on 'coffee cups', when all types of paper cups, for hot and cold drinks (total combined paper and coatings) only represent 0.0003 of total waste and were just the 54<sup>th</sup> most-littered item shown in pre SUPD marine litter proliferation studies. In June 2022 the CEO of REPAK publicly stated "The reality is that the latte levy will have no material consequences on the recycling statistics for Ireland" and, when he was asked about cups being a litter issue, he stated "It's wrong to deal with any particular item in isolation, it must be in the context of the overall".
- 2. Even prior to legislation, certified products are currently denied legitimate waste pathways and routes to circularity e.g., compostable paper cups certified as EN13432 or by Cré are not accepted onto existing recycling or brown bin lists issued by MyWaste.ie. The new requirement for segmentation for backdoor collection, as mandated in the 2022 Act, can facilitate this loop to be closed and become truly circular. Yet currently this pathway is kept linear by the exclusion of paper cups of all types from recycling lists. Additionally, compostable paper cups certified to EN13432 & Cré Standards would also be processable via regular paper Materials Recycling Facilities and thus be compatible with both brown and blue bin streams. The proposed latte levy will conflict with this existing waste treatment scheme. We are very concerned that no rational basis for the specific, and apparently arbitrary, targeting of our industry has been identified by the Government
- 3. The Legislation contrasts the principles of EU Waste Directive 2008/98/EC, article 4§2: "When applying the Waste Hierarchy, Member States shall take measures to encourage the options that deliver the best overall environmental outcome. This may require specific waste streams departing from the hierarchy where this is justified by life-cycle thinking on the overall impacts of the generation and management of such waste." This requires a Lifecycle Analysis (LCA) compliant to ISO 14040 and 14044 processes to define whether the 'reuse' level of the hierarchy should be discounted when a better overall environmental outcome can be achieved by another system. No such study has been carried out by or accepted by government to clarify whether this is the case.
- 4. The Legislation contrasts the principles of EU Waste Directive 2008/98/EC, article 4§2 in relation to economic and social impacts: "Member States shall take into account the general environmental protection principles ... overall environmental, human health economic and social impacts in accordance with Articles 1 and 13". Therefore, government must fully consider not just the environmental effects of legislation, but also the economic and social impacts on both the consumer and businesses when enacting legislation.



#### Conclusion

In summary, the 2022 Act - specifically Section 11 - and the draft regulations:

- Will not deliver the best overall environmental outcome
- Will result in several unintended consequences, namely a proliferation of plastic in circulation
- Are not underpinned by adequate levels of either environmental or economic Impact Analysis
- Involve several operational complexities that have not been considered
- Are anti-competitive, limit the freedom of enterprises and impose costs on the full value-chain, including consumers
- Have not considered other legislative options that are less punitive on consumers and business, as has been demonstrated in other jurisdictions
- Have been enacted without adequate engagement with industry to solve wasterelated problems for single-use packaging and therefore set an alarming precedence for all renewable fiber packaging items
- Have a disproportionate focus on paper coffee cups
- Are misaligned with the EU Waste Directives and do not adequately take consideration of plastic reduction goals

Cup Print and industry stand ready to engage with Government officials and put its shoulder to the wheel in order to implement changes to help Ireland meet its EU packaging waste and plastic reduction targets. We urge the Government to ensure that the best environmental outcome is achieved by avoiding greater unnecessary - and harmful - energy consumption, a consumer taxation, costs and negative impacts on businesses; and instead focus on plastic reduction and collaborate with industry to identify solutions and work towards greater infrastructure that puts Ireland at the forefront of circularity.



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Updated Executive Summary

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# COMPARATIVE LIFE-CYCLE ASSESSMENT (LCA) SINGLE-USE AND MULTIPLE-USE DISHES SYSTEMS FOR IN-STORE CONSUMPTION IN OUICK SERVICE RESTAURANTS



#### COMPARATIVE LIFE-CYCLE ASSESSMENT (LCA) SINGLE-USE AND MULTIPLE-USE DISHES SYSTEMS FOR IN-STORE CONSUMPTION IN QUICK SERVICE RESTAURANTS

Project nameEPPA - Italy - Comparative LCA StudyProject no.330001928RecipientEPPA - European Paper Packaging Alliance, The Hague, The NetherlandsDocument typeUpdated Executive SummaryVersionFinal reportDate05/11/2021Prepared byJoachim Aigner and Francesco MauroApproved byEmiliano Micalizio

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#### Disclaimer

Due to an extensive GaBi database update, the results for the EU reference model have changed. Therefore, this report includes updated results for the EU baseline scenario and additional sensitivity scenarios that were outside of the scope of the peer-reviewed LCA study. These results are clearly marked and disclosed at the end of this report.

The database update includes, among other things:

- Global energy mix and production data updates;
- Update of the treatment plant models/parameters;
- Updated global supply chains / mixes;
- Further expanded regionalization of land use and water consumption elementary flows
- Energy update: All energy-related datasets, such as electricity, thermal energy, fuels and the like, have been upgraded in line with the latest available, consistent international energy trade and technology data.

Updates of LCA databases, including both, larger annual as well as smaller updates throughout the year, are a means to ensure correctness, accuracy and timeliness of the datasets included. Such updates may include specific updates of dataset regarding the quantities or types of their inputs and outputs as well as updates regarding the characterisation factors used to translate these inputs and outputs into the impact categories of an assessment method (e.g. ReCiPe). The 2021 update of GaBi included major updates on chemicals as well as the metal depletion category of ReCiPe<sup>1</sup>. This update therefore affects in particular the impacts created by chemicals in the metal depletion impact category and let to substantial changes of the impact of chemicals used in detergent and rinse agent for the washing process of multiple-use items. However, the major change is due to one chemical (potassium hydroxide), which accounts for more than one third of the detergent quantity.

Although obtained through unchanged methodology and calculation process, this updated executive summary and disclosed results were not part of the original study and are not subject to a third-party review.

<sup>&</sup>lt;sup>1</sup> <u>https://sphera.com/wp-content/uploads/2020/04/Details-and-Reasons-for-Changes.pdf</u>

### **EXECUTIVE SUMMARY**

Ramboll has been appointed by the European Paper Packaging Alliance (EPPA<sup>2</sup>) as technical consultant for conducting a comparative Life Cycle Assessment (LCA) study between a single use dishes system and equivalent multiple-use dishes in Quick Service Restaurants (hereafter "QSRs") in accordance with ISO standards 14040 and 14044 as a basis for discussion with authority representatives on the current legal developments within the European Union plus the United Kingdom regarding circular economy and waste prevention.

In particular, EPPA wishes to provide policy makers with information to support the application of the 2008 Waste Directive, so that "when applying the waste hierarchy, Member States shall take measures to encourage the options that deliver the best overall environmental outcome. This may require specific waste streams departing from the hierarchy where this is justified by life-cycle thinking on the overall impacts of the generation and management of such waste." (Directive 2008/98/EC, article 4§2)

Ramboll conducted a Comparative Life Cycle Assessment study for the European Paper Packaging Alliance regarding *single-use and multi-use dishes systems in quick service restaurants*. The study was issued in December 2020 after the completion of a Critical Review conducted by TUV (Critical review report is dated 16/12/2020).

However, during 2021 update of GaBi databases (used for the above-mentioned study) ware issued and EPPA asked Ramboll to update the results of the study accordingly.

This assessment is embedded in an ongoing debate around the environmental performance of single-use and multiple-use products, and it is focused on a systemic approach (comprehensive dishes options for in-store consumption in QSR) which is used to reflect both systems and compare equal functions of single-use and multiple-use product items in an average. The main goal of the LCA study is to use a systems-based approach to **compare the environmental performance of single-use and multiple-use dishes options for in-store consumption in QSR and multiple-use dishes options for in-store consumption in QSR in Europe.** 

The functional unit was the in-store consumption of foodstuff and beverages with single-use or multiple-use dishes (including cups, lids, plates, containers and cutlery) in an *average* QSR for 365 days in Europe in consideration of established facilities and hygiene standards as well as QSR-specific characteristics (e.g. peak times, throughput of served dishes).

For the comparative assessment, two fundamentally distinct systems are taken into consideration:

- the current system in QSRs based on single-use (disposable) products made of paperboard with a polyethylene (PE) content < 10% w/w (also referred to as single-use product system), accounting for regulatory implications in 2023 (e.g. targets for separate waste collection and end of life (EoL) recycling);
- an expected (hypothetical) future system in the near future based on equivalent multipleuse products (also referred to as multiple-use product system) and respective processes and infrastructure for washing operations (in-store or sub-contracted).

<sup>&</sup>lt;sup>2</sup> EPPA is an association representing suppliers and manufacturers of renewable and sustainable paper board and paper board packaging for Food and Foodservice Industry. They include, e.g., Seda International Packaging Group, Huhtamaki, AR Packaging, Smith Anderson, CEE Schisler Packaging Solut ons, Stora Enso, Metsä Board, Mayr-Melnhof Karton, WestRock, Iggesund/Holmen, Reno De Med ci and Paper Machinery Corporation.

The distinctive feature of this study compared to other assessments within this field of research are the following:

- **Approach**: the main goal of the LCA study is to compare for the first time through a system approach the environmental performance of single-use and multiple-use dishes options for in-store consumption in QSR in Europe and not focused on the environmental performance of a single product;
- Robustness and reliability of the investigated system: the incorporation of representative data and information with regards to the functional unit, inventory data as well assumptions around the systems.
   Primary data and information (reflected in the functional unit) for single-use system are

obtained from EPPA members' which market shares cover more than 65% of QSRs in Europe. This is particularly relevant since previous LCA studies based on secondary data for paper upstream processes are not anymore representing state-of-the art for the investigated single-use system.

The geographical scope of the baseline comparison is Europe (EU-27 + UK). This geographical boundary is reflected in the assumptions around the systems (e.g. recycling rates) and background datasets (e.g. electricity from grid) as inventory data for the manufacturing stage of certain products will be site-specific or representing average production scenarios (e.g. global, EU).

The comparative LCA study has taken into account the use of **7 different food and beverage containers**:

- A cold cup;
- A hot cup;
- A wrap/clamshell or plate/cover or tray;
- A fry bag/basket/fry carton;
- A salad bowl with lid;
- A cutlery set;
- An ice-cream cup.

Other food containers/packaging (i.e. shovel for coffee, placemat, drinking straw) are not included in the LCA study.

In total, the comparative LCA assessment incorporates the life cycles of:

- **10 different single-use product items** made of paperboard (if coated, PE content is < 10% w/w); and
- **14 different multiple-use product items** (represented in different scenarios and sensitivity analyses) with 2 dishes set options: one set made of polypropylene (PP; one acrylic plastic item), and one set combining PP, ceramic, glass and steel for sensitivity analyses.

For the **baseline scenarios** the following key assumptions have been made:

Single-use system:

- Paper manufacturing refers to the respective geographical context of the paper mill or manufacturer from which primary data is used and is considered representative for EU-average supply chain;
- Products are made solely from virgin paper;
- Intermediate transport from paper producers to converters is modelled according to primary data provided by converters;

- Paper converting stage is modelled based on primary data obtained from converters located in representative European countries;
- Production paper wastes during converting (i.e. post-industrial wastes) are materially recycled as indicated in primary information obtained from converters;
- Types and amounts of packaging materials (cardboard and PE foils) for all single-use product items (except for wooden cutlery) are based on primary data from converters;
- End-of-life (paper products):
  - 30% paper recycling and 70% incineration with energy recovery for paper;
  - Transport of waste from QSR to incineration facility is assumed to be 100 km

Multiple-use system:

- PP manufacturing in Europe;
- Average reuse PP rate of 100 reuses is considered. Reuse rates also include potential replacement reasons such as damages, stains, theft or loss. The latter reasons are considered to be relatively important in QSRs as higher volumes of product items are involved than in regular restaurants;
- Dishwashing process:
  - An average scenario for in-house dishwashers is used to reflect different grades of devices' efficiencies;
  - Internal washing is assumed with a separate drying module because of hygienic requirements and increased efforts for drying of PP products based on literature information, 30% of total energy demand of washing and drying comes from drying; thus energy demands for washing reported in literature were increased by +30% if the device does not perform sufficient drying for PP products;
  - State-of-the-art detergent and rinse agent compositions are assumed;
  - Average rewashing rate for all items of 5% is considered, this assumption is made to avoid persistent residues that might remain after washing;
  - Production of simplified dishwashers is considered (generic assumption of two additional devices to be installed inside a QSR to perform in-house washing; tenyear lifetime of the dishwasher).
- End-of-life (PP products):
  - 30% material recycling and 70% incineration with energy recovery;
  - $\circ$  Transport of waste from QSR to waste treatment facility is assumed to be 100 km.

For the EoL assumption of the baseline scenarios it should be noted that generic plastic packaging shows EU average recycling figures (about 40%)<sup>3</sup> lower than paper packaging (about 85%<sup>4</sup>). For data symmetry reasons in the comparison and due to the lack of product-specific recycling rates, 30% material recycling and 70% incineration with energy recovery are assumed for both baseline scenarios, provided that appropriate sorting of post-consumer waste fractions is facilitated at the EoL stage. Sensitivity analyses are performed for 0% recycling and 100% incineration with energy recovery for both systems.

The aggregated total impacts of the baseline systems are summarised in the following Table 1.

<sup>&</sup>lt;sup>3</sup> https://ec.europa.eu/eurostat/databrowser/view/ten00063/default/table?lang=en

<sup>&</sup>lt;sup>4</sup> https://ec.europa.eu/eurostat/databrowser/view/ten00063/default/table?lang=en

Table 1: Life cycle impact assessment results of the baseline comparison of the single-use and multiple-use systems.

ReCiPe 2016 (H) Indicator	Single-use system - Baseline Scenario	Multiple-use system - Baseline Scenario
Climate change, default, excl. biogenic carbon [kg CO2 eq.]	8912	24645
Fine Particulate Matter Formation [kg PM2.5 eq.]	5.2	11.5
Fossil depletion [kg oil eq.]	2813	9605
Freshwater Consumption [m3]	60	202
Freshwater Eutrophication [kg P eq.]	2.9	0.6
Ionizing Radiation [kBq Co-60 eq. to air]	2110	1302
Metal depletion [kg Cu eq.]	55	180
Stratospheric Ozone Depletion [kg CFC-11 eq.]	0.010	0.009
Terrestrial Acidification [kg SO2 eq.]	22	37

These results for the baseline scenario are5:

- For Climate Change, the single-use system shows very significant climate change benefits (i.e. impacts of multiple-use baseline scenario are 177% higher than in the single-use baseline scenario).
- For Fine Particulate Matter Formation, the single-use system shows very significant environmental benefits (i.e. impacts of multiple-use baseline scenario are 124% higher than in the single-use baseline scenario).
- For Fossil Depletion, there are very significant benefits for the single-use system (i.e. impacts of multiple-use baseline scenario are 241% higher than in the single-use baseline scenario).
- For Freshwater Consumption, there are very significant environmental benefits for the single-use system (i.e. impacts of multiple-use baseline scenario are 235% higher than in the single-use baseline scenario).
- For Freshwater Eutrophication, there are very significant benefits for the multiple-use system (i.e. impacts of multiple-use baseline scenario are 81% lower than in the singleuse baseline scenario).

<sup>&</sup>lt;sup>1</sup> Terminology used for interpretation based on relative difference in % based on the respective indicated single-use system as reference value (e.g. baseline scenario): <5%: marginal difference (i.e. uncertainty threshold); 5 to 10%: minor difference; 10-20%: noticeable difference; 20-30%: moderate difference; 30-50%: significant difference; >50%: very significant difference

- For **Ionizing Radiation**, there are significant environmental benefits for the multiple-use system (i.e. impacts of multiple-use baseline scenario are 38% lower than in the single-use baseline scenario).
- For **Metal Depletion**, there are very significant environmental benefits for the single-use system (i.e. impacts of multiple-use baseline scenario are 226% higher than in the single-use baseline scenario).
- For **Stratospheric Ozone Depletion**, there are noticeable environmental benefits for the multiple-use system (i.e. impacts of multiple-use baseline scenario are 13% lower than in the single-use baseline scenario).
- For **Terrestrial Acidification**, there are very significant environmental benefits for the single-use system (i.e. impacts of multiple-use baseline scenario are 65% higher than in the single-use baseline scenario).

The comparison of the single-use and multiple-use systems shows that the **environmental hotspots predominantly occur in different life cycle phases in the two systems**: for the single-use system, major impacts are generated during the upstream production of the items whereas the main contributor to the impacts of the multiple-use system is the use phase, i.e. the washing of items. To test decisive assumptions in the systems, several sensitivity scenarios were analysed. Uncertainties of the method and the results were considered.

For the **sensitivity analysis** and respective scenarios only one parameter or assumption has been changed per system in order to maintain transparency and ensure traceability of results. The following sensitivity analyses have been performed:

- 1. <u>Single-use system</u>: Different recycling rates of post-consumer paperboard (0%; 70%);
- 2. <u>Multiple-use system</u>: Different recycling rates of post-consumer PP items (0%; 70%);
- 3. <u>Multiple-use system</u>: Varied demand for multiple-use items (30% higher; 30% lower);
- 4. <u>Multiple-use system</u>: Optimised washing scenario;
- 5. <u>Multiple-use system</u>: External washing with band transport dishwasher;
- <u>Multiple-use system</u>: Alternative multiple-use items (dishes made from ceramic (500 or 250 reuses), glass (500 or 250 reuses), stainless steel (1000 reuses) and PP (100 reuses);
- 7. <u>Both systems</u>: Different EoL allocation approach for avoided energy and material production (50:50)

Under consideration of identified uncertainties and sensitivities of impact results, the following **conclusions** can be drawn from the comparative assessment<sup>5</sup>:

- For **Climate Change**, the single-use system shows very significant benefits considering the comparison of the baseline scenarios. When including the different sensitivity scenarios, only in cases where very efficient dishwashing processes are implemented either through solely using efficient hood-type dishwashers or in an external dishwashing scenario do the environmental benefits for the single-use system become smaller and range from very significant to minor. Therefore, the environmental benefits for the single-use system in terms of climate change impacts are consistent throughout all considered scenarios.
- For **Fine Particulate Matter Formation**, the single-use system shows very significant environmental benefits in the baseline comparison. Minor benefits for the multiple-use system are only identified when optimised or external washing scenarios are compared to

single-use system scenarios representing 0% post-consumer paperboard recycling and/or a different allocation assumption for EoL credits. Therefore, the comparison between the single-use and the multiple-use system is dependent on underlying assumptions.

- For **Fossil Depletion**, there are very significant benefits for the single-use system in the baseline comparison. Minor environmental benefits for the single-use system may occur in cases where very efficient dishwashing processes are implemented either through solely using efficient hood-type dishwashers or in an external dishwashing scenario. Therefore, the environmental benefits for the single-use system in terms of fossil depletion impacts are consistent throughout all considered scenarios.
- For **Freshwater Consumption**, there are very significant environmental benefits for the single-use system considering the baseline comparison. Moderate environmental benefits for the multiple-use system are only identified when optimised or external washing scenarios are compared to single-use system scenarios representing 0% post-consumer paperboard recycling and/or a different allocation assumption for EoL credits.
- For **Freshwater Eutrophication**, there are exclusively very significant benefits for the multiple-use system in the baseline and the different scenarios. Therefore, the environmental benefits for the multiple-use system in terms of freshwater eutrophication impacts are consistent throughout all considered scenarios.
- For **Ionizing Radiation**, there are significant environmental benefits for the multiple-use system in the baseline comparison. Only noticeable environmental benefits for the multiple-use system are identified when increased post-consumer paper recycling and full crediting at the EoL stage is assumed. Therefore, the environmental benefits for the multiple-use system in terms of ionizing radiation impacts are consistent throughout all considered scenarios.
- For **Metal Depletion**, there are very significant environmental benefits for the single-use system in the baseline comparison. However, moderate environmental benefits for the multiple-use system are identified when external washing is assumed. Therefore, the comparison between the single-use and the multiple-use system for the potential metal depletion impact is dependent on underlying assumptions.
- For **Stratospheric Ozone Depletion**, there are noticeable environmental benefits for the multiple-use system in the baseline comparison. Very significant environmental benefits for the multiple-use system are identified for the hypothetical scenarios entailing optimised or external washing processes. Therefore, the environmental benefits for the multiple-use system in terms of stratospheric ozone depletion impacts are consistent throughout all considered scenarios.
- For **Terrestrial Acidification**, there are very significant environmental benefits for the single-use system in the baseline comparison. Noticeable environmental benefits for the multiple-use system are only identified when optimised or external washing scenarios are compared to single-use system scenarios representing 0% post-consumer paperboard recycling and/or a different allocation assumption for EoL credits. Therefore, the comparison between the single-use and the multiple-use system for the potential terrestrial acidification impact is dependent on underlying assumptions.

These results are partly in contrast to other LCA studies found in literature screening that are mainly product-focused and often reveal clearer environmental advantages for multiple-use items

compared to their single-use equivalents as long as a certain minimum number of reuses is considered. This difference can largely be explained by the fact that previous studies are mainly relying on secondary data (in particular concerning the paper upstream value chain) whereas the study at hand implemented primary data to a large extend, in particular for the environmental hotspots of paper production and conversion in the single-use system. However, for the multipleuse system, data is based on literature information and conventions combined with selected industry and expert inputs where possible. This is due to the fact that the multiple-use system presents a hypothetical future scenario for which no primary data exists (i.e. specific functioning of QSRs is mainly based on conventions) and, as regards the upstream production of multiple-use items, no primary data is available in the context of this LCA study.

This study is not intended to present or interpret environmental impacts on a product level. Modelling choices, data quality and assumptions are to be seen in the light of the overarching goal and systems perspective. As a consequence, the impact result may not be used for product development, production process improvement, or any product-related decisions.

The geographical location of production and use is potentially crucial and in particular the energy mix at the location of production and use has significant influence on the associated environmental impacts. Consequently, the geographical context is also a decisive factor for the results of this study. Due to the geographical scope of the study (i.e. Europe), European averages are used for important (background) processes such as the electricity mix and pulp production. In particular for the multiple-use system, where major impacts are generated by the use of electricity for the washing process, the selection of another geographical scope could significantly change the results and comparative assertion.

In the light of a potential introduction of multiple-use systems it needs to be borne in mind that this also constitutes a paradigm shift of the environmental monitoring and management. While the single-use system is characterised by rather centralised large, industrialised operators with continuous environmental improvement systems in place, the environmental implications of a hypothetical multiple-use system may be characterised by decentralised and less organised actors. This shift may cause a lack of both environmental management systems and data availability and reliability to steer further environmental strategies.

The results of the study also point to further need for research and investigation of relevant parameters and processes, amongst others related to certain impact categories in LCA methods as well as further need for research on the assumptions, conventions and parameters relating to current and hypothetical multiple-use system.

#### External review

This executive summary is based on an ISO-compliant full LCA report that was subject to a thirdparty review.

## **EXECUTIVE ANNEX**

Quick Service Restaurants (QSRs) are at the core of utilized product items and accompanying processes (e.g. transport, dishwashing) in this assessment. Therefore, it is crucial that the established functioning of a QSR restaurant is maintained despite the fundamental change related to the use of reusable food and beverage containers for in-store consumption. In line with the goal and envisaged systems approach of this assessment and current or hypothetical future operations in QSRs being in the foreground of this assessment, this LCA seeks to differentiate between upstream, core, and downstream processes which are inextricably linked to the functional unit (see Figure 1).



Figure 1: Schematic system boundary and differentiation between upstream, core, and downstream processes from the perspective of a QSR (Source: own depiction)

As outlined above, the comparison of the single-use and multiple-use systems shows that the environmental hotspots predominantly occur in different life cycle phases in the two systems: for the single-use system, major impacts and credits are generated during the upstream production and EoL treatment of the items whereas the main contributor to the impacts of the multiple-use system is the use phase, i.e. the washing of items. Hence, further details on the respective important life-cycle stages are provided here.

#### Further details on the production and EoL treatment phases of the single-use system

Primary LCI data for pulp and paper products are obtained from several producers located in countries representative for the pulp and paper market situation in Europe. Hence, the entire raw material production and processing phase for paper products is represented by using primary data (only exceptions are background processes such as chemicals, auxiliary materials, electricity, thermal energy). To this end, the primary information indicated in Table 2 is implemented in the assessment.

Table 2: Primary data for paper making implemented in the assessment

Process name	Classification	Source	Geographical coverage	Reference value	Reference year
Chemical pulp (softwood)	Primary data	Confidential	Finland	1 t dry chemical pulp	2019
PE-coated paperboard (different variants and specifications)	Primary data	Confidential	Finland	1 t board	2020
Thin greaseproof paper with soy-based coating	Primary data	Confidential	Austria	1 t paper	2020
High- brightness cartonboard	Primary data	Confidential	Austria	1 t cartonboard	2019
Brown kraft cartonboard	Primary data	Confidential	Slovenia	1 t cartonboard	2019

For this assessment it is assumed that all single-use products are entirely made of virgin paper. In this regard it is important to remember that actually a significant share of some paper products listed above comes from post-industrial paper waste. <u>Consequently, this assumption reflects a</u> <u>conservative approach and avoids the risk of double counting of the credits associated with</u> <u>energy or material recovery at the EoL stage. In line with this approach, EoL credits are assigned</u> <u>based on the assumption that an equivalent virgin paper product is displaced in the market by the</u> <u>recovered material.</u>

The production stage of single-use product items (i.e. converting stage) is modelled based on primary data obtained from converters based in Germany, Finland, and France. Wooden cutlery marks the only exemption, for which only secondary data is implemented. To this end, the primary information indicated in Table 3 is implemented in the assessment.

Process name	Classification	Source	Geographical coverage	Reference value	Reference year
Hot drink cup	Primary data	Huhtamaki	Finland	1 t dry weight product	2018
Cold drink cup	Primary data	Seda	Germany	1000000 pcs	2020
Clamshell	Primary data	Seda	Germany	1000000 pcs	2020
Fry bag	Primary data	Seda	Germany	1000000 pcs	2020
Salad box	Primary data	Seda	Germany	1000000 pcs	2020
Clip on Lid	Primary data	Seda	Germany	1000000 pcs	2020
Ice Cream Cup	Primary data	Seda	Germany	1000000 pcs	2020
Paper wrap	Primary data	CEE Schisler	France	1000 pcs	2019
Paper fry bag	Primary data	CEE Schisler	France	1000 pcs	2019

Table 3: Primary data for paper converting implemented in the assessment

In order to represent an appropriate recycling scenario as well as to account for environmental credits of recycling, primary gate-to-gate inventory data of a dedicated recycling process for plastic (PE)-coated as well as uncoated paperboard products is implemented. For the subsequent environmental credits from material recycling, inventory data of the manufacturing of intermediate paper products until the point of substitution through respective material outputs of the recycling process are implemented as indicated in Table 4.

Industry statistics for the resulting shares of avoided pulp products per ton of recovered pulp (in total 100 %)	Provider process	Data classification	Source	Geographical coverage
49 %	Market for sulfate pulp, bleached	Secondary data	Ecoinvent 3.6	Europe (RER)
2 %	Market for sulfate pulp, unbleached	Secondary data	Ecoinvent 3.6	Europe (RER)
2 %	Sulfite pulp production, bleached*	Secondary data	Ecoinvent 3.6	Europe (RER)
24 %	Thermo-mechanical pulp (TMP) production*	Secondary data	Ecoinvent 3.6	Europe (RER)
24 %	Chemo- thermomechanical pulp (CTMP) production*	Secondary data	Ecoinvent 3.6	Europe (RER)

Table 4: Industry statistics and secondary data for avoided pulp production

\* implemented data is adjusted to reflect energy efficiency gains in the industry

#### Further details on the use phase (including washing) of the multiple-use system

Two types of commercial dishwashers are considered suitable to be used (and installed) in QSRs in an in-house washing scenario: undercounter and hood-type dishwashers. Both types of dishwashers show different ranges of efficiencies in terms of energy, water and chemicals demand. For the baseline scenario it is assumed that already installed devices in QSRs will be maintained until their end of life and will be supplemented by new devices. To reflect the different options of dishwashers in QSRs and the different levels of efficiencies, an average washing scenario is assumed for the baseline comparison. Given the board geographical scope of this assessment (EU average) this assumption is further justified. This average washing scenario consists of two options of undercounter dishwashers (conservative and optimised performance) and two options of hood-type dishwashers (conservative and optimised performance), resulting in four options with different demands for electricity, water and chemicals. Due to limited existing experience with washing processes of multiple-use items in QSRs and limited data availability for washing demands on a per item-basis, each option is weighted equally to define an overall average washing scenario for the in-house washing process. These four options along with their LCI data and the resulting overall average used for the baseline comparison are summarised in Table 5. The two undercounter dishwasher options presented in Table 5 possess dedicated plastic washing and drying programmes that ensure plastic items are completely dry. The reported energy demands are therefore considered sufficient for drying PP products in a QSR context. Literature information identified for the hood-type dishwashers focuses on ceramic products only. Thus, it must be assumed that plastic item washing and drying in QSRs requires additional energy for a dedicated drying process. According to literature data, drying accounts for approximately

30% of the overall energy demand for washing and drying<sup>6</sup>. Therefore, energy demands reported in literature for the two hood-type devices are assumed to reflect 70% and are increased by 30% to model in-house dishwashing of plastic-based multiple-use items.

	Undercounter dishwasher		Hood-type dishwasher		Average
	Conservative	Optimised	Conservative	Optimised	washing process
Reference year	2011	2020	2011	2017	
Energy demand* [kWh/item]	0.043	0.027	0.024	0.014	0.027
Water demand [l/item]	0.80	0.23	0.16	0.08	0.318
Combined detergents and rinse demand [g/item]**	0.80	0.20	0.50	0.17	0.417
Source	Based on (Rüdenauer et al., 2011); (CIRAIG, 2014)	Based on Miele <sup>7</sup> ; (CIRAIG, 2014; Paspaldzhiev et al., 2018)	Based on (Rūdenauer et al., 2011); (Paspaldzhiev et al., 2018)	Based on (Antony and Gensch, 2017)	

Table 5: Technical specifications of dishwashers for the inhouse washing scenario (LCI data).

Including assumption for energy demand for drying

\*\* 90% of the total is detergent demand, 10% rinse agent demand

#### Baseline comparison and sensitivity analyses results

The following paragraphs show the results of the baseline comparison per impact category, including details on the distribution of impact over different life cycle stages. In addition, results of the sensitivity analyses for the respective impact categories are provided.

\* 30% is an approximation based on: 26% reported by EC, 38C (2007), Best Environmental Pract ce in the tourism sector; 33% reported for Meiko Flight Conveyor Dishwasher by Slater (2017), Energy Efficient Flight Conveyor Dishwashers; 32% reported for Hobart Flight Conveyor Dishwasher by Slater (2017), Energy Efficient Flight Conveyor Dishwashers.

<sup>7</sup> Source: Miele Webs te (accessed 26.19.2020), commercial dishwashers: <u>https://www.miele.co.uk/profess.onal/product-selection-commercial-dishwashers-429.htm</u>

#### a) Climate Change



Figure 2: Baseline comparison results for the impact category Climate Change (excl. biogenic carbon) in kg CO<sub>2</sub> eq.

#### Single-use system

The potential climate change impacts of the single-use system are largely driven by paper manufacturing (about 90% of the aggregated total and half of the positive impact contributions, i.e. from raw material stage until EoL treatment). Next to paper manufacturing, the electricity demand for converting plays an important role in this category (assumed as EU-28 average grid mix). While paper manufacturing adds significant climate impacts, it is important to bear in mind that the total climate change impact is also significantly affected by the assigned climate change credits through material recycling and incineration with energy recovery (i.e. calculated negative impacts due to assumed avoidance of primary production of pulp or energy). Avoided climate change impacts through recycling and energy recovery correspond to about 75% of the aggregated total. The resulting climate change credits are, in turn, mainly associated with the avoided energy production, i.e. avoided production of electricity and thermal energy from natural gas in Europe.

#### Multiple-use system

The single main contributor to climate change impact in the multiple-use baseline scenario is the electricity demand of the washing process. Overall, the use phase accounts for 83% of the total aggregated impact. Another 14% are generated from the upstream production of multiple-use products and 7% from the EoL treatment of the item, although again a credit of 4% is associated with EoL treatment (credits for material and energy).



Figure 3: Summary of aggregated results for the impact category Climate Change of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).
In summary, the single-use system predominantly and on average shows very significant climate change benefits, apart from a scenario where very efficient dishwashing processes are implemented either through solely using efficient hood-type dishwashers or in an external dishwashing scenario. Only in these cases do the relative differences in climate change impacts become smaller (i.e. ranging from significant benefits for the single-use system to minor benefits for the single-use system).



#### b) Fine Particulate Matter Formation



#### Single-use system

Next to significant contributions from the paper manufacturing stage (both paper-based products as well as cardboard for packaging), converting (more than 60% of the aggregated total) and transport emissions during final distribution of single-use product items to QSR locations (about 30% of the aggregated total) are the main contributors to the total impacts associated with the baseline scenario of the single-use system. The resulting aggregated total impact is, again, significantly affected by the credits associated with material recycling and energy recovery. Overall, the incorporated credits are as high as the aggregated impacts of the single-use system in this category.

#### Multiple-use system

Similarly to the climate change impact category, 79% of the aggregated total for fine particulate matter are associated with the washing process, dominated by its electricity demand (i.e. EU-28 average grid mix). Upstream multiple-use items cradle-to-gate production accounts for 23% of the aggregated total impact.



Figure 5: Summary of aggregated results for the impact category Fine Particulate Matter Formation of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, the majority of the considered scenarios confirm the tendency of the baseline comparison, i.e. on average the single-use system shows **very significant** environmental benefits for fine particulate matter formation. **Minor** benefits for the multiple-use system are only identified when optimised or external washing scenarios are compared to single-use system scenarios representing 0% post-consumer paperboard recycling and/or a different allocation assumption for EoL credits.

#### c) Fossil Depletion



Figure 6: Baseline comparison results for the impact category Fossil depletion in kg oil eq.

#### Single-use system

The largest contributors to the baseline scenario of the single-use system are paper manufacturing and electricity demand for converting which is based on the EU-28 average grid mix. However, these contributions are again significantly counteracted by credits from material recycling and energy recovery, together corresponding to about 50% of the total positive impact contributions (see contributions from upstream, core, and EoL treatment).

#### Multiple-use system

With regard to the baseline scenario of the multiple-use system, fossil depletion is dominated by the electricity demand (i.e. EU-28 average grid mix) for washing and the washing phase accounts for 86% of the aggregated total impact. Upstream multiple-use items production is responsible for 19% of the aggregated total impact to fossil depletion.



Figure 7: Summary of aggregated results for the impact category Fossil Depletion of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, reported results mainly and on average suggest **very significant** benefits for the single-use system with regard to fossil depletion. Only when assuming an efficient external washing scenario in combination with a different assumption concerning the EoL stages of both systems, the relative difference between the two systems becomes smaller (i.e. ranging from **very significant** benefits for the single-use system to **noticeable** benefits for the single-use system).



#### d) Freshwater Consumption

Figure 8: Baseline comparison results for the impact category Freshwater Consumption in m<sup>3</sup>

#### Single-use system

Paper manufacturing and electricity demand for converting and the paper incineration process (see contribution from End-of-life treatment) are significant contributors in the baseline scenario of the single-use system. Despite the relatively high impact from the actual incineration process, freshwater consumption credits associated with energy recovery and recycling more than outweighs these impacts (in particular credits from avoided primary production of bleached sulphate pulp).

#### Multiple-use system

The main contributor to freshwater consumption in the baseline scenario of the multiple-use system is the water demand of the washing process. However, the net effect is rather small as a most of the water is only used temporarily and made available again through a wastewater treatment process. Other significant contributions to freshwater consumption arise again from electricity demand of the washing process and upstream items production as well as from chemicals production for the washing process.



Figure 9: Summary of aggregated results for the impact category Freshwater Consumption of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, the comparison between the single-use and the multiple-use system is dependent on underlying assumptions. However, there is a tendency that on average the single-use system shows **very significant** environmental benefits in terms of freshwater consumption. **Moderate** environmental benefits for the multiple-use system are solely identified in hypothetical situations where the effects of post-consumer paper recycling are less prevalent (i.e. 0% post-consumer recycling and/or different EoL allocation assumption) and optimised or external washing is fully adopted. In general, it is important to bear in mind inherent uncertainties relating to the adopted impact assessment method and, in particular, the freshwater consumption indicator.



#### e) Freshwater Eutrophication

Figure 10: Baseline comparison results for the impact category Freshwater Eutrophication in kg P eq.

#### Single-use system

The resulting impact of the baseline scenario of the single-use system is predominantly influenced by paper manufacturing. Credits from avoided primary production of pulp contributes significant credits (i.e. negative impacts) to this impact category.

#### Multiple-use system

The single main contributor to freshwater eutrophication in the baseline scenario of the multipleuse system is wastewater treatment as a result of the washing process (see use phase). Combined with the contributions from the electricity demand of the washing process and the production of chemicals for the detergent, 89% of the aggregated total impact are generated by the use phase of the multiple-use system. The upstream production of items is another significant contributor with a share of 12% of the total aggregated impact.



Figure 11: Summary of aggregated results for the impact category Freshwater Eutrophication of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, reported results exclusively suggest very significant benefits for the multiple-use system with regard to freshwater eutrophication.

#### f) Ionizing Radiation



Figure 12: Baseline comparison results for the impact category Ionizing Radiation in kBq Co-60 eq. to air

#### Single-use system

The resulting impact in the baseline scenario of the single-use system is almost entirely affected by both the paper manufacturing and subsequent credits from material recycling. The latter corresponds to almost 40% of the aggregated total.

#### Multiple-use system

In the baseline scenario of the multiple-use system, ionizing radiation is dominated by the electricity demand (i.e. EU-28 average grid mix) of the washing process in the use phase, which accounts for almost 102% of the aggregated total impact. Around 2% of these impacts are offset due to the credits from EoL treatment.



Figure 13: Summary of aggregated results for the impact category Ionizing Radiation of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, there are on average **significant** environmental benefits for the multiple-use system with regard to ionizing radiation. Only **noticeable** environmental benefits for the multipleuse system are identified when increased post-consumer paper recycling and full crediting at the EoL stage is assumed.

#### g) Metal Depletion



Figure 14: Baseline comparison results for the impact category Metal Depletion in kg Cu eq.

#### Single-use system

The main contributors in the baseline scenario of the single-use system are chemicals/fillers and varnishes/paints during paper manufacturing and converting. Noteworthy credits are resulting from energy recovery and material recycling (corresponding to about 20% of the aggregated total).

#### Multiple-use system

The predominant contributor to metal depletion in the baseline scenario of the multiple-use system are the chemicals used in detergent and rinse agent for the washing process of multipleuse items. This is due to one specific chemical (potassium hydroxide), which accounts for more than one third of the detergent quantity. Electricity demand is the second largest contributor, making up for about 16% of the total impact.



Figure 15: Summary of aggregated results for the impact category Metal Depletion of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, the multiple-use system shows on average **very significant** environmental benefits with regard to metal depletion. However, **moderate** environmental benefits are shown for the single-use system when external washing is assumed.

#### h) Stratospheric Ozone Depletion



#### Figure 16: Baseline comparison results for the impact category Stratospheric Ozone Depletion in kg CFC-11 eq.

#### Single-use system

Looking at the baseline scenario of the single-use system, this impact category is almost entirely influenced by certain paper manufacturing processes. Credits from recycling and energy recovery are less significant in this category compared to other impact categories.

#### Multiple-use system

With regard to the baseline scenario of the multiple-use system, the stratospheric ozone depletion is again dominated by the electricity demand of the washing process, followed by municipal wastewater treatment and the production of chemicals for washing. Thus, the use phase generates 97% of the total aggregated impact.



Figure 17: Summary of aggregated results for the impact category Stratospheric Ozone Depletion of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, the multiple-use system on average shows **moderate** environmental benefits in terms of stratospheric ozone depletion. **Very significant** environmental benefits for the multipleuse system are identified for the hypothetical scenarios entailing optimised or external washing processes.

#### i) Terrestrial Acidification



Figure 18: Baseline comparison results for the impact category Terrestrial Acidification in kg SO2 eq.

#### Single-use system

The largest contributors in the baseline scenario of the single-use system are paper manufacturing and electricity demand for converting. These contributions are again significantly counteracted by credits from recycling and energy recovery (corresponding to almost 70% of the aggregated total).

#### Multiple-use system

With regard to the baseline scenario of the multiple-use system, terrestrial acidification is dominated by the electricity demand of the washing process. The use phase is responsible for 77% of the aggregated total impact. 25% of the impact on terrestrial acidification stem from the upstream production of multiple-use items and around 3% credits are generated through their EoL treatment.



## Figure 19: Summary of aggregated results for the impact category Terrestrial Acidification of all scenarios within both systems (the order from left to right follows the sequence of the respective report sections).

In summary, the single-use system on average shows **significant** environmental benefits with regard to terrestrial acidification. **Noticeable** environmental benefits for the multiple-use system are solely identified in situations where the effects of post-consumer paper recycling are less prevalent (i.e. different allocation assumption and/or no post-consumer paperboard recycling) and optimised or external washing is fully adopted.

Intended for EPPA - European Paper Packaging Alliance

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# COMPARATIVE LIFE CYCLE ASSESSMENT (LCA) SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS



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## **Abbreviations**

Acd	Acidification
ADP	Abiotic resource depletion
AE	Accumulated Exceedance
B2B	Business-to-Business
СВ	Corrugated box
СС	Climate Change
CTUe	Comparative Toxic Unit for ecosystems
CTUh	Comparative Toxic Unit for human
DI	disease incidence
EoL	End-of-Life
EF	Environmental Footprint
EcoF	Ecotoxicity Freshwater
EPD	Environmental Product Declaration
EPPA	European Paper Packaging Alliance
FE	Freshwater Eutrophication
GHG	Greenhouse Gas
GWP	Global Warming Potential
HORECA	Hotellerie, Restaurant, Café
HT-C	Human toxicity, cancer
HT-NC	Human toxicity, non cancer
IR	Ionizing Radiation
kBq U235 eq.	kilobecquerels of Uranium-235 equivalents
kg CFC-11 eq.	kilograms of trichlorofluoromethane equivalents
kg CO2 eq.	kilograms of carbon dioxide equivalents
kg N eq.	kilograms of nitrogen equivalents
kg NMVOC eq.	kilograms of non-methane volatile organic compounds equivalents
kg P eq.	kilograms of phosphorus equivalents
kg Sb eq.	kilograms of antimony equivalents
LCA	Life cycle assessment
LCI	Life cycle inventory
LCIA	Life cycle impact assessment
LU	Land Use
m <sup>3</sup> world eq.	cubic meters world equivalents
ME	Marine Eutrophication
MJ	megajoule

mol H+ eq.	moles of charge equivalent
mol N eq.	moles of nitrogen equivalent
MU	Multiple Use
OD	Ozone Depletion
ODP	Ozone Depletion Potential
PEF	Product Environmental Footprint
PEFCR	Product Environmental Footprint Category Rules
РМ	Particulate Matter
POF	Photochemical Ozone Formation
QSR	Quick Service Restaurant
(R)PC	(Reusable) plastic crate/container
RU-F	Resource Use (fossil)
RU-M	Resource Use (mineral and metals)
SU	Single use
TE	Terrestrial Eutrophication
WU	Water Use

## **EXECUTIVE SUMMARY**

Ramboll has been appointed by the European Paper Packaging Alliance (hereafter "EPPA" or the Client) as technical consultant for conducting a comparative Life Cycle Assessment (LCA) study related to single-use (SU) and multiple-use (MU) tableware systems for take-away services in Quick Service Restaurants (QSRs), in accordance with ISO standards 14040 and 14044, subjected to internal review conducted by two senior LCA experts of the international Ramboll Decarbonisation (GHG/LCA) Steering Committee and to external third-party review by a panel composed by three independent reviewers.

EPPA is an association representing suppliers and manufacturers of paper board and paper board packaging for Food and Foodservice Industry. They include, e.g., Seda International Packaging Group, Huhtamaki, AR Packaging, Smith Anderson, CEE Schisler Packaging Solutions, Stora Enso, Metsä Board, Mayr-Melnhof Karton, WestRock, Iggesund/Holmen, Reno De Medici and Paper Machinery Corporation.

This comparative LCA study is focused on QSRs *Take-away services* that include:

- drive-through: customers reach the restaurant and order food directly from their cars;
- **on-the-go**: customers reach the restaurant and take out their food;
- **click and collect:** similar to the on-the-go option, but booking the food online before reaching the restaurant;
- **home delivery:** customers buy food online and it is delivered by means of a courier.

It is understood that this assessment is embedded in an ongoing debate around the environmental performance of single-use and multiple-use products. Consequently, there is already a quite mature body of knowledge concerning several products and applications from either category. However, previous studies adopt a rather product-focused approach in comparative assertions (i.e., comparing single-use cups with multiple-use cups). In these assessments less attention is given to the underlying systems and obtained functions from respective products. **Next to taking into account previous findings this study seeks to adopt a holistic perspective on the comparison of single-use (SU) and multiple-use (MU) products in QSRs.** 

#### The functional unit is:

#### Take-away services (drive through, on-the-go, click and collect, home delivery) of foodstuff and beverages with single-use or multiple-use tableware (including cups, lids, containers, cutlery, carriers and bags) in an average QSR for 365 days in Europe in consideration of established facilities and hygiene standards and take-away services specific characteristics (e.g., selling channels, distances, means of transport).

For the comparative assessment, two fundamentally distinct systems are taken into consideration:

- current system for take-away services from QSRs based on single-use (disposable) products made of paperboard with a PE content < 10% w/w (also referred to as singleuse product system) and related transport from/to QSRs;
- expected (hypothetical) system for take-away services from QSRs based on equivalent multiple-use products (also referred to as multiple-use product system) and respective

processes and operations (transport from/to QSRs, inspection, washing at home and/or in-store, take-back system).

It should be noted as of now that considerations regarding take-back system of MU items are affected by the unpredictability of customers' behaviour, which is in contrast with the sciencedriven nature of LCA, thus implying the need to make specific assumptions for the correct functioning of the system. These assumptions are clearly reported in this study to guarantee transparency of the assessment.

The distinctive features of this study compared to other assessments within this field of research are the following:

- **Approach**: the main goal of the LCA study is to compare through a system approach the environmental performance of single-use and multiple-use tableware options for takeaway consumption in QSR in Europe and not focused on the environmental performance of a single product;
- Robustness and reliability of the investigated system: the incorporation of representative data and information with regards to the functional unit, inventory data as well as assumptions around the systems.

In order to have robust and reliable sources of data related to the potentially relevant parameters, Ramboll performed a specific data gathering (via datasheets, questionnaire) to QSRs operators related to the use stage in take-away systems, such as distribution channels repartition, type of washing and type of dishwashers, number of reuses of a product, return rates, means of transport and distances covered. Moreover, primary data and information (reflected in the functional unit) for single-use system are obtained from EPPA members' which market shares cover more than 65% of QSRs in Europe. Also, data from scientific papers in Q1 journal with high level of consistency have been incorporated for both SU and MU systems.

• **Extensive sensitivity analysis:** to test decisive assumptions in the systems, several sensitivity scenarios were analysed. The suggested sensitivity scenarios are based on both the contribution analysis of the baseline comparison and the identified variability regarding critical parameters. 9 scenarios have been analyzed (5 for MU system; 4 for both systems), including: different number of reuses, different return rate, different assumptions related to take-back system, different washing scenarios, different EoL shares, different EoL allocation approaches.

The geographical scope of the baseline comparison is Europe (EU-27 + UK). This geographical boundary was reflected in the assumptions around the systems (e.g., recycling rates) and background datasets (e.g., electricity from grid) as inventory data for the manufacturing stage of certain products was site-specific or representing average production scenarios (e.g., global, EU).

The comparative LCA study has taken into account the use of **different food and beverage containers**:

- A cold drink cup;
- A clip-on lid for the drink cup;
- A cup holder;
- A wrap/clamshell for burgers;

- A fry bag/basket/fry carton;
- A small bag for fries' transport;
- An ice-cream cup.
- A spoon (cutlery item) for the ice cream cup;
- Bag for delivery.

Other food containers/packaging (i.e., hot drink cups, salad bowls) are not included in the LCA study: items corresponding to less than 1% of total items used for take-away services (based on confidential QSRs data) are excluded.

In total, the comparative LCA assessment incorporates the life cycles of:

- 8 different products for the single-use system, made of paperboard (if coated, PE content is < 10 % w/w);</li>
- 6 different products for the multiple-use system, made of PP; and
- **3** products (cup holder, bags for transport of fries and delivery bag) considered for both single-use and multiple-use systems: even though these products are intended for single-use, it is understood from information gathered from relevant stakeholders that these items would not be replaced by equivalent function multiple-use items.

For the **baseline scenarios** the following key assumptions have been made:

#### Single-use system:

- Paper manufacturing refers to the respective geographical context of the paper mill or manufacturer from which primary data is used and is considered representative for EUaverage supply chain.
- Products are made solely from virgin paper (with the exception of cup holder, bags for transport of fries and delivery bags considered for both single-use and multiple-use systems).
- Intermediate transport from paper producers to converters is modelled according to primary data provided by converters.
- Paper converting stage is modelled based on primary data obtained from converters located in representative European countries.
- Production paper wastes during converting (i.e., post-industrial wastes) are materially recycled as indicated in primary information obtained from converters.
- Types and amounts of packaging materials (cardboard and PE foils) for all single-use product items (except for wooden cutlery) are based on primary data from converters.
- Four different take-away selling channels are considered:
  - Drive through, by means of EURO4<sup>1</sup> cars;
  - Delivery, on-the-go, and click and collect, all three by means of an equal share of EURO4 cars, scooters, bikes, public transport and by walking.

<sup>&</sup>lt;sup>1</sup> Due to lack of data related to the potential fleet of veh cles involved in the system, a conservative assumption is made by cons dering only EURO4 cars.

- Transport from QSR to point of consumptions is symmetrical for SU and MU systems. It is then excluded from the analysis.
- End-of-life (paper products):
  - 30% paper recycling, 60% incineration with energy recovery and 10% landfilling, based on an extensive analysis of literature data and taking into account regulatory aspects provided for EU legislation (see full report for details).
  - Transport of waste from QSR to incineration facility is assumed to be 100 km.
  - The baseline allocation approach is the system expansion methodology (i.e., the avoided burdens method).

#### Multiple-use system:

- PP manufacturing in Europe.
- Four different take-away selling channels are considered:
  - Drive through, by means of EURO4 cars<sup>2</sup>;
  - Delivery, on-the-go, and click and collect, all three by means of an equal share of EURO4 cars, scooters, bikes, public transport and by walking.
- Transport from QSR to point of consumptions is symmetrical for SU and MU systems. It is then excluded from the analysis.
- An average scenario for preliminary washing is used to reflect different possible processes. It considers an equal share of handwashing, dishwashing, cold rinsing and dry wiping, and is applied to half of total items (50%) taken back to QSRs (with the exception of those bought by means of drive through, which are assumed to be returned directly after consuming food and beverages as conservative assumption).
- The phase of transport back to QSR is considered, being this exclusive of the MU system.
- For returning MU items to QSRs, a decentralized take-back mechanism is considered, where MU items are returned to collection points by consumers.
- For on-the-go, click and collect and delivery, it is assumed an average distance between QSR and point of consumption of 3 km (as reported by QSRs in specific data gathering questionnaires prepared by Ramboll). For drive through, as conservative assumption, it is assumed that food and beverages are consumed near the QSR and MU items are returned directly after consumption of food and beverages, covering a distance of 1 km.
- It is then assumed that trips for returning MU items to QSRs can provide a multifunctionality (i.e., a trip not only intended to return MU items, but also intended for other reasons external to the system boundaries), however multifunctionality may be highly affected by consumers' activities, decisions, and behaviour. There are limited studies that provide analytics on behaviour toward take-back program. In this study the impacts associated with these trips are only partially allocated to the system, assuming in the baseline that only 50% of consumers make the average distances described above specifically for returning the MU items. According to this scenario, 1/2 of trips for take-back are neglected (e.g., 1 out of 2 people return MU items in case of buying of

<sup>&</sup>lt;sup>2</sup> Due to lack of data related to the potential fleet of veh cles involved in the system, a conservative assumption is made by considering only EURO4 cars.

another menu). Given the unpredictability of customers' behaviour more conservative scenarios have been also tested with sensitivity analysis.

- Average reuse rate of 50 reuses and average return rate of 50%<sup>3</sup> are considered as reported by confidential QSRs data (gathered by means of specific questionnaires prepared by Ramboll to assure reliability of potentially key figures). Reuse rate and return rate also include potential replacement reasons such as damages, stains, theft or loss.
- Washing, rinsing and drying processes are performed in-house (in QSRs) by means of hood-types dishwashers (as reported by confidential QSRs data); inputs to these processes are based on literature values for water, energy, detergent and rinse agent demand (per item basis). An average scenario for dishwashers is used to reflect different grades of devices' efficiencies;
- State-of-the-art detergent, rinse agent and softener compositions are assumed;
- Average rewashing rate for all items of 10% is considered: this assumption is to consider the presence of persistent residues that might remain after washing (Antony and Gensch, 2017). The presence of persistent residues is a peculiarity of take-away systems, since items could be returned in a long time frame (e.g., weeks) after food consumption, which leads to food/beverages encrustations. For this reason, the rewashing rate value has been increased to 10% (the original publication reports a 5% rewashing rate referring to items that are washed immediately after their use) to consider this further constraint of the system. However, the exact rate will depend on organisational structures in a QSR (e.g., time between serving of tableware and washing; pre-rinsing of tableware by hand, time frame before returning MU items).
- End-of-life (PP products):
  - 30% recycling, 60% incineration with energy recovery and 10% landfilling based on an extensive analysis of literature data and taking into account regulatory aspects provided for EU legislation (see full report for details).
  - Transport of waste from QSR to waste treatment facility is assumed to be 100 km.
  - The baseline allocation approach is the system expansion methodology (i.e., the avoided burdens method).
  - In addition, for MU system there is also a residual share of items disposed of within QSRs, which is represented by those items that are returned to QSRs but are no longer usable. For these items higher recycling rates are assumed considering that take-back systems are normally organized on purpose to guarantee collection and recycling of items. Those MU items that are returned to QSRs are therefore assumed to be 70% recycled and 30% incinerated.

By using the baseline model, impact results are provided, and main contributors to the results are presented for each impact category, allowing for a comparison between the two systems. Moreover, a contribution analysis is facilitated by showing contributions for each life cycle stage within the respective systems; for each impact category, the most important emissions are reported, as well as the most relevant sources of impacts on LCI level (see the full report for more details).

Analysis of relevant findings for the comparative assertion follows a consistent terminology<sup>4</sup> as presented in **Table 1**.

Relative difference in %	Terminologies in comparative assertion and interpretation of results
<5%	marginal difference (i.e., uncertainty threshold)
5-10%	minor difference
10-20%	noticeable difference
20-30%	moderate difference
30-50%	significant difference
>50%	very significant difference

Table 1: Terminology for results interpretation

By using classification on terminology of **Table 1**, overall results are given in **Table 2**. In the following comparative analysis of the environmental emissions Climate Change is considered as a single impact category. Therefore, the comparative analysis is presented by highlighting differences of SU and MU only for Climate Change total, by excluding a comparison of its three constituents. Yet, in the contribution analysis, investigation on shares of impacts is extended further to the three constituents of Climate Change, total (*Climate change, biogenic; Climate change, fossil; Climate change, land use and land use change*).

The baseline comparison of SU and MU shows that the SU system has lower impacts in all impact categories.

Impact category	SU system - Baseline Scenario	MU system - Baseline Scenario	Comments
EF-Acidification [mol H+ equivalents]	77.5	167.6	The single-use system shows very significant benefits (MU is + 54%)
EF-Climate change, total [kg CO2- Equivalents]	20,811	39,788	The single-use system shows significant benefits (MU is + 48%)
EF-Eutrophication, freshwater [kg N equivalents]	5.48	9.28	The single-use system shows significant benefits (MU is + 41%)
EF-Eutrophication, marine [kg P equivalents]	37.8	49.6	The single-use system shows moderate benefits (MU is + 24%)
EF-Eutrophication, terrestrial [mol N equivalents]	254.5	449.3	The single-use system shows significant benefits (MU is + 43%)

Table 2: Summary of aggregated total impacts of the baseline scenario and discussion of the insights through the sensitivity analyses.

\* The terminology used for interpretation is based on relative difference in %, where the system with associated highest impact for each category is set to 100% and the other system is normalized to this value.

COMPARATIVE LIFE CYCLE ASSESSMENT (LCA) SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS

Impact category	SU system - Baseline Scenario	MU system - Baseline Scenario	Comments
EF-Ionising radiation, human health [kBq U235 equivalents]	3,976	4,318	The single-use system shows minor benefits (MU is + 8%)
EF-Ozone depletion [kg CFC11 equivalents]	0.00276	0.00561	The single-use system shows very significant benefits (MU is + 51%)
EF-Particulate matter [disease incidence]	0.00083	0.00188	The single-use system shows very significant benefits (MU is + 56%)
EF-Photochemical ozone formation - human health [kg NMVOC equivalents]	69.8	213.5	The single-use system shows very significant benefits (MU is + 67%)
EF-Resource use, fossils [MJ]	314,931	581,979	The single-use system shows significant benefits (MU is + 46%)
EF-Resource use, minerals and metals [kg Sb equivalents]	0.06	0.32	The single-use system shows very significant benefits (MU is + 82%)
ReCiPe 2016 Midpoint (H)-Water consumption	136.8	224.5	The single-use system shows significant benefits (MU is + 39%)

Figure 1 shows the relative impacts of both system per impact category - the system with associated highest impact for each category is set to 100%, and the other system is normalized to this value, to facilitate the visualization and the difference between the results.



Figure 1 Results of both SU and MU systems, normalized to the highest impacts per impact category

The contribution analysis shows that the environmental hotspots of the two systems (SU and MU) predominantly occur in different life cycle phases in the two systems (see the full report for more details):

- environmental impacts in the SU system are predominantly driven by the Raw material extraction and Converting life cycle stages,
- environmental impacts in the MU system are predominantly driven by Use phase transport and Washing life cycle stages.

To test decisive assumptions in the systems, several sensitivity scenarios were analysed.

In order to present the contribution to the total impacts, the Product Environmental Footprint Category Rules Guidance (version 6.3) reports a methodology for "Impact categories cumulatively contributing at least 80% of the total environmental impact (excluding toxicity related impact categories)". Note that also Water consumption impact category is excluded, since it has been calculated with a different LCIA methodology (ReCiPe 2016 Midpoint (H)). Following this procedure, the results show:

- SU system: Based on the normalized and weighted results, and excluding the toxicity
  related impacts, the most relevant impact categories are Acidification, Climate Change,
  total, Particulate matter, Photochemical ozone formation, human health and Resource
  use, fossils for a cumulative contribution of 81.5% of the total impact (Table 3).
- MU system: Based on the normalized and weighted results, and excluding the toxicity related impacts, the most relevant impact categories are *Climate Change*, total, Particulate matter, Photochemical ozone formation, human health, Resource use, fossils

and Resource use, minerals and metals for a cumulative contribution of 84.6% of the total impact (Table 4).

Most relevant categories common to both systems are indicated in the brown cells, while most relevant categories for only one system are indicated in orange cells.

Table 3 Impact categories cumulatively contributing at least 80% of the total environmental impact for SU system

Single-use system - Impact category	Contribution to the total impact (%), excluding toxicity impact categories
EF 2.0 Acidification [Mole of H+ eq.]	5.7%
EF 2.0 Climate Change - total [kg CO2 eq.]	36.4%
EF 2.0 Eutrophication, freshwater [kg P eq.]	3.9%
EF 2.0 Eutrophication, marine [kg N eq.]	2.6%
EF 2.0 Eutrophication, terrestrial [Mole of N eq.]	3.4%
EF 2.0 Ionising radiation, human health [kBq U235 eq.]	3.1%
EF 2.0 Ozone depletion [kg CFC-11 eq.]	0.5%
EF 2.0 Particulate matter [Disease incidences]	7.6%
EF 2.0 Photochemical ozone formation, human health [kg NMVOC eq.]	5.4%
EF 2.0 Resource use, fossils [MJ]	26.3%
EF 2.0 Resource use, mineral and metals [kg Sb eq.]	5.1%

Table 4 Impact categories cumulatively contributing at least 80% of the total environmental impact for MU system

Multiple-use system - Impact category	Contribution to the total impact (%), excluding toxicity impact categories
EF 2.0 Acidification [Mole of H+ eq.]	5.8%
EF 2.0 Climate Change - total [kg CO2 eq.]	32.8%
EF 2.0 Eutrophication, freshwater [kg P eq.]	3.1%
EF 2.0 Eutrophication, marine [kg N eq.]	1.6%
EF 2.0 Eutrophication, terrestrial [Mole of N eq.]	2.9%
EF 2.0 Ionising radiation, human health [kBq U235 eq.]	1.6%
EF 2.0 Ozone depletion [kg CFC-11 eq.]	0.5%
EF 2.0 Particulate matter [Disease incidences]	8.1%
EF 2.0 Photochemical ozone formation, human health [kg NMVOC eq.]	7.7%
EF 2.0 Resource use, fossils [MJ]	22.9%
EF 2.0 Resource use, mineral and metals [kg Sb eq.]	13.09%

For the **sensitivity analysis** and respective scenarios only one parameter or assumption has been changed per system to maintain transparency and ensure traceability of results. The following sensitivity analyses have been performed:

- 1. Parameters related to take-back system of MU items:
  - a. S01: Increase in number of reuses (100 reuses).

- b. S02: Increase of return rate (70%).
- c. S03: Reduction of trips for take-back: 4 out of 5 people return MU items in case of buying of another menu.

Customers' behaviour might represent a decisive factor when considering overall environmental performance of MU system. It is therefore worth considering a scenario where only 20% of consumers cover the full average distance to return MU items (i.e., 4/5 of trips for take-back are neglected) which appear a rather conservative assumption.

- 2. Parameters related to washing of MU items:
  - a. S04: No preliminary washing at home.
  - b. S05: Type of professional washing: External washing with band transport dishwasher.
- 3. Parameters and allocation methodology related to End-of-Life for SU and MU systems:
  - a. S06: 30% recycling and 70% incineration.
  - b. S07: 60% recycling, 30% incineration and 10% landfilling.
  - c. S08: Eurostat data:
    - i. SU: 82.9% recycling, 7.8% incineration and 9.3% landfilling
    - ii. MU: 41.8% recycling, 33.5% incineration and 24.7% landfilling.
  - d. S09: Cut-off 50:50 allocation approach.

Here below, a detailed discussion is given by presenting a focus on the three groups of scenarios (described above) in the impact categories cumulatively contributing at least 80% of the total environmental impact of both systems. The complete sensitivity analysis for all impact categories is reported in **section 5.3** of the full report

The following charts report the results of the sensitivity analysis for each impact category, showing them in terms of percentage difference between SU and MU systems. The charts have two parts:

- if SU system is less impacting than MU system in a selected impact category, the bars are shown in the upper part of the chart.
- if MU system is less impacting than SU system in a selected impact category, the bars are shown in the lower part of the chart.

This means that the 0% line represent the "starting point", and any variation from that line represent the environmental performance in terms of percentage difference between SU and MU systems when varying a specific parameter (for reference, the baseline scenario is included in the chart).

If the bars are not visible, it means that both systems show a comparable performance when varying that specific parameter (i.e., the bars rely on the 0% line).

With this type of visualization, robustness can be visualized as follows:

• When a parameter is not crucial and does not change the results of the analysis, the bar of the correspondent product is visualized in the same side of the chart (either upper or

lower part). This means that, to some extent and depending on the percentage variation of the results, the results due to the variation of the selected parameter could be considered robust

 When a parameter is crucial and changes the results of the analysis, for instance, the bar of the correspondent product is visualized in the opposite side of the chart (either upper or lower part).



Take-back system parameters in MU system (S01, S02, S03)

Figure 2 Sensitivity analysis for take-back system parameters in MU system in the impact categories cumulatively contributing at least 80% of the total environmental impact of both systems.

The chart of **Figure 2** reports results for the variation of the logistic parameters for MU system, showing that such variation does not imply changing in the results of the analysis (i.e., the bars are visualized in the upper side of the chart, meaning that SU system is still less impacting). This also means that the results due to the variation of the selected parameters can be considered robust. Going into detail:

- The variation of number of reuses to 100 is able to provide a little variation for the analysed impact categories (with the exception of *Resource use, minerals and metals*). However, this variation is very limited and does not change the overall results.
- 2. The variation of return rate to 70% even provides a widening of the delta between the two systems (i.e., a higher return rate implies higher impacts for the MU system). For the MU system, a higher return rate means:
  - a. lower impacts for the production and end-of-life phase.
  - b. higher impacts for the use phase transport.

Since use phase transport is the main hotspot of MU system, increasing the return rate implies more direct and indirect environmental impacts than avoided ones.

3. The reduction of total trips for take-back, considering that 4/5 of total trips to return MU items are neglected (i.e., 4 out of 5 people returning MU items in case of buying another menu), provides the largest improvement for MU system with some results almost comparable to those of SU system, but still not changing the results (i.e., SU system is still less impacting).

However, results of this scenario reflect a very conservative approach, according to which 4/5 of trips for take-back are neglected (i.e., return of MU items occurs in case of buying of another menu).

Climate change, Photochemical Resource use minerals and metals 609 Difference between sensitivity results as percentage of the SU counterpart Baseline scenario SU is less impacting 409 209 S04 No prewash MU MU is less impacting S05 External washing 400 -609 -80

Washing phase in MU system (S04, S05)



The chart of **Figure 3** reports results for the variation of the washing phase for MU system, showing that such variation does not imply changing in the results of the analysis (i.e., the bars are visualized in the upper side of the chart, meaning that SU system is still less impacting). This also means that the results due to the variation of the selected parameters can be considered robust. Overall, the variation provided by both scenarios in the analysed impact category is very limited.

#### Different End-of-life shares and allocation approach for SU and MU systems (S06, S07, S08, S09)

In the previous in-store LCA study (Ramboll, 2020), a symmetrical approach for paper and PP was assumed: this means that hypothetical recycling and incineration share (of 30% and 70%, respectively) were assigned to the treatment of both SU and MU items. When shifting to the present take-away LCA study, a further element should be considered, which is the share of separation at home. To the best of Ramboll knowledge, there are no sources reporting figures related to share of separation at home. However, it is generally recognised that B2B systems have better waste management, including separation compared to B2C systems. Considering these uncertainties, it is confirmed that:

- keeping a symmetric approach for both systems is confirmed to be most appropriate for a fair comparison;
- it is worth keeping a conservative approach adopting lower recycling rate in the baseline (i.e., 30% for both systems,) even if this choice might be more penalizing for paper.

Beside this, a set of sensitivity analyses specifically focused on EoL shares was performed, in order to test the effects of the variation of End-of-Life shares on overall results.





When analysing the results of different end-of-life shares and allocation approach (**Figure 4**), again it is shown that such variations do not imply changing in the results of the analysis (i.e., the bars are visualized in the upper side of the chart, meaning that SU system is still less impacting). This also means that the results due to the variation of the selected parameters can be considered robust. The Eurostat shares gives a larger delta between the two systems (i.e., by utilising data provided by Eurostat, SU is less impacting than the baseline), even though figures by Eurostat cannot be assumed as fully representative of the analysed system, as explained in **section 4.3**.

#### Main conclusions

Results of this study are partly in contrast to other LCA studies that are mainly product-focused and often reveal clearer environmental advantages for multiple-use items compared to their single-use equivalents as long as a certain minimum number of reuses is considered (see **full report** for the literature screening). This difference can be largely explained by the fact that previous studies are mainly relying on secondary data (in particular concerning the paper upstream value chain) whereas the study at hand implemented primary data to a large extent, in particular for the environmental hotspots of paper production and conversion in the single-use system. However, for the multiple-use system, data is based on literature information and assumptions combined with inputs from QSRs operators where possible. This is due to the fact that the return scheme of multiple-use system presents a hypothetical future scenario for which no consolidated primary data exists. With regard to specific functioning of QSRs, it is mainly based on data provided by QSRs operators retrieved from in-store consumption (multiple-use items, dishwashing process, selling channels) where multiple-use scheme is already in place.

In this sense, it must be noted that considerations regarding take-back system of MU items and features of related trips (distance, multifunctionality (i.e., the fact that a trip is made specifically to return MU items or not), allocation of burdens) strongly depends on customers' behaviour and might represent a decisive factor when considering overall environmental performance of MU system. With reference to these aspects, the study tried to implement assumptions as much conservative as possible. However, the complexity around these assumptions arises from:

- the hypothetical nature of MU system for QSRs, since it is not yet fully established at industrial scale, implying a partial lack of data availability. Although based on data provided by QSRs operators MU plastic alternative might be predominant in future considering specific nature of QSR industry (i.e., high volumes, need of hygiene and food safety at the highest level).
- The unpredictability of customers' behaviour, which is in contrast with the science-driven nature of LCA, thus implying the need to make specific assumptions for the correct functioning of the system. These assumptions are clearly reported in this study to guarantee transparency of the assessment.

This study is not intended to present or interpret environmental impacts on a product level. Modelling choices, data quality and assumptions are to be seen in the light of the overarching goal and systems perspective.

The study shows that there are different potentially crucial assumptions and parameters that can have a key role in the functioning of analysed systems and associated environmental impacts. This is particularly evident with reference to the hot-spots of the system, which are:

- **Raw material extraction** and **Converting** life cycle stages for SU system: due to the geographical scope of the study (i.e., Europe), European averages are used for important (background) processes such as the electricity mix and pulp production for EoL allocation (i.e., avoided impacts associated with assumed substitution of average pulp products from virgin sources). Thus, the selection of another geographical scope can influence the results and comparative assertion.
- Use phase transport and Washing life cycle stages for MU system: these are again influenced by the electricity mix (and then the geographical scope), as well as selling channels, specific means of transport, and customers' behaviour regarding several aspects (preliminary washing at home, separate collection of waste, choices regarding the take-back system).

The results of the study also point to further need for research and investigation of relevant parameters, with particular emphasis to take-back system of MU items and features of related trips: distance, multifunctionality (i.e., the fact that a trip is made specifically to return MU items or not), allocation of burdens.

#### Internal and External review

This executive summary is based on an ISO-compliant full LCA report that was subjected to:

- 1. Internal QA/QC conducted by two senior LCA experts of the international Ramboll Decarbonisation (GHG/LCA) Steering Committee.
- 2. External third-party review by a panel composed by the following reviewers:
  - Michael Sturges (lead panelist) RISE Research Institutes of Sweden / RISE Innventia AB, Sweden – a life cycle assessment practitioner with specific experience of environmental studies relating to the packaging and food service sectors.
  - Prof. Umberto Arena University of Campania "Luigi Vanvitelli", Italy a chemical engineer with experience of packaging systems, including LCA studies on valorisation of paper and plastic waste streams.
  - Frank Wellenreuther, ifeu Institut für Energie- und Umweltforschung Heidelberg gGmbH, Germany a life cycle assessment practitioner with specific experience of environmental studies relating to packaging systems.

## **EXECUTIVE ANNEX**

Processes of the life cycle are divided in three life cycle stages: upstream, core, and downstream (see Figure 5).



Figure 5: Schematic system boundary and differentiation between upstream, core, and downstream processes of take-away services from the perspective of a QSR (Source: own depiction)

As outlined above, the comparison of the single-use and multiple-use systems shows that the environmental hotspots predominantly occur in different life cycle phases in the two systems: for the single-use system, major impacts and credits are generated during the upstream production and converting of the items whereas the main contributor to the impacts of the multiple-use system is the use phase, i.e., the take-back system to QSRs (transport) and washing of items. Hence, further details on the respective important life-cycle stages are provided here.

#### Further details on the production and EoL treatment phases of the single-use system

Primary LCI data for pulp and paper products are obtained from several producers located in countries representative for the pulp and paper market situation in Europe. Hence, the entire raw material production and processing phase for paper products is represented by using primary data (only exceptions are background processes such as chemicals, auxiliary materials, electricity, thermal energy). To this end, the primary information indicated in **Table 5** is implemented in the assessment.

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Chemical pulp (softwood, bleached)	Primary data	Confidential	Finland	1 t pulp	2021

#### Table 5: Primary data for paper making implemented in the assessment

PE-coated paperboard (different variants and specifications)	Primary data	Confidential	Finland	1 t board	2021
Thin greaseproof paper with soy- based coating	Primary data	Confidential	Austria	1 t paper	0% recycled content
High-brightness paperboard	Primary data	Confidential	Austria	1 t paperboard	80% recycled content

Some paperboard products listed in Table 5 have recycled content. Therefore, recycled pulp obtained from wastepaper treatment is assumed as used as input of the paperboard manufacturing. The input recycled pulp is modelled following the approach of the PEFCR for recycled input material, which includes collection of wastepaper for recycling, transport to a sorting facility, sorting into paper grades, transport to a recycling facility, wastepaper recycling into recycled fibres.

The production stage of single-use product items is modelled based on primary data obtained from converters based in Germany, Finland, and France. Wooden cutlery marks the only exemption, for which only secondary data is implemented. To this end, the primary information indicated in **Table 6** is implemented in the assessment.

Provider process name	Classification	Source	Geographical coverage	Reference year
Cold drink cup	Primary data	Seda	Germany	2020
Clip on Lid	Primary data	Seda	Germany	2020
Cup holder	Primary data	Hutamaki	Finland	2022
Clamshell	Primary data	Seda	Germany	2020
Paper wrap	Primary data	CEE Schisler	France	2019
Fry bag	Primary data	Seda	Germany	2020
Paper fry bag	Primary data	CEE Schisler	France	2019
Ice Cream Cup	Primary data	Seda	Germany	2020
Wooden cutlery	Secondary data	Paspaldzhiev et al. (2018)	Europe	2017
Paper bags	Primary data	CEE Schisler	France	2022

Table 6: Primary data for paper converting implemented in the assessment

In this study, wastepaper recycling depends on the type of wastepaper treated. Two types of materials are considered: non-coated paperboard (including corrugated grades of shipment boxes), coated paperboards used in SU products (including pre-consumer trimmings for their manufacturing). For non-coated paperboard and corrugated grades, the approach for modelling wastepaper recycling is given in detail in **APPENDIX 2. Life Cycle Inventory - Wastepaper recycling**. The resultant LCI describes the recycling of wastepaper from placing the recovered wastepaper into the pulper to recovered pulp, and it refers to 1 ton of recovered pulp.

For coated paperboard, a specific LCI for wastepaper recycling (confidential data) was described in the In-store EPPA report. This is primary gate-to-gate inventory data of a dedicated recycling process for plastic (PE)-coated paperboard products.

Table 7: Sources of primary data for coated/uncoated paper recycling implemented by means of inventory data and own modelling

Provider process name	Classification	Source	Geographical coverage	Reference year
Wastepaper recycling, corrugated grades	Hybrid data (primary and secondary)	Calculations and expert judgment	Europe	2021
Recycling of sorted paperboard from post- consumer waste PE- coated paper	Primary data	Confidential	Europe	2019

### Further details on the use phase (take-back transport and washing) of the multiple-use system

 Table 8 reports the shares of means of transport for returning MU items to QSRs, considering

 different selling channels. The exact shares of total sales in each single channel are not disclosed

 due to confidentiality of the primary data provided by QSRs operators.

For on-the-go and click and collect, no information is available related to the specific means of transport utilised. For this reason, as conservative assumption, an equal share of cars, scooters, bike, public transport and trips by walking are considered. The same assumption is assumed for the take-back of MU items bought by means of delivery.

Selling channel	Share of total sells	Means of transport	Share of total means of transport in the specific selling channel
Drive through	Confidential	Car	100%
		Car	One fifth
		Scooter	One fifth
On-the-go, click and collect	Confidential	Bike	One fifth
		Public transport	One fifth
		Walking	One fifth
Deliverat	Confidential	Car	One fifth
Delivery	Confidential	Scooter	One fifth

Table 8: Shares of means of transport for returning MU items to QSRs, considering different selling channels

Selling channel	Share of total sells	Means of transport	Share of total means of transport in the specific selling channel
	2	Bike	One fifth
		Public transport	One fifth
		Walking	One fifth

from QSRs and from literature data), but since the take-back system is performed by customers, the same means of transport assumed for on-the-go and click and collect are assumed for this phase.

For the preliminary cleaning/washing stage of MU items, different methods were identified. Different companies working with reusable meal containers encourage the customers to either not clean them or only clean them shortly by rinsing with cold water (Verburgt, 2021). However, this also depends on customers behaviour. It is therefore possible that the customer will thoroughly clean the meal containers already after use anyway, even though they will also be professionally cleaned. However, in order to reflect different possibilities, the following assumptions are taken into account:

- Preliminary washing is not considered for MU items not returning to QSR (i.e., those for which the return rate does not apply).
- Among the items returning to QSR (i.e., those for which the return rate does apply), preliminary washing is considered just for 50% of items. This is a conservative assumption considered to reflect the possibility that a share of items is returned without a preliminary washing.
- For drive through selling channel, it is assumed that preliminary washing is not performed, since MU items are assumed to be used nearby the QSR and directly tookback.

For the modelling of this stage, four different system configurations were taken into account:

- 1. Handwashing
- 2. Dishwashing
- 3. Dry wiping (with paper towels)
- 4. Cold water rinsing

For handwashing, the data were obtained from research by Verburgt (2021) and Potting and van der Harst (2015) and complemented with data from Joseph *et al.* (2015) and data from Martin, Bunsen and Ciroth (2018). It is expected that hot water and detergent are required for handwashing an item, and that paper towels are used for drying it. Data reported in these studies have been recalculated with reference to the average volume of items considered in this study. Thus, 1.5 L of water, 0.09 kWh for heating the water (based on an 85% efficiency natural gas boiler), 1.5 g of detergents and 5.8 g of paper towels are required. The treatment of wastewater required as a result of washing the container was added, assuming that the amount needs to be the same as the water input according to Martin, Bunsen and Ciroth (2018).

For dishwashing, data were obtained from research by Verburgt, (2021) and Potting and van der Harst (2015). It is expected that a dishwasher uses 0.27 L of water, 0.03 kWh of electricity, 0.28 g of detergent and 0.03 g of rinse agent per item (with reference to the average volume of items in this study). The treatment of wastewater required as a result of washing the items was also added (Martin, Bunsen and Ciroth, 2018). Data for this process are different from those reported in the following for professional washing, since it is expected a sensible difference between dishwashers for domestic use and those for professional use.

For dry wiping, it is expected that the same amount of paper towels is required as included in the handwashing option.

Data for cold water rinsing were based on research by Binstock, Gandhi and Steva, (2013). Table 9 provides an overview of the collected inventory data for the four options. The final reference process is the average of the four considered options.

	Handwashing (including rinsing)	Dishwashing	Dry wiping	Cold rinsing	Average preliminary washing process
Energy demand [kWh/item]	0.09	0.03	0*	0*	0.03
Water demand [l/item]	1.5	0.27	0*	1.5	0.81
Detergent [g/item]	1.5	0.28	0*	0*	0.43
Rinse agent [g/item]	•	0.03	0*	0*	0.01
Paper towels [g/item]	5.8	0*	5.8	0*	2.9
Wastewater treatment [l/item]	1.5	0.27	0*	1.5	0.81
Source	Based on (Joseph et al., 2015; Potting and van der Harst, 2015; Martin, Bunsen and Ciroth, 2018; Verburgt, 2021)	Based on (Potting and van der Harst, 2015; Bosch, 2020; Verburgt, 2021)	Based on (Joseph et al., 2015; Potting and van der Harst, 2015; Verburgt, 2021)	Based on (Binstock, Gandhi and Steva, 2013; Martin, Bunsen and Ciroth, 2018; Verburgt, 2021)	

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#### Professional washing and drying

In commercial dishwashers, washing is performed with standard temperature (generally higher than 65°C), followed by a rinsing process performed at temperatures higher than 85°C for hygiene reasons (Ferco, 2009). Washing can be performed with different dishwasher types, ranging from undercounter devices to hoods or conveyor-based dishwashers. Generally, two types of commercial dishwashers are considered suitable to be used (and installed) in QSRs in an inhouse washing scenario: undercounter and hood-type dishwashers. In general, undercounter dishwashers are smaller, cheaper, with longer cycle time and higher energy and water demand than hood-type machines (Rüdenauer et al., 2011).

Based on data provided by QSRs operators, the type of dishwashers to be installed and used for washing MU items is hood-type. To reflect the different options of hood-type dishwashers in QSRs and the different levels of efficiencies, an average washing scenario is assumed for the baseline comparison. This average washing scenario consists of three options of hood-type dishwashers based on the fabrication year (2011, 2017, 2021), resulting in different demands for electricity, water and chemicals.

Due to limited existing experience with washing processes of multiple-use items in QSRs and limited data availability for washing demands on a per item-basis, each option is weighted equally to define an overall average washing scenario for the in-house washing process.

With respect to drying of tableware after dishwashing, it is often performed using residual heat from rinsing. For plastic items however, drying with residual heat only is not sufficient, but a dedicated drying phase for plastic products is required to ensure completely dried items after washing (e.g., through a combination of drying and ventilation). This is essential for hygiene reasons as omitting the drying phase may lead to cross-contamination or bacterial development in moist environments. Literature information identified for the hood-type dishwashers focuses on ceramic products only. Thus, it must be assumed that plastic item washing and drying in QSRs requires additional energy for a dedicated drying process. According to literature data, drying accounts for approximately 30% of the overall energy demand for washing and drying<sup>5</sup>. Therefore, energy demands reported in literature for the hood-type devices are assumed to reflect 70% and are increased by 30% to model in-house dishwashing of plastic-based multiple-use items, with the exception of Winterhalter dishwashers, which possess dedicated plastic washing and drying programmes that ensure plastic items are completely dry. The reported energy demands are therefore considered sufficient for drying PP products in a QSR context.

Data for modelling detergent, rinse agent and softener demands are retrieved from literature as far as available on a per item basis. Chemical composition is based on (Rüdenauer *et al.*, 2011) and was combined with expert judgement to reflect regulatory and efficiency developments since 2011<sup>6</sup>.

The different washing options, along with their LCI data and the resulting overall average used for the baseline comparison, are summarised in **Table 10**. Inputs for the washing and drying processes are energy demand (kWh/item), water demand (litres/item), detergent, rinse agent and softener demand (g/item).

<sup>&</sup>lt;sup>5</sup> 30% is an approximat on based on: 26% reported by EC, JRC (2007), Best Environmental Practice in the tourism sector; 33% reported for Meiko Flight Conveyor Dishwasher by Slater (2017), Energy Efficient Flight Conveyor Dishwashers; 32% reported for Hobart Flight Conveyor Dishwasher by Slater (2017), Energy Eff cient Flight Conveyor Dishwashers.

<sup>&</sup>lt;sup>6</sup> Expert judgement was done by in-house chemists w th experience in the sector. Reported compositions for 2011 were deemed outdated due to regulatory restr ctions of potassium use.
	Hood	type dishwasher		Average washing process
Reference year	2011	2017	2021	
Energy demand* [kWh/item]	0.024	0.014	0.014	0.017
Water demand [l/item]	0.16	0.08	0.23	0.16
Combined detergent, rinse agent and softener demand [g/item]**	0.50	0.17	0.44	0.37
Source	Based on (Rüdenauer <i>et al.</i> , 2011)	Based on (Antony and Gensch, 2017)	Based on Winterhalter (2021)	

Table 10: Technical specifications of dishwashers for the inhouse washing and drying scenario (LCI data).

### **1. INTRODUCTION**

Ramboll has been appointed by the European Paper Packaging Alliance (hereafter "EPPA" or the Client) as technical consultant for conducting a comparative Life Cycle Assessment (LCA) study related to single-use (SU) and multiple-use (MU) tableware systems for take-away services in Quick Service Restaurants (QSRs), in accordance with ISO standards 14040 and 14044, subjected to internal review conducted by two senior LCA experts of the international Ramboll Decarbonisation (GHG/LCA) Steering Committee and to external third-party review by a panel composed by three independent reviewers.

EPPA is an association representing suppliers and manufacturers of paper board and paper board packaging for Food and Foodservice Industry. They include, e.g., Seda International Packaging Group, Huhtamaki, AR Packaging, Smith Anderson, CEE Schisler Packaging Solutions, Stora Enso, Metsä Board, Mayr-Melnhof Karton, WestRock, Iggesund/Holmen, Reno De Medici and Paper Machinery Corporation.

As anticipated, this comparative LCA study is focused on QSRs *Take-away services* that include:

- drive-through: customers reach the restaurant and order food directly from their cars.
- on-the-go: customers reach the restaurant and take out their food.
- click and collect: similar to the on-the-go option, but booking the food online before reaching the restaurant.
- home delivery: customers buy food online and it is delivered by means of a courier.

It is understood that this assessment is embedded in an ongoing debate around the environmental performance of single-use and multiple-use products. Consequently, there is already a quite mature body of knowledge concerning several products and applications from either category. However, previous studies adopt a rather product-focused approach in comparative assertions (i.e., comparing single-use cups with multiple-use cups). In these assessments less attention is given to the underlying systems and obtained functions from respective products. **Next to taking into account previous findings this study seeks to adopt a holistic perspective on the comparison of single-use (SU) and multiple-use (MU) products in QSRs**.

### 1.1 **Project framework**

### 1.1.1 In-store LCA study

In 2020, Ramboll has been appointed by EPPA as technical consultant for conducting a comparative LCA study between a single use tableware system and equivalent multiple-use tableware system in Quick Service Restaurants in accordance with ISO standards 14040 and 14044. The main goal of the LCA study was to use a systems-based approach to compare the environmental performance of single-use and multiple-use tableware options for in-store consumption in QSR in Europe.

The functional unit was the *in-store consumption of foodstuff and beverages with single-use or multiple-use tableware (including cups, lids, plates, containers, and cutlery) in an average QSR for 365 days in Europe in consideration of established facilities and hygiene standards as well as QSR-specific characteristics (e.g., peak times, throughput of served tableware).* 

For the comparative assessment, two fundamentally distinct systems were taken into consideration:

- the current system in QSRs based on single-use (disposable) products made of paperboard with a polyethylene (PE) content < 10% w/w (also referred to as single-use product system), accounting for regulatory implications in 2023 (e.g., targets for separate waste collection and end of life (EoL) recycling);
- an expected<sup>7</sup> (hypothetical) future system in the near future based on equivalent multiple-use products (also referred to as multiple-use product system) and respective processes and infrastructure for washing operations (in-store or sub-contracted).

The reusable packaging system is an emerging market and only a limited number of pilot projects is currently in place. It is currently being deployed in different countries (e.g., France, Germany) by QSR operators for in-store consumption and it can be assumed that the same reusable tableware system will be used for takeaway

The geographical scope of the baseline comparison was Europe (EU-27 + UK). This geographical boundary was reflected in the assumptions around the systems (e.g., recycling rates) and background datasets (e.g., electricity from grid) as inventory data for the manufacturing stage of certain products was site-specific or representing average production scenarios (e.g., global, EU).

The study was subjected to a third-party review process conducted by TUV Nord (report n. 35280651 issued on December 16<sup>th</sup>, 2020).

# **1.1.1.1** Differentiation with respect to the robustness and reliability of existing studies

- The study adopted a system approach, focused on functions obtained from respective products and their combination through a holistic understanding of the specific context;
- Representative data and assumptions were utilised: functional unit and assumptions were based on industry (EPPA Members) and primary data from representative QSRs operators;
- State-of-the-art data for paper manufacturing processes obtained from EPPA members' (covered market share of QSRs in Europe >65%); Washing process was deeply investigated obtaining data from producers/operators, reflecting QSR specifics;
- An extensive sensitivity analysis was performed: 12 scenarios analysed (9 for MU system; 3 for SU system), including: different recycling rates, different washing scenarios, different EoL allocation approaches.

### 1.1.2 Meta study for take away services

In 2022, Ramboll performed on behalf of EPPA a meta-study (Ramboll, 2022) to identify, describe, and assess additional environmental implications of take-away services of QSRs with regard to single-use and multiple-use food containers, using as a point of reference the existing body of knowledge and the comparative LCA related to in-store consumption of QSRs, conducted in 2020.

Several keywords have been utilized to carry out desktop-based research, with the aim of identifying the existing body of knowledge: **29 literature sources have been identified** and

<sup>&</sup>lt;sup>7</sup> the reusable packaging system is being deployed in France by QSR operators for in-store consumption and t can be assumed that the same reusable tableware system will be used for takeaway

have been subsequently refined by defining different quality criteria, selecting only the sources that have met at least 50% of defined quality criteria, resulting in **26 relevant sources**.

Based on these relevant sources, the following hotspots have been identified: Actual number of uses for MU items; Type of take-back system; Return rate; Distance; Means of transport; Type of preliminary washing at home; Type of professional washing; Physical limit to number of washings; Additional packaging; Weight optimization; Control and inspection; Application of specific taxes/fees; Theft; Additional items for QSRs effective functioning; Improper disposal.

The identified hotspots have been interpreted and discussed with the aim of evaluating (in a qualitative way) environmental implications of food home delivery services of QSRs with regard to single-use and multiple-use food containers.

Based on this comparison, it can be concluded that, when shifting from in-store consumption to take-away services, both SU and MU systems can suffer from additional environmental impacts in several categories, but to different extent, meaning that additional impacts for SU systems are limited to few aspects, while MU systems are affected not only by the same impacts as for SU systems but also by another series of impacts related to phases that are exclusive of the MU system, i.e.: preliminary washing at home, transport back to QSRs, possible decrease in the number of reuses. However, a take-back system in which all MU items are sent to centralized washing facilities (with high level of efficiency) could determine a significant reduction of overall impacts (if compared to take-back mechanism whereby all MU items are washed in QSRs). This conclusion needs to be tested and confirmed with a specific quantitative assessment by means of a Life Cycle Assessment study. Conclusions of the meta-study conducted by Ramboll on behalf of EPPA (Ramboll, 2022) are reported in **APPENDIX 7. Conclusions of the meta-study conducted by Ramboll on behalf of EPPA (Ramboll, 2022).** 

The collected sources of information are used as reference for the development of this LCA study.

## 2. METHODOLOGICAL APPROACH

The methodological approach comprises a literature screening and a full comparative LCA.

### 2.1.1 Literature screening

Several sources have been taken into account for this study, including those collected for the meta-study conducted in 2022 by Ramboll on behalf of EPPA (Ramboll, 2022). A non-exhaustive list of sources is reported here:

- Abejón *et al.*, 2020. When plastic packaging should be preferred: life cycle analysis of packages for fruit and vegetable distribution in the Spanish peninsular market.
- Accorsi *et al.*, 2014. Economic and environmental assessment of reusable plastic containers: A food catering supply chain case study.
- Albrecht *et al.*, 2013. An extended life cycle analysis of packaging systems for fruit and vegetable transport in Europe.
- Arunan and Crawford, 2021. Greenhouse gas emissions associated with food packaging for online food delivery services in Australia.
- Camps-Posino *et al.*, 2021. Potential climate benefits of reusable packaging in food delivery services. A Chinese case study.
- Changwichan and Gheewala, 2020. Choice of materials for takeaway beverage cups towards a circular economy.
- Coelho et al., 2020. Sustainability of reusable packaging–Current situation and trends.
- Cottafava *et al.*, 2021. Assessment of the environmental break-even point for deposit return systems through an LCA analysis of single-use and reusable cups.
- Del Borghi *et al.*, 2021. Sustainable packaging: an evaluation of crates for food through a life cycle approach.
- Fraunhofer Institute for Building Physics IBP, 2018. Carbon Footprint of Packaging Systems for Fruit and Vegetable Transports in Europe.
- Gallego-Schmid, Mendoza and Azapagic, 2019. Environmental impacts of takeaway food containers.
- Gallego-Schmid, Mendoza and Azapagic, 2018. Improving the environmental sustainability of reusable food containers in Europe.
- Greenwood *et al.*, 2021. Many Happy Returns: Combining insights from the environmental and behavioural sciences to understand what is required to make reusable packaging mainstream.
- Kleinhückelkotten, Behrendt and Neitzke, 2021. Review of strategies and measures for takeaway providers towards the establishment of multiple-use products as suitable option.
- Koskela *et al.*, 2014. Reusable plastic crate or recyclable cardboard box? A comparison of two delivery systems.
- Liu *et al.*, 2020. Environmental impacts characterization of packaging waste generated by urban food delivery services. A big-data analysis in Jing-Jin-Ji region (China).

- Lo-Iacono-ferreira *et al.*, 2021. Carbon Footprint Comparative Analysis of Cardboard and Plastic Containers Used for the International Transport of Spanish Tomatoes.
- Martin, Bunsen and Ciroth, 2018. Case Study Ceramic cup vs. Paper cup.
- Thorbecke *et al.*, 2019. Life Cycle Assessment of Corrugated Containers and Reusable Plastic Containers for Produce Transport and Display.
- Tua *et al.*, 2019. Life cycle assessment of reusable plastic crates (RPCs).
- UBA (Umweltbundesamt, Germany), 2019. Untersuchung der ökologischen Bedeutung von Einweggetränkebechern im Außer-Haus-Verzehr und mögliche Maßnahmen zur Verringerung des Verbrauchs.
- UNEP, 2020. Single-use plastic take-away food packaging and its alternatives.
- Verburgt, 2021. Life Cycle Assessment of reusable and single use meal container systems.
- Xie, Xu and Li, 2021. Environmental impact of express food delivery in China: the role of personal consumption choice.
- Zhang and Wen, 2022. Mapping the environmental impacts and policy effectiveness of takeaway food industry in China.
- Zhou *et al.*, 2020. Sharing tableware reduces waste generation, emissions and water consumption in China's takeaway packaging waste dilemma.

### 2.1.2 Life cycle assessment and modelling

Currently, Life Cycle Assessment (LCA) provides the most mature framework for assessing the potential environmental impacts of products and services according to the European Commission (European Commission, 2019). One of the most frequent applications of LCA studies is the comparison of specific goods or services (European Commission - Joint Research Centre - Institute for Environment and Sustainability, 2010).

The methodology of LCA applied in accordance with relevant ISO standards 14040 and 14044 is widely recognized as a reliable tool for quantitative assessments from an environmental point of view. The general methodology for LCA aims to assess identified and generated Life Cycle Inventories (LCIs), consisting of quantified elementary flows referring to the functional unit, in relation to their potential impact on the natural environment, human health, and issues related to natural resource use (European Commission - Joint Research Centre - Institute for Environment and Sustainability, 2010).

LCA is a four-step methodology. These steps are iterative and involve the following tasks (Guinée *et al.*, 2001):

Goal and scope definition is the first phase of an LCA. The Goal definition must specify:

- The intended application and the type of analysis to be developed.
- The reasons that lead to develop the study
- The type of audience to which it is intended.

The Scope definition must specify:

• The system (or systems) under analysis.

- The function and boundaries of the system under analysis.
- The functional unit, which is the quantification of the function of the system, to be used as a reference for the input and output elements.
- The quality of the data, as well as the assumptions and limitations of the study.
- The allocation procedures.
- The selected methodology for Life Cycle Impact Assessment (LCIA) and the type of impacts.

The second phase of any standardised LCA is the Life Cycle Inventory (LCI). In this phase, all the environmental burdens connected to a good or a service are identified and quantified, preparing an inventory related to the entire life cycle. A discrete number of process units are identified within the system, and inputs and outputs are quantified for each of them (including transport).

The identified environmental burdens are distinguished in:

- Generated burdens:
  - Direct, which come from the activities under analysis.
  - Indirect, which come from the production, transport and auxiliary processes needed to carry out the activities under analysis.
- Avoided burdens (credits), obtained through "savings" (avoided production) of materials and energy related to the activities under analysis.

The environmental burdens quantified in the LCI are then "translated" into environmental impacts in the Life Cycle Impact Assessment (LCIA) phase. The purpose of this third phase is to identify and quantify the environmental impacts caused by the system under analysis, highlighting the extent of the changes that are generated as a result of the consumption of materials and energy, as well as emissions into the environment.

The impact assessment consists of five elements, the first three of which are mandatory according to the ISO 14040 standard. The mandatory steps are:

- 1. Selection of impact categories representative of the assessment parameters that were chosen as part of the scope definition.
- 2. Classification of elementary flows from the inventory by assigning them to impact categories according to their ability to contribute by impacting the chosen indicator.
- 3. Characterisation using environmental models for the impact category to quantify the ability of each of the assigned elementary flows to impact the indicator of the category (Hauschild, 2017). The obtained characterised indicator scores are expressed in a common metric for the impact category. This allows aggregation of all contributions into one score, representing the total impact that the system has for that category. The collection of aggregated indicator scores for the different impact categories (each expressed in its own metric) constitutes the characterised impact profile of the system.

Optional steps in LCIA:

1. Normalisation is used to provide a normalised impact profile of the product system in which all category indicator scores are expressed in the same metric.

2. Grouping or weighting supports comparison across the impact categories by grouping and possibly ranking them according to their perceived severity, or by weighting them using weighting factors that for each impact category gives a quantitative expression of how severe it is relative to the other impact categories.

Fourth and last phase of an LCA is the Interpretation, which consists in the development of critical analysis of the results to draw conclusions for the improvement of the environmental performance of the analysed system. Main objectives of this phase are:

- The assessment of significant aspects (such as, main environmental results and critical methodological choices).
- The assessment of the reliability of the results (e.g., through sensitivity analyses).
- Provide possible recommendations to improve environmental performances/mitigate environmental impacts.

An attributional Life Cycle Assessment (LCA) study according to the ISO 14040/44 standards is carried out. The attributional approach allows accounting for impacts directly related to the system of interest and attributing them to the activities within the system in a current perspective. Key parameters and environmentally important life-cycle stages of the systems are identified and analysed. Further, the influence of certain key variables for the results is evaluated.

The LCA model for this study is developed with open LCA software<sup>8</sup>, using background data from Ecoinvent<sup>9</sup> (version 3.8) and scientific literature, primary data from EPPA and QSRs operators, and available public or commercial extension databases. Details are given in the following sections.

### 2.1.2.1 Background of the selected methodological approach

According to the revised recommendation adopted in December 2021 by EU Commission<sup>10</sup>, Environmental Footprint (EF) is the suggested method to measure and communicate the life cycle environmental performance of products (PEF, Product Environmental Footprint) and organizations (OEF, Organization Environmental Footprint).

However, PEF method is not fully applicable to the systems to be investigated due to different reasons. As a matter of example, the following limitation have been highlighted:

- PEF studies are mainly intended for a product level approach, while this study is focused on a system approach;
- PEF Guide is not intended to directly support comparisons or comparative assertions (i.e., claims of overall superiority or equivalence of the environmental performance of one product compared to another (based on ISO 14040);
- PEF category rules (PEFCRs), which allow methodological harmonisation and reproducibility for a given product-type, are currently available only for intermediate paper products, while this study considers SU paper-based items; Moreover, PEFCRs for plastic products are not currently available;

However, this study is carried out considering some relevant PEF study features:

<sup>&</sup>lt;sup>8</sup> openLCA.org

<sup>&</sup>lt;sup>9</sup> ecoinvent v3.8 – ecoinvent

<sup>&</sup>lt;sup>10</sup> <u>Recommendation on the use of Environmental Footprint methods (europa.eu)</u>

- The Life Cycle Impact Assessment of this study will refer to EF impact categories;
- The contribution to the total impacts is further carried out by presenting "Impact categories cumulatively contributing at least 80% of the total environmental impact (excluding toxicity related impact categories)" as reported in the Product Environmental Footprint Category Rules Guidance (version 6.3)<sup>11</sup>.

## 3. GOAL AND SCOPE OF THE STUDY

### 3.1 Goal of the study

The following sections highlight the general goal of the study. To this aim, reasons for carrying out the study are presented, as well as intended audience and application.

### 3.1.1 Intended application

The intended application of this study is the comparative evaluation of the environmental performances of two systems (one based on single-use items, and one based on multiple-use items) for take-away services in Quick Service Restaurant.

### 3.1.2 Reasons for carrying out the study

In recent years there has been a surge in evaluating reusable packaging for food and beverage containers for in-store consumption and take-away services. However, this is often done by applying a product-vs-product perspective rather than a system approach.

The aim of the study is to perform a comparative Life Cycle Assessment between the utilization of single-use and multiple-use tableware for take-away services in QSRs, for the following reasons:

- QSR restaurants operate under a standardized system that is long- established, quantifiable in robust data, and geographically sensitiveness. It also provides a referential for best-in-class dishwashers in the HORECA (*hotellerie-restaurant-café*) sector
- Take-away services cover more than half of the total sales from QSRs (as reported by the main QSRs operators). This figure may also have increased further recently, due to the pandemic and the spread of delivery services;
- It might be general opinion that reusable products and containers are inherently and intuitively more environmentally sustainable. However, there might be evidence that the actual environmental performance between single-use and multiple-use products could be counterintuitive and could be, moreover, very dependent on the application context (e.g., inhouse consumption in QSRs or take-away services with specific demands on food and beverage containers, geographical context, etc.).

### 3.1.3 The intended audience

The intended audience is mainly that of QSR operators, companies active in the production of SU and MU items for QSRs, consumers and policy makers.

### 3.1.4 Potential utilisation of results in comparative assertions

When using this LCA for external communication purposes it is crucial to acknowledge and highlight that this is a tailor-made and case-specific ISO-compliant comparative assertion (e.g., several specific modelling choices are applied - which are transparently documented and explained). As a consequence, results from this study are not directly comparable with other sources and results.

### 3.2 Scope of the study

The following sections highlight the general scope to achieve the goal presented in the previous section. Therefore, general function of QSRs, specific functioning of QSRs in the context of LCA system boundaries and functional unit are described, as well as geographical scope, cut-off criteria, LCIA methodology, data quality requirements, End-Of-Life allocation approach, assumptions and limitations on a system level, normalization and weighting, and critical review process.

### 3.2.1 General functioning of Quick Service Restaurants

QSRs are a specific classification of restaurants and entail certain high-volume food and beverage operations. The following inherent features are deemed relevant when discussing and assessing in-store or take-away consumption of foodstuff and beverages and the hypothetical shift from single-use food and beverage containers to multiple-use equivalents:

- A high number of menus, drinks and food items served per day;
- Demand for food and beverages occurs at two daily key peak times representing around 80% of all the orders;
- Menus are easily and quickly prepared;
- Hygiene and food safety are to be at the highest level;
- Tableware should be recyclable, easy to transport and security providing: multi-use plastic would therefore be the base-case material responding to all imperative;
- Menus may be changed frequently (e.g. dedicated offering for breakfast);
- Specific products require individual labelling (diet beverages, meat-free, etc.);
- The entire offering is available and equally processed for either immediate in-store consumption or take-away
- Take away services (drive through, on-the-go, click and collect, home delivery) has fast grown (double digit) over the last few years representing up to 50% of the total sales;
- The restaurants are open 365 days per year and opening hours can be up to 24/7;
- Food preparation and service are labour intensive in which both skilled and unskilled staff are needed;
- City restaurants are typically small, with limited seating and without the necessary separate rooms or areas to deal with used tableware or to accommodate dishwashers, dryers or extra storage space;
- Larger out-of-city restaurants have optimised kitchen and serving spaces;
- Food affordability is expected and critical for a large part of restaurant's users;

While some of above aspects can be implemented into the framework of LCA (e.g., in terms functional unit and assumptions), others may not be reflected in the quantitative assessment due to methodological constraints (e.g., space requirements).

### 3.2.2 Specific functioning of Quick Service Restaurants in the context of LCA

LCA is by definition the environmental assessment of the fulfilment of needs focusing on functions first and then on the products and processes needed to provide these functions (Hauschild, 2017). Consequently, the functions are to be described from the perspective of a QSR. The definition of an appropriate function is particularly delicate in comparative assessments because a comparison is only fair and meaningful if the compared systems provide (roughly) the same function(s) to QSRs. To facilitate a fair and relevant quantitative assessment of alternative ways of providing a function, specific knowledge of the functions provided by the alternative product systems (single-and multiple-use) must be used to define a functional unit. It is understood that supply chains, facilities and infrastructures, restaurant capacities, work routines and operating cycles, product labelling, and traditionally high hygiene standards have been shaped by the use of single-use food and beverage containers.

In order to provide a holistic perspective and to not systematically delimit the scope and functions from the outset, it is proposed to examine the entire operations of an average sized QSR in Europe under current circumstances (i.e., utilization of single-use food and beverage containers and using most recent data (2019)) and future circumstances, based on policymakers' announcements, future legal requirements and industry commitments. This approach is based on data provided by QSRs operators, and it is considered reasonable due to the following key aspects: 1) usually, the size of QSRs can vary only in a limited range; 2) the composition of the average serving is independent of the size of the QSR: this means that the functional unit would remain the same, and the same differences would apply to both SU and MU systems.

In any case, there are many constraints in such complex systems, leading to a high number of possible different variables, thus a certain number of assumptions (based on primary data and realistic cases) are necessary, leading to the definition of an average situation that can be varied and tested through the sensitivity analysis.

This holistic perspective ensures comparability of both situations as the integral function(s) are assumed to remain unchanged, i.e., the purpose and business models of QSRs are maintained. Moreover, in comparative assessments it is justified and common practice to exclude identical processes if they are assumed to be not affected by the imposed change (i.e., they deliver identical quantities of services) (Hauschild, 2017). This arguably holds true for many processes associated with the current and hypothetical operation of an average QSR. Consequently, attention is given to relative changes (i.e., substitution, supplementation, displacement, enablement, induction, etc.) of involved processes and product items. Subsequent identification of systemic changes as well as the description of processes and product items is guided by this fundamental understanding. Therefore, only products and processes assumed to be altered due to the hypothetical situation in QSRs will be investigated and assessed. This means that many processes and material or energy flows associated with operating a QSR will not be assessed (e.g., production value chains of food and beverages to be served). In this context it is stressed that only the selection of processes and product items to be included in the assessment will be elaborated and justified, meaning that all other potential processes are excluded without further describing or listing them in an extensive manner.

### 3.2.3 System boundaries

For the comparative assessment, two distinct systems are taken into consideration:

- current system for take-away services from QSRs based on single-use (disposable) products made of paperboard with a PE content < 10% w/w (also referred to as singleuse product system) and related transport from/to QSRs;
- expected<sup>12</sup> system for take-away services from QSRs based on equivalent multiple-use products (also referred to as multiple-use product system) and respective processes and operations (transport from/to QSRs, inspection, washing at home and/or in-store, takeback system).

In accordance with the ISO 14040/44 standards, the equivalence of the two distinct systems (single-use and multiple-use) is evaluated. This applies to the performance (i.e., the functions obtained from respective products), system boundaries, data quality (i.e., equivalent and appropriate implementation of foreground and background data), allocation procedures and impact assessment categories of respective product systems. Given the context of this study, the transition from single-use to multiple-use product systems for take-away services deserves particular attention.

Since take-away services using reusable items is an emerging market and only a limited number of pilot projects is currently in place, the related system boundaries have been identified using as reference publicly available documentation so far. Indeed, these boundaries and identified processes might be affected by different levels of uncertainties and may be subject to future modification.

Processes of the life cycle are divided in three life cycle stages: upstream, core, and downstream (see **Figure 6**).



Figure 6 Schematic system boundary and differentiation between upstream, core, and downstream processes of take-away services from the perspective of a QSR (Source: own depiction)

<sup>12</sup> the reusable packaging system is in place and being deployed in France by QSR operators for in-store consumption and it can be assumed that the same reusable tableware system will be used for takeaway Based on information provided by QSR operators (via specific questionnaires), as well as by EPPA members - whose market share cover more than 65% of QSRs in Europe -, and on the outcome of a literature screening review, the expected (hypothetical) system for take-away services could use plastic products (for MU system) as suggested also by the analysis of commercial publications related to QSRs and other types of restaurants<sup>13,14,15,16,17</sup>. No literature data regarding take-away services using glass/ceramic items in the specific case of QSRs have been identified.

### 3.2.4 Functional unit

The functional unit is:

Take-away services (drive through, on-the-go, click and collect, home delivery) of foodstuff and beverages with single-use or multiple-use tableware (including cups, lids, containers, cutlery, carriers and bags) in an average QSR for 365 days in Europe in consideration of established facilities and hygiene standards and take-away services specific characteristics (e.g., selling channels, distances, means of transport).

Based on the outcomes of the previous in-store LCA study (Ramboll, 2020) and meta-study (Ramboll, 2022), the following potentially relevant parameters been identified:

- Characteristics of SU and MU items (weight, dimensions, material);
- Number of servings;
- Number of uses for MU items;
- Additional packaging;
- Return rate;
- Return rate scheme (including: type of take-back system; Distance; Means of transport; type of preliminary washing at home; Weight optimization; Control and inspection; Application of specific taxes/fees);
- Type of professional washing;
- Additional items for QSRs effective functioning;
- Improper disposal.

In order to have robust and reliable sources of data related to these potentially relevant parameters, Ramboll carried out a specific literature review and in addition performed a specific data gathering (via datasheets, questionnaire) to QSRs operators. All collected information have been included in the following tables.

### 3.2.4.1 Incorporated product items

The LCA study takes into account the life cycles of:

 8 different products for the single-use system, made of paperboard (if coated, PE content is < 10 % w/w);</li>

- <sup>14</sup> Source: <u>https://www.circularonline.co.uk/news/mcdonalds-pilots-world-first-cup-take-back-scheme-in-northampton/</u>
- <sup>15</sup> Source: <u>https://www.geekwire.com/2021/starbucks-trying-reusable-cups-cut-waste-teaming-seattle-recycling-startup/</u>
- <sup>16</sup> Source: <u>https://www.packworld.com/issues/sustainability/art cle/21207262/loop-expands-into-qsr-with-burger-king-and-tim-hortons</u>

<sup>17</sup> Source: https://packagingeurope.com/news/burger-king-partners-w th-loop-to-trial-reusable-packaging-for-burgers-s des-and-

drinks/8146.article

<sup>&</sup>lt;sup>13</sup> Source: <u>Vytal | Takeaway food. Without rubbish.</u>

- 6 different products for the multiple-use system, made of PP; and
- **3** products (cup holder, bags for transport of fries and delivery bags) considered for both single-use and multiple-use systems: even though these products are intended for single-use, it is understood from information gathered from relevant stakeholders that these items would not be replaced by equivalent function multiple-use items.

**Table 11** summarises the relevant specifications of the different product items.

#### COMPARATIVE LIFE CYCLE ASSESSMENT (LCA) SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS

#### Table 11: Single-use and multiple-use product specifications

Function within take-away services	Single-use (SU) product item <sup>18</sup>	Material of SU item <sup>19</sup>	Dimensions/ volume of SU item <sup>20</sup>	Product weight of SU item <sup>21</sup>	Multiple-use (MU) product item <sup>22</sup>	Material of MU item <sup>23</sup>	Product weight of MU item <sup>24</sup>
Serving of cold drinks	Cold drink cup (PE content < 5 % w/w)	Virgin-fibre bleached board with PE coating on the reverse side / virgin-fibre board with fully coated top side and a PE coating on the reverse side	40 ci	9.8 g	Cold drink cup	PP	76 g (40 d)
Spillover protection of cold drinks	Clip-on lid (PE content < 10 % w/w)	Virgin-fibre bleached board with partly PE coating on the reverse side	Ø89.4 mm	5.3 g	Lid for cold drink cup	PP	7 g
Carrier for cold drinks cups	Cup holder	Moulded fibre	+	13.2 g	Not replaced	Same as SU	Same as SU
Serving of burgers	Clamshell	Partially recycled cartonboard (only post-industrial white recycled fibres)	94x94x70 mm	15.6 g		PP	
	Paper wrap	Virgin-fibre oil and grease-resistant bleached paper with ecological (soy- based) barrier coating	40x30.5 mm	29.5 g/m²	Clamshell		mmx67.5 mm)
	Fry bag (box)	Partially recycled cartonboard (only post-industrial white recycled fibres)	90x41x119 mm	7.5 g			
Serving of fries and snacks	Paper fry bag	Virgin-fibre oil and grease-resistant bleached paper with ecological (soy- based) barrier coating	11.2x11.2 mm	38 g/m²	Basket	PP	35 g
	Bag for fries' transport	Recycled brown paper bags		6.3 g	Not replaced	Same as SU	Same as SU
Serving of cold desserts	Ice cream cup (PE content < 5 % w/w)	Virgin-fibre bleached board with PE coating on the reverse side / virgin-fibre board with fully coated top side and a PE coating on the reverse side	Ø89.7x102 mm	9.8 g	Dessert cup	PP	54 g
Provision of cutlery	Cutlery (1 item)	Thin pressed wood (e.g., birch, bamboo)	100 E	3 g	Cutlery (1 item)	PP	30

18 Information provided by EPPA members.

Information provided by EPPA members
 Information provided by EPPA members

COMPARATIVE LIFE CYCLE ASSESSMENT (LCA) SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS

Function within take-away services	Single-use (SU) product item <sup>18</sup>	Material of SU item <sup>18</sup>	Dimensions/ volume of SU item <sup>20</sup>	Product weight of SU item <sup>21</sup>	Multiple-use (MU) product item <sup>22</sup>	Material of MU item <sup>23</sup>	Product weight of MU item <sup>24</sup>
Bags for transport	Delivery bag	Recycled brown paper bags	32x18x26 cm	75 g	Not replaced	Same as SU	Same as SU

3.73

The list of main processes involved in the value chain for *take-away services* is reported in **Table 12**. These life cycle stages are used to present LCIA results.

Table 12 Processes involved in the packaging value chain for take-away services.

Life cycle stage	Single-Use System	Multiple-Use System
Raw material production and processing (upstream)	<ul> <li>cradle-to-gate production of uncoated cartonboard</li> <li>cradle-to-gate production of thin greaseproof paper</li> <li>cradle-to-gate production of thin pressed wood</li> <li>cradle-to-gate production of PE-coated paperboard</li> <li>intermediate transports from pulp producers to paper manufacturers</li> <li>treatment of production wastes at paper mills</li> </ul>	<ul> <li>cradle-to-gate production of multiple-use product items</li> <li>intermediate transport processes</li> <li>dispatch packaging</li> </ul>
Converting (upstream)	<ul> <li>gate-to-gate production of single-use product items</li> <li>cradle-to-gate production of auxiliary materials and products</li> <li>transport from paper producers to converters</li> <li>transport from suppliers of auxiliary materials and products to converters</li> <li>dispatch packaging</li> </ul>	Included above
Distribution of product items to OSRs (upstream)	transport from converters to QSRs	transport from manufacturers     to QSRs
Use stage (core)	Not applicable	<ul> <li>preliminary washing/cleaning</li> <li>transport back to QSRs</li> <li>professional washing and drying</li> <li>cradle-to-gate production of detergent, rinse agent and softener</li> <li>municipal wastewater treatment</li> </ul>
End-o <mark>f-</mark> life treatment (downstream)	<ul> <li>transport to incineration, recycling and landfilling plant</li> <li>post-consumer and post- industrial (e.g., trimmings at converters) paperboard, PE, and wood in waste incineration plant</li> <li>recycling of sorted post- consumer paperboard waste from customers and production</li> </ul>	<ul> <li>transport to incineration, recycling and landfilling plant</li> <li>post-consumer PP in waste incineration plant</li> <li>recycling of sorted PP post- consumer waste</li> <li>landfilling of PP</li> </ul>

Life cycle stage	Single-Use System	Multiple-Use System
	wastes (i.e., trimmings) from converters Iandfilling of post-consumer paperboard and PE	
Avoided material production (downstream)	<ul> <li>cradle-to-gate pulp production (e.g., sulphate pulp, sulphite pulp, TMP, CTMP)</li> </ul>	cradle-to-gate PP production
Avoided energy production (downstream)	<ul> <li>cradle-to-consumer electricity grid mix</li> <li>cradle-to-consumer thermal energy from natural gas</li> </ul>	<ul> <li>cradle-to-consumer electricity grid mix</li> <li>cradle-to-consumer thermal energy from natural gas</li> </ul>

### 3.2.5 Geographical Scope

The geographical scope of the baseline comparison is Europe (EU-27 + UK). This geographical boundary is reflected in the assumptions around the systems (e.g., means of transport) and background datasets (e.g., electricity from grid) as inventory data for the manufacturing stage of certain products will be site-specific or representing average production scenarios (e.g., global, EU).

### 3.2.6 Cut-off criteria and exclusions

In accordance with the LCIs of multiple-use items received from QSRs and with the LCIs and LCIAs of paperboard products received from producers and converters, the following cut-off rules and exclusions are considered:

- Items corresponding to 1% or more of total items used for take-away services (based on confidential QSRs data) are included;
- · Construction of dishwashers and ancillary infrastructures are excluded;
- Materials corresponding to 1%w or more of total raw materials used are included;
- · Construction of pulp and board mills and machinery are excluded;
- Symmetric transport stages related to SU and MU systems.

### 3.2.7 LCIA methodology and Impact categories

This study presents LCIA results with the Environmental Footprint (EF) 2.0 impact categories (European Commission, EF 2.0 reference package, June 2018)<sup>25</sup>. Even though EF 3.0 is now available, the choice of EF 2.0 is justified by the fact that some of the primary data collected is not compatible with EF 3.0. Mid-point impact categories are used due to the last recommendation (December 2021) of the EU Commission, which suggested to make use of EF methods to measure and communicate the life cycle environmental performance of products. **Table 13** reports the EF set of impact categories used in the model.

<sup>&</sup>lt;sup>21</sup> https://epika.vc.ec.europa.eu/permalink/Guide\_EF\_DATA.pdf\_Note: this version of EF (2.0.) is used to be consistent to Stora Enso's LCIA results.

EF Impact category	EF Impact Assessment Model	EF Impact Category indicators	
Acidification	Accumulated Exceedance (AE)	mol H+ equivalent	
Climate Change, total (it includes 3 sub-categories: Climate Change, fossil, Climate Change, biogenic, Climate Change, land use and land use change)	Radiative forcing as Global Warming Potential (GWP100)	kg CO2 equivalent	
Eutrophication, terrestrial Accumulated Exceedance (AE)		mol N equivalent	
Eutrophication, freshwater	Fraction of nutrients reaching freshwater end compartment (P)	kg P equivalent	
Eutrophication, marine	Fraction of nutrients reaching marine end compartment (N)	kg N eq	
Ionising radiation, human health	Human exposure efficiency relative to U235	kBq U235 equivalent	
Ozone Depletion	Ozone Depletion Potential (ODP)	kg CFC-11 equivalent	
Particulate matter	Impact on human health	disease incidence	
Photochemical ozone formation, human health	Tropospheric ozone concentration increase	kg NMVOC equivalent	
Resource use, fossils	Abiotic resource depletion – fossil fuels (ADP-fossil)	СМ	
Resource use, minerals and metals	Abiotic resource depletion (ADP ultimate reserves)	kg Sb equivalent	

Table 13: List of selected EF impact categories (source: PEF guide<sup>28</sup>)

Regionalized impact assessment is a relatively novel field in LCA, thus the implementation of water assessment via Water use impact category in the EF methodology could be subject to some limitations<sup>27</sup>. As sources of uncertainties still remain in the application of the "available water remaining" (AWaRe) methodology in the EF Water use impact category, results in this impact category of this study could be therefore seen as potentially uncertain. This can be seen as a limitation in this study. For this reason, water consumption is assessed by means of the ReCiPe 2016 midpoint (H) impact method, as reported in **Table 14**. This is chosen as it is generally recognised as a robust LCIA methodology (Dekker et al., 2019).

Table 14: Additional impact category for water consumption (ReCiPe 2016 v1.1, see Huijbregts et al., 2016)

ReCiPe 2016 midpoint	ReCiPe 2016 midpoint (H)	ReCiPe 2016 midpoint (H)
(H) Impact category	Impact Assessment Model	Impact Category indicators
Water consumption	Water consumption potential	m <sup>3</sup> water consumed

Some EF impact categories (i.e., ecotoxicity freshwater, human toxicity carcinogenic, human toxicity non-carcinogenic, land use<sup>28</sup>) are excluded since primary data of some paperboards (LCIAs) used in the SU system in this study is not compatible with these categories. This

<sup>&</sup>lt;sup>38</sup> https://ec.europa.eu/environment/eused/smgp/pdf/PEF%20webinar%20%v%5202020. Data%20and%20Impact. Final ...pdf

<sup>27</sup> See, e.g., https://sphera.com/wp-content/uploads/2022/02/Introduction-to-Water-Use-Assessment-in-GaBi-2022.pdf

<sup>&</sup>lt;sup>28</sup> Database EN 15804 will be able to calculate LANCA results, and it might be used in the future as further improvement of the project.

approach is in line with the current PEFCR<sup>29</sup> guidelines for paper intermediate products, which suggest the exclusion of toxicity related impact categories and land use impact category when calculating the most relevant impact categories cumulatively contributing to at least 80% of the total environmental impact.

Moreover, biodiversity impact category is not described by the PEF methodology, and impact categories from the PEF have been chosen in this study. Therefore, no biodiversity impact category is included in this study.

### 3.2.8 Data quality requirements

According to ISO 14044 data quality requirements must be included for the following aspects:

- **Time-related coverage:** Primary datasets and inventories are not older than 2019. Crucial life cycle stages and processes refer to the most recent literature or otherwise publicly available information and have been discussed with market experts in order to ensure applicability. At the time of modelling latest available secondary data is implemented for background processes.
- Geographical coverage: In general, all data and assumptions refer to an average EU ٠ context (see section 3.2.5), as long as data availability allows. Geographical coverage is dependent on the available data. For the multiple-use system the geographical coverage is therefore dependent on available secondary data. Similarly, several life cycle stages within the single-use system are dependent on the provided primary data. Hence, upstream processes of the single-use system refer to the respective production sites of provided data. Therefore, the raw material production and processing stage entails Finland, Austria, and Slovenia. These countries are major paper producers in the EU and therefore the data is considered applicable for an average EU context. Similarly, converting data refers to production sites in Germany, Finland and France. These countries represent a typical EU average value chain for single-use product items. In addition, background processes for the converting stage are based on EU average datasets. All other life cycle stages as well as the multiple-use system are based on EUaverage background data to the extent possible. In particular, processes of importance for the overall results (e.g., energy provision, recycling processes, avoided material and energy production) refer to average EU conditions. Geographical coverage of primary and secondary data is disclosed in the respective inventories in APPENDIX 1. Life Cycle Inventory.
- **Technological coverage:** Primary data and information covers state-of-the-art paper production and converting and is therefore considered representative of the near future. For environmentally significant processes (e.g., dishwashing) a technology mix is proposed, and underlying assumptions and data are documented transparently. Other secondary data represents average technologies used in the EU.
- **Precision:** Representative and precise primary data is used to the extent possible. The influence of unavoidable variability in key parameters (e.g., concerning electricity demand for dishwashing) is tested by means of sensitivity analyses.

<sup>29</sup> https://ec.europa.eu/environment/eussd/smgp/pdf/PEFCR\_Intermediate%20paper%20product\_Feb%202020.pdf

- **Completeness:** In general, completeness of data is achieved through the iterative process of data collection and modelling. Data gaps are disclosed transparently but not expected to have significant influence on the results. Validation checks (e.g., mass or energy balances) are performed.
- **Representativeness:** The degree to which data and assumptions reflects an average EU situation is addressed under time-related, geographical, and technological coverage. The study represents whole systems comprised of clearly defined product items.
- **Consistency:** Consistency in the assumptions, modelling choices, and the selection of data sources is of utmost importance for this comparative assessment. In the absence of unambiguous data or references for critical assumptions (e.g., recycling rates) equal assumptions are applied to both systems. The LCA methodology is uniformly applied to both systems and sub-systems, and it is ensured that modelling and methodological choices do not affect the results and conclusions.
- **Reproducibility:** Primary data is confidential, but context information and reference flows are disclosed to the extent possible. All other assumptions as well as implementation of secondary data is documented in a way that allows for reproduction of the underlying models.
- **Uncertainty of information:** Remaining uncertainties are addressed by means of an uncertainty analysis.

### 3.2.9 End-of-Life allocation approach

For the End-of-Life (EoL) allocation, the system expansion methodology (i.e., avoided burden method) is utilised as baseline in this study. A sensitivity scenario via Circular Footprint Formula is further presented.

To the aim of correctly assessing the EoL approach, a reliable point of substitution (PoS) needs to be taken into account. PoS corresponds to the point in the supply chain where secondary materials substitute primary materials. In this study, the following approaches to paper and plastic materials are considered:

- Paper product: the PoS (functional equivalence) where secondary materials substitute primary materials in the paper production process is at the stage of the process where the pulp manufactured from recovered paper is introduced (as wet pumpable pulp) to the paper machine. At this point, the recovered pulp can be assumed to replace pulp manufactured from virgin fibres. However, an integrated pulp and paper mill producing and utilising recovered pulp would not be able to produce virgin pulp (the processes and equipment requirements for recovered pulp and virgin pulp production are extremely different). The mill could however utilise market virgin pulp. The wet pumpable recovered pulp is therefore assumed to substitute dried market virgin pulp in the baseline scenario. This approach is in line with the current PEFCR<sup>30</sup> guidelines for paper intermediate products (see APPENDIX 2. Life Cycle Inventory Wastepaper recycling).
- Plastic products: one plastic grade is considered in this study, i.e., virgin PP. The PoS for plastic product is identified at the level of recycled polymer granulate replacing virgin polymer resin of the same material, in accordance with the Plastic LCA method (Nessi *et*

<sup>30</sup> https://ec.europa.eu/environment/eussd/smgp/pdf/PEFCR\_Intermediate%20paper%20product\_Feb%202020.pdf

*al.*, 2021). In this study the PoS is set at the secondary granulate after the recycling process.

### 3.2.10 Assumptions and limitations at systems level

In this section overarching assumptions referring to the whole study or either one or both systems are documented. Further assumptions on a product or process level are documented in the respective sections in section 4. In principle, LCIA results are relative expressions and selected impact categories covered by LCIA methods cannot display all potential environmental implications associated with respective systems. A further limitation of this study refers to the assessment of the hypothetical situation as both primary data and background data (e.g., electricity from grid) from databases are retrospective. Therefore, the hypothetical situation is primarily defined by assumptions and system characteristics. Representativeness is ensured and time-related coverage is transparently documented.

Primary and secondary data gathered from certain reference facilities or taken from databases represent specific applications and do not necessarily cover all addressed markets (i.e., average European context). Thus, site-specific implications and parameters might influence the overall results have to be taken into consideration when transferring results to other contexts (e.g., other geographical scopes).

The recommendations derived from the LCA study are solely based on the evaluation of environmental aspects. Thus, other equally relevant aspects (e.g., economic effects of transitioning from single-use to multiple-use product systems) are out of scope of this LCA study.

Additional assumptions of the ones reported in section 3.2.6 are taken:

- Bags and cup holders are considered equally present for the two systems (both in terms
  of materials and amount). In fact, based on relevant stakeholders' comments, these items
  would not change when shifting to the multiple-use system. Anyway, for sake of
  transparency, these items are included in the study, even though their effects are
  symmetrical for both SU and MU systems.
- The production value chains of food and beverages to be served are excluded from this assessment as it is assumed to be identical for both systems;
- Potential effects on the storage of food or food waste (e.g., leftovers) or waste from the preparation of the food are assumed to be equal in both systems and therefore neglected;
- Potential differences in the working time for handling used multiple-use tableware as well as labour costs due to the demand for sufficient and trained staff (e.g., to load and unload in-store dishwashing machines) are neglected for the purely environmental comparison (i.e., conservative approach to future situation);
- Space requirements for additional machinery or storage of multiple-use products are neglected for the purely environmental comparison; this also represents a conservative approach to the future situation since in multiple-use system QSRs are expected to rearrange internal logistic and additional space may be needed;
- Packaging for auxiliary materials such as detergents and chemicals for the dishwashing process is excluded from the assessment;

- Potential plastic leakage through littering into the environment (e.g., freshwater ecosystems) cannot be adequately addressed by the underlying methodological possibilities of LCA (Federal Environment Agency Germany, 2019).
- Based on primary information of actors within the value chain of single-use products, it is acknowledged that several industry actors have made ambitious commitments concerning e.g., energy efficiency and increased sourcing of renewable electricity for respective production processes. Evidently, these commitments will have a significant impact on the actual environmental performance of the whole single-use system and are therefore vital when assessing and interpreting a hypothetical scenario. However, due to the lack of equal primary information on environmental commitments of plastic producers and/or actors involved in the hypothetical multiple-use system (e.g., dishwashing providers), the baseline assessment will solely be based on current production efficiency reflected in primary data provided by respective actors in combination with e.g., average electricity grid mix provision in the respective countries of production. This approach ensures both comparability between both systems and transferability of results to other producers and actors within both value chains. Moreover, this approach facilitates that site-specific inventories are translated into rather generic and average scenarios which can be compared in a system mostly adhering to secondary data.

### 3.2.11 Normalization and weighting

According to ISO 14040, normalization and weighting of midpoint impact categories are optional parts of the life cycle impact assessment procedure. However, in this study, the contribution to the total impacts is carried out by presenting "Impact categories cumulatively contributing at least 80% of the total environmental impact (excluding toxicity related impact categories)" as reported in the Product Environmental Footprint Category Rules Guidance (version 6.3).

### 3.2.12 Critical Review

According to ISO 14040/44, a panel review has been appointed to evaluate this study.

The review panel is composed by the following reviewers:

- Michael Sturges (lead panelist) RISE Research Institutes of Sweden / RISE Innventia AB, Sweden – a life cycle assessment practitioner with specific experience of environmental studies relating to the packaging and food service sectors.
- Prof. Umberto Arena University of Campania "Luigi Vanvitelli", Italy a chemical engineer with experience of packaging systems, including LCA studies on valorization of paper and plastic waste streams.
- Frank Wellenreuther, ifeu Institut für Energie- und Umweltforschung Heidelberg gGmbH, Germany a life cycle assessment practitioner with specific experience of environmental studies relating to packaging systems.

The complete critical review statement is reported at Section 7 CRITICAL REVIEW STATEMENT

## 4. LIFE CYCLE INVENTORY

In this section, the main assumptions and calculations referring to the life cycle of each of the systems or single items and processes within respective systems are documented. Moreover, relevant process parameters as well as identified data gaps are disclosed. Reference flows, specific datasets for all product systems as well as necessary processes and complete LCIs for both scenarios listing input/output values is disclosed in the **APPENDIX 1. Life Cycle Inventory** (under consideration of confidentiality issues).

### 4.1 **Product systems**

The LCI covers single-use and multiple-use items fulfilling similar functions to serve food products for take-away services from QSRs. Single-use items are based on primary data provided by EPPA members and their suppliers and cover a typical set of items for take-away services. For the hypothetical multiple-use scenario, items produced from plastic are used as alternative options to fulfil similar functions compared to their established single-use equivalents. Data for the MU scenario is obtained from primary sources (QSRs) and secondary sources (literature and Ecoinvent database). **Table 11** in section 3.2.4.1 lists an overview of the items used in the single-use and multiple-use system.

### 4.2 Data sources and data quality assessment

This section provides a detailed and transparent description and discussion of data quality, assumptions, allocation procedures, data gaps, and accompanying calculations. Necessary data and information are collected through different sources and hence can be classified as:

- **Primary data:** data collected/measured directly by a company, e.g., raw material demand, energy (electricity, natural gas, etc.), wastes (emissions as well as solid waste) inputs and outputs for a particular process or product, as well as specific data for the use stage in take-away systems, such as distribution channels repartition, type of washing and type of dishwashers, number of reuses of a product, return rates, means of transport and distances covered. Also, data from scientific papers in Q1 journal with high level of consistency. Data are collected and maintained by subject-matter experts such as material and product engineers, research and development managers, or LCA experts.
- **Secondary data:** data collected through other types of publications, scientific literature, statistics, and LCI databases.

Primary or secondary data comprises full LCI datasets/LCIA results, input-output tables (e.g., bill of materials), and certain reference flows or values.

### 4.2.1 Data collection from industry

Primary data collected from manufacturers is either through LCIA results or own modelling of received input/output sheets (i.e., connecting reference flows and values with applicable datasets and flows from LCI databases) implemented in the LCA model. All data and information received from companies are checked for applicability, completeness, consistency, and plausibility. Data and information obtained are disclosed to the extent confidentiality reasons allow.

### 4.2.2 Data collection from quick service restaurants

Primary data and information obtained from EPPA is also reflected in the functional unit and disclosed to the extent confidentiality reasons allow. Moreover, primary information from operators is used to substantiate and validate crucial assumptions. EPPA members' market shares cover more than 65% of QSRs in Europe. The incorporation of representative data and information with regard to the functional unit, inventory data as well assumptions around the systems can be seen as a distinctive feature compared to other assessments within this field of research.

### 4.2.3 Data collection from literature sources and LCI databases

In case primary data is not available or accessible, secondary data from literature or LCI databases are incorporated and documented in detail. As is common practice in comprehensive LCA studies, LCI datasets (e.g., electricity from grid) are required to integrate primary information from e.g., input-output sheets for processes. Moreover, it is assured that the use of secondary data is applicable and representative in light of the goal and scope of this assessment.

### 4.3 Paper and Polypropylene waste from QSRs – analysis of data and assumptions for End-of-Life

The present LCA study compares two different serving systems, so-called:

- Single Use System: made predominantly of paper and residually of paper coated (PE) items (with PE coating <5 w/w)
- Multiple Use System: made of PP items.

It is widely acknowledged that both paper (coated or non-coated) and plastic (especially polyolefins such as PP) items are potentially recyclable. However, beside technical feasibility of recycling processes, there are several factors that can affect the overall recycling rates of these items in the take-away services, such as:

- Contamination with food and beverage residues.
- Customers' behaviour towards the correct disposal.
- Presence of suitable systems for separate collection of wastes in public places.
- Separation shares at home (which can be assimilated to a Business-to-Customer service) and in the QSRs (which works as a Business-to-Business service).
- Characteristics of the waste management network and value chain in the specific geographical context, such as:
  - Availability of suitable treatment plants.
  - Sorting and recycling rates at treatment plants.
  - Presence of a market for recycled material.

# 4.3.1 General fate of QSR paper and plastics waste generated by take-away orders

It can be assumed that take-away orders are taken out of QSR and consumed in public spaces and at home. As such, the main locations in which the focus waste streams are generated will correspond to these places of consumption. In addition, it cannot be ruled out that a considerable share of take-out orders is consumed in the direct vicinity of the QSR (e.g., in parking space), after which the focus waste streams are discarded in bins belonging to the QSR.

Consequently, the main waste streams from QSR take-away orders are the following:

- Mixed household waste.
- Mixed municipal waste from public spaces.
- Separated paper and plastic waste from households.
- Separated paper and plastic waste from public spaces.
- Paper and plastic waste redirected into the waste management channels.

While it is possible to estimate in a qualitative manner the fate of the focus waste streams, it will be difficult to determine the exact distribution of the shares of the focus waste streams over the different fates:

- Especially data on the share of the focus waste streams discarded in public spaces versus those discarded at home was not found.
- Reliable data on the share of separately collected plastics and paper in public spaces was not found.
- Some data on the share of the focus waste streams which is collected separately from households has been identified but these are subject to considerable uncertainties.
- Data on the share of the focus waste streams generated from take-away orders but discarded in QSR is not available.

Given the uncertainties as presented above it should be also considered that shares of separately collected plastics and paper in public spaces across the EU will vary greatly due to differences in management of public waste among Member States.

Considering the perimeter of the Study (EU average), the main publicly available data regarding recycling rate of waste streams is **data from Eurostat**<sup>31</sup>, that refers to overall packaging waste streams (including Paper and Plastic packaging). When considering rates for the SU system, on the one side, Eurostat reports recycling rate for "paper and cardboard packaging" (**82.9%**), but it is clear that this value could be highly affected by cardboard share, which is associated to very high recycling rates, and it cannot be representative for the study. On the other hand, recycling rate for plastic packaging reported by Eurostat (**41.8%**) includes all types of polymers and both commercial/household streams, whose consideration does not completely reflect the context of this study.

Due to a lack of reliable and detailed material flow information on the current and future downstream pathways of disposed SU and MU items, assumptions are made concerning the end-of-life treatment. To do so, different sources have been examined. The more valuable information is derived from:

Antonoupolous et al. (2021)<sup>32</sup>: the authors calculated the plastic waste statistics considering plants with primary data for Germany, France, Spain, Italy, Benelux, Scandinavia and Croatia, thus very representative for Europe. According with the authors, PP waste sorting rate is indicated as equal to 57%, and re-manufacturing rate

<sup>&</sup>lt;sup>31</sup> <u>https://ec.europa.eu/eurostat/databrowser/view/ten00063/default/table?lang=en</u>

<sup>&</sup>lt;sup>32</sup> <u>https://www.sciencedirect.com/science/article/pii/S0956053X21001999?via%3Dihub</u>

equal to 71%. By multiplying these two figures, it can be obtained an overall recycling share of 40.5%, which is in line with figures reported by Eurostat.

Picuno et al. (2021)<sup>33</sup> examined specific materials recycling rates when taking into account Deposit Refund System (DRS). For plastic recycling process (including DRS stream and specifically for separate collection), they estimated for two European countries (Germany and The Netherlands) a sorting rate equal to 77%, and a remanufacturing rate equal to 73%. Therefore, an overall recycling share of about 57%.

For SU system no specific data regarding collecting and recycling have been identified, however it is acknowledged that QSRs are involved in projects to increase the shares of separated collection and recycling of wastes. For example, different agreement between QSRs and National Federations/Consortia of Paper Packaging have been signed<sup>34</sup> to significantly increase (to reach 100%) the separated collection, the sorting and the recycling of wastepaper packaging for food contact (including paper coated items).

### 4.3.2 Symmetrical approach

In the previous in-store LCA study (Ramboll, 2020), a symmetrical approach for paper and PP was assumed: this means that hypothetical recycling and incineration share (of 30% and 70%, respectively) were assigned to the treatment of both SU and MU items. These figures considered the followings:

- 1. Conservative approach: low recycling rates might be more penalizing for paper.
- 2. Fair comparison: using the same assumption to each system.

Results of the in-store LCA study (Ramboll, 2020), about EoL phases highlighted the following:

- Efficiency of recycling has significant effect on freshwater consumption and resource depletion rather than on Climate change
- Different EoL recycling rate in general have minor effects on results of MU system (0%, 30% and 70% were tested for both systems)
- Higher recycling rate (i.e., 70%) reduced impacts for SU system mainly in the following impact categories: fine particulate matter, freshwater consumption, freshwater eutrophication, ionizing radiation, terrestrial acidification
- In general, implementing different EoL recycling rates does not alter significantly the overall comparison of the two systems.

When shifting to the present take-away LCA study, a further element should be considered, which is the share of separation at home. To the best of our knowledge, there are no sources reporting figures related to share of separation at home. However, it is generally recognised that B2B systems have better waste management, including separation compared to B2C systems.

Considering these uncertainties, it is confirmed that:

 keeping a symmetric approach for both systems is confirmed to be most appropriate for a fair comparison;

<sup>&</sup>lt;sup>33</sup> <u>https://www.mdpi.com/2071-1050/13/12/6772</u>

<sup>&</sup>lt;sup>34</sup> <u>https://www.comieco.org/mcdonalds-seda-e-comieco-alleati-per-la-sostenibilita/</u>

• it is worth keeping a conservative approach adopting lower recycling rate in the baseline (i.e., 30% for both systems,) even if this choice might be more penalizing for paper.

Thus, a certain amount of landfilling cannot be excluded, also by taking into account specifications provided for by applicable legislation (e.g., Directive EU 2018/850) which obliges Member States to limit the amount of municipal waste due to be landfilled to 10%.

Based on this, the EoL approach used for the baseline is a symmetrical approach for SU and MU systems, with the following shares:

- 30% recycling.
- 60% incineration.
- 10% landfilling.

In addition, for MU system there is also a residual share of items disposed of within QSRs, which is represented by those items that are returned to QSRs but are no longer usable. For these items higher recycling rates are assumed considering that take-back systems are normally organized on purpose to guarantee collection and recycling of items. Those MU items that are returned to QSRs are therefore assumed to be 70% recycled and 30% incinerated.

Beside this, a set of sensitivity analyses specifically focused on EoL shares was performed, in order to test the effects of the variation of End-of-Life shares on overall results. These sensitivity analyses are reported in **section 5.3**.

### 4.4 Single-use system

The SU system includes the following major life-cycle stages:

- Raw material production and processing (upstream);
- Converting (upstream);
- Distribution (upstream);
- Use (core);
- End-of-life treatment (downstream).

The life cycle inventory for this system includes the product items listed in **Table 11** in section 3.2.4.1.

### 4.4.1 Raw material production and processing (upstream)

Primary LCI data for pulp and paper products obtained in the In-store LCA study among EPPA members has been updated for this study. Therefore, this study takes into account the most recent data from producers located in countries representative for the pulp and paper market situation in Europe (e.g., Sweden, Finland, Austria).

Primary data for pulp and paper products are implemented through two different approaches. For certain pulp and paper products proprietary LCA models (LCIA impact results) are directly implemented into the LCA model. This approach concerns the pulp and paper products listed in **Table 15**. Further details are disclosed in **APPENDIX 1. Life Cycle Inventory**.

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Chemical pulp (softwood, bleached)	Primary data	Confidential	Finland	1 t pulp	2021
PE-coated paperboard (different variants and specifications)	Primary data	Confidential	Finland	1 t board	2021

Table 15: Primary data for paper making implemented by means of proprietary LCA models (LCIA impact results)

Further paper grades which serve as inputs to distinct converting processes are modelled based on primary data obtained from manufacturers in Europe. The respective paper products are listed in **Table 16**. Further details on the implemented inventory data and modelling choices are disclosed in **APPENDIX 1**. Life Cycle Inventory.

Provider process name	Classification	Source	Geographical coverage	Reference value	Recycled content	Reference year
Thin greaseproof paper with soy-based coating	Primary data	Confidential	Austria	1 t paper	0% recycled content	2020
High- brightness paperboard	Primary data	Confidential	Austria	1 t paperboard	80% recycled content	2019

Table 16: Primary data for paper making implemented by means of inventory data and own modelling

Some paperboard products listed in **Table 16** have recycled content. Therefore, recycled pulp obtained from wastepaper treatment can be assumed as used as input of the paperboard manufacturing. Recycled pulp in this study is modelled following the approach of the PEFCR for recycled input material, with the following processes that are included in the model:

- collection of wastepaper for recycling, and transport to a sorting facility
- sorting into paper grades, and transport to a recycling facility
- wastepaper recycling into recycled fibres.

For the baseline scenario, the following additional assumptions are made (i.e., raw material production/processing):

 Upstream processes refer to the respective geographical context of the paper mill or manufacturer; thus, representing Finland and Austria. These geographies can be considered representative for an average European supply chain, since they are in line with the geographical distribution of paper pulp production in Europe described by the Best Available Techniques (BAT) Reference Document for the Production of Pulp, Paper and Board (2015) (Suhr et al., 2015);

- Paper trimmings at paper mills and other generated wastes (e.g., unspecified nonhazardous/hazardous waste for further processing, metal scrap, sewage sludge, waste heat) are accounted for in the upstream processes;
- Although some paper producers claim 100% green electricity, it is assumed that heat energy and electricity are sourced from the grid, thus representing average conditions in the respective geographies as indicated in the inventories (APPENDIX 2. Life Cycle Inventory - Wastepaper recycling);
- Intermediate transport from paper producers to converters is modelled according to primary data provided by converters.

### 4.4.2 Converting (upstream)

The manufacturing of SU product items (converting process) is modelled based on the most recent primary data obtained from converters among EPPA members based in Germany, Finland, and France (see **Table 17**). For wooden cutlery, secondary data is implemented.

Provider process name	Classification	Source	Geographical coverage	Reference year
Cold drink cup	Primary data	Seda	Germany	2020
Clip on Lid	Primary data	Seda	Germany	2020
Cup holder	Primary data	Hutamaki	Finland	2022
Clamshell	Primary data	Seda	Germany	2020
Paper wrap	Primary data	CEE Schisler	France	2019
Fry bag	Primary data	Seda	Germany	2020
Paper fry bag	Primary data	CEE Schisler	France	2019
Ice Cream Cup	Primary data	Seda	Germany	2020
Wooden cutlery	Secondary data	Paspaldzhiev et al. (2018)	Europe	2017
Paper bags	Primary data	CEE Schisler	France	2022

Table 4.7. Courses of	and some states the state	the constant	(10) (1) (1) (1) (1) (1) (1) (1) (1) (1) (1
Table 17: Sources of	primary data for	the converting	processes

For the baseline scenario the following additional assumptions are made:

- All converting processes refer to the respective geographical context of the converter's site location. Thus, inventories reflect technologies and processes taking place in Finland, Germany, and France. These locations as well as specific converting processes, as already mentioned above, are representative of an average European supply chain in this market. In order to make the converting processes and environmental effects as representative as possible, EU-average background processes (e.g., for electricity or thermal energy) are selected in the models;
- Types and amounts of packaging materials (cardboard and PE foils) for all single-use product items (except for wooden cutlery) are based on primary data from converters;

### 4.4.3 Distribution (upstream)

Transport from converters to QSRs is assumed to represent an average distance from the location of the respective converter to a central location in Europe such as France or Germany (i.e., 400 km for converters based in FR, 800 km for converters based in DE, 2.700 km for converters based in FI). The transport demands are based on the specific product and packaging weights required to fulfil the functional unit. These assumptions are implemented with the dataset indicated in **APPENDIX 1. Life Cycle Inventory**.

### 4.4.4 Use stage (core)

The use stage within the single-use system is only represented by the transportation of the items to points of consumption. This happens with different means of transport (car, scooter, bike, public transport, or by walking).

The average distance for take-away services is usually between 2 km and 5 km (based on literature data (Allen, Piecyk and Piotrowska, 2018; Corr, 2019; Allen *et al.*, 2021) and on confidential QSRs data). However, since these trips are symmetrical for SU and MU systems, they are excluded from the analysis.

### 4.4.5 End-of-life treatment (downstream)

Two types of wastepaper are taken into account: pre-consumer and post-consumer. Preconsumer wastepaper is related to waste generated during converting, such as trimmings for the manufacturing of SU products. It further includes EoL treatment of corrugated board boxes used for shipment of SU products to QSRs. Post-consumer wastepaper is the waste generated at end of life of SU products, after use.

For pre-consumer wastepaper, standard procedure at converting sites is to recycle fibres (B2B level). Therefore, 100% recycling share of these trimming is assumed. The same assumption is made for corrugated board boxes used internally for transporting SU product items to QSr. For pre-consumer waste plastics used as packaging material for shipment, the same assumption is made.

For post-consumer wastepaper, EoL shares are assigned to each product. Material at EoL is therefore either recycled (with material recovery) or incinerated (with energy recovery). It is assumed that 30% of paper waste material fractions are materially recycled by means of recycling processes (see section 4.3).

### 4.4.5.1 Recycling

In this study, wastepaper recycling depends on the type of wastepaper treated. Two types of materials are considered: non-coated paperboard (including corrugated grades of shipment boxes), coated paperboards used in SU products (including pre-consumer trimmings for their manufacturing).

For non-coated paperboard and corrugated grades, the approach for modelling wastepaper recycling is given in detail in **APPENDIX 2. Life Cycle Inventory - Wastepaper recycling**. The resultant LCI describes the recycling of wastepaper from placing the recovered wastepaper into the pulper to recovered pulp, and it refers to 1 ton of recovered pulp.

For coated paperboard, a specific LCI for wastepaper recycling (confidential data) was described in the in-store LCA study by Ramboll on behalf of EPPA (Ramboll, 2020). This is primary gate-togate inventory data of a dedicated recycling process for plastic (PE)-coated paperboard products.

#### Data for both wastepaper recycling processes is given in Table 18.

Table 18: Sources of primary data for coated/uncoated paper recycling implemented by means of inventory data and own modelling

Provider process name	Classification	Source	Geographical coverage	Reference year
Wastepaper recycling, corrugated grades	Hybrid data (primary and secondary)	Calculations and expert judgment	Europe	2021
Recycling of sorted paperboard from post- consumer waste PE- coated paper	Primary data	Confidential	Europe	2019

Product waste is assumed to be transported over a distance of 100 km to a waste recycling facility via lorry (> 32 tons, EURO 4).

### Avoided emissions (credits)

Credits for avoided material production (when recycling) and credits for avoided energy production (when incinerating) are taken into account in this study.

To model the avoided environmental emissions in the corrugated board packaging product systems, the following approach is taken:

- It is assumed that the recycled pulp as output of the wastepaper recycling is substituted by virgin pulp
- It is assumed that credits for avoided emissions of virgin pulp products are assigned by considering EU average paper grades. When factoring in further industry statistics, the resulting shares of avoided pulp products per ton of recovered pulp are as follows<sup>35</sup>: 78% chemical pulp, 22% mechanical and semi-chemical pulp.
- · The substitute for chemical pulp is assumed to be sulphate pulp.
- As substitute for pulp, it is assumed that it consists of one third stone groundwood pulp, one third thermo-mechanical pulp and one third chemi-thermomechanical pulp.

### 4.4.5.2 Incineration

60% of wastepaper as well as all PE from coating associated with certain SU products within the system are assumed to be incinerated with energy recovery (see section 4.3). **APPENDIX 1. Life Cycle Inventory** presents dataset used in the model. Other minor constituents of the single-use waste products (e.g., inks, glue) are neglected during the EoL treatment. Hence, no environmental impacts or credits are accounted for.

<sup>&</sup>lt;sup>35</sup>Market pulp consumption was reported by CEPI in 2021 report ("Total pulp consumption by grade and market pulp consumption"), see <a href="https://www.cepi.org/wp-content/up/oafs/2021/07/Key-Stats-2020-FINAL.pdf">https://www.cepi.org/wp-content/up/oafs/2021/07/Key-Stats-2020-FINAL.pdf</a>

### Avoided emissions (credits)

When the material is incinerated, electricity and heat is produced and recovered. The potential benefits of the recovered energy lays in replacing electricity and heat that would have been produced from other sources. To model the avoided electricity and heat production, the average consumption electricity grid mix at European level. Inputs for the model are shown in **APPENDIX** 

### 1. Life Cycle Inventory.

Product waste is assumed to be transported over a distance of 100 km to a waste incineration facility via lorry (>32 tons, EURO 4).

### 4.4.5.1 Landfilling

As deeply investigated in section 4.3, it is not possible to estimate the share of separation at home, nor exact recycling rates for paper products resulting from the analysed system. Based on discussion reported in section 4.3, and considering figures reported by analysed sources and related uncertainties, a symmetrical approach for SU and MU systems is confirmed to be most appropriate for a fare comparison, also including a 10% of landfilling, by taking into account specifications provided for by applicable legislation (e.g., Directive EU 2018/850) which obliges Member States to limit the amount of municipal waste due to be landfilled to 10%.

### 4.5 Multiple-use system

The multiple-use system includes the following life-cycle stages (in general, equal to the singleuse system):

- Raw material production and processing (upstream);
- Converting (upstream);
- Distribution (upstream);
- Use (core);
- End-of-life treatment (downstream).

The life cycle inventory for this system includes the product items listed in **Table 11** in section 3.2.4.1.

### 4.5.1 Raw material production and processing (upstream)

The production phase of multiple-use items is modelled using secondary data reflecting the cradle-to-gate production of items from raw materials. It therefore includes also the conversion towards final multiple-use items. Key assumptions for this step are:

- Compared to the primary data in the single-use system, the following input processes are considered for multiple-use items:
  - Production and manufacturing of raw materials and product items (e.g., plastic granulate production and injection moulding to final product including intermediate transport);
  - Generic processes for manufacturing packaging materials (e.g., paper corrugated board, PE foil for wrapping);

A detailed overview of the individual items and their weights can be obtained from **Table 11**. Further details on the implemented inventory data and modelling choices are disclosed in **APPENDIX 1. Life Cycle Inventory**.

### 4.5.2 Converting (upstream)

Due to the simplified modelling of multiple-use items based on secondary data from LCI databases, conversion of raw materials to final products is already included in the raw material production stage described above.

### 4.5.3 Distribution of final products (upstream processes)

Transport from producers to QSRs is modelled following the suggestion by Plastic LCA method (Nessi *et al.*, 2021), considering production in Europe and in particular:

- 230 km by truck (>32 t, EURO 4);
- 280 km by train (average freight train);
- 360 km by ship (barge).

More details are reported in APPENDIX 1. Life Cycle Inventory.

### 4.5.4 Use stage and reuse (core process)

This stage is modelled by considering the phases of transport from QSR to point of consumption, preliminary washing, transport back to QSRs and professional washing and drying in QSRs before reuse.

The following key assumptions are made for the baseline scenario of the multiple-use system:

- Transport from QSR to point of consumptions is symmetrical for SU and MU systems (see also **section 4.4.4**). It is then excluded from the analysis.
- An average scenario for preliminary washing is used to reflect different possible processes. It considers an equal share of handwashing, dishwashing, cold rinsing and dry wiping, and is applied to half of total items taken back to QSRs (with the exception of those bought by means of drive through, which are assumed to be returned directly after consuming food and beverages as conservative assumption, see further details in Table 20).
- The phase of transport back to QSR is considered, being this exclusive of the MU system.
- For returning MU items to QSRs, a decentralized take-back mechanism is considered, where MU items are returned to collection points by consumers.
- For on-the-go, click and collect and delivery, it is assumed an average distance between QSR and point of consumption of 3 km (as reported by QSRs in specific data gathering questionnaires prepared by Ramboll). For drive through, as conservative assumption, it is assumed that food and beverages are consumed near the QSR and MU items are returned directly after consumption of food and beverages, covering a distance of 1 km.
- It is then assumed that trips for returning MU items to QSRs can provide a multifunctionality (i.e., a trip not only intended to return MU items, but also intended for other reasons external to the system boundaries), however multifunctionality may be highly affected by consumers' activities, decisions, and behaviour. There are limited

studies that provide analytics on behaviour toward take-back program. In this study the impacts associated with these trips are only partially allocated to the system, assuming - in the baseline - that only 50% of consumers make the average distances described above specifically for returning the MU items. According to this scenario, 1/2 of trips for take-back are neglected (e.g., 1 out of 2 people return MU items in case of buying of another menu). Given the unpredictability of customers' behaviour more conservative scenarios have been also tested with sensitivity analysis.

- Average reuse rate of 50 reuses and average return rate of 50%<sup>36</sup> are considered as reported by confidential QSRs data (gathered by means of specific questionnaires prepared by Ramboll to assure reliability of potentially key figures). Reuse rate and return rate also include potential replacement reasons such as damages, stains, theft or loss.
- Washing, rinsing and drying processes are performed in-house (in QSRs) by means of hood-types dishwashers (as reported by confidential QSRs data); inputs to these processes are based on literature values for water, energy, detergent and rinse agent demand (per item basis). An average scenario for dishwashers is used to reflect different grades of devices' efficiencies (see further details below and in **Table 21**).
- State-of-the-art detergent, rinse agent and softener compositions are assumed (although data gaps exist in the exact chemical composition and demands on a per item basis).
- Average rewashing rate for all items of 10% is considered: this assumption is to consider the presence of persistent residues that might remain after washing (Antony and Gensch, 2017). The presence of persistent residues is a peculiarity of take-away systems, since items could be returned in a long time frame (e.g., weeks) after food consumption, which leads to food/beverages encrustations. For this reason, the rewashing rate value has been increased to 10% (the original publication reports a 5% rewashing rate referring to items that are washed immediately after their use) to consider this further constraint of the system. However, the exact rate will depend on organisational structures in a QSR (e.g., time between serving of tableware and washing; pre-rinsing of tableware by hand, time frame before returning MU items).

### **Transport back to QSRs**

As already described above, the number of trips considered to take-back MU items to QSRs and related distances covered have been included in accordance with defined system boundaries (see 3.2.3 System boundaries). When taking into account the trips to take-back MU items, it is assumed that they can start from/end in different points (e.g., the customer can be already in the street near the QSR or can consume food in the nearby area). Moreover, these trips can provide a multifunctionality (i.e., a trip not only intended to return MU items, but also intended for other reasons external to the system boundaries), thus the impacts associated with these trips are only partially allocated to the system, assuming a trip half of the average delivery distance, as explained in the following:

• For on-the-go, click and collect and delivery, it is assumed an average distance between QSR and point of consumption of 3 km (as reported by QSRs in specific data gathering questionnaires prepared by Ramboll). For drive through, as conservative assumption, it is assumed that food and beverages are consumed near the QSR and MU items are returned directly after consumption of food and beverages, covering a distance of 1 km.
It is then assumed that trips for returning MU items to QSRs can provide a
multifunctionality (i.e., a trip not only intended to return MU items, but also intended for
other reasons external to the system boundaries), however multifunctionality may be
highly affected by consumers' activities, decisions, and behaviour. There are limited
studies that provide analytics on behaviour toward take-back program. In this study the
impacts associated with these trips are only partially allocated to the system, assuming in the baseline - that only 50% of consumers make the average distances described
above specifically for returning the MU items. According to this scenario, 1/2 of trips for
take-back are neglected (e.g., 1 out of 2 people return MU items in case of buying of
another menu). Given the unpredictability of customers' behaviour more conservative
scenarios have been also tested with sensitivity analysis.

Trips to reach QSR and to go back are excluded since they are symmetrical for SU and MU systems.

Table 19 reports the shares of means of transport for returning MU items to QSRs, considering different selling channels. The exact shares of total sales in each single channel are not disclosed due to confidentiality of the primary data provided by QSRs operators.

For on-the-go and click and collect, no information is available related to the specific means of transport utilised. For this reason, as conservative assumption, an equal share of cars, scooters, bike, public transport and trips by walking are considered. The same assumption is assumed for the take-back of MU items bought by means of delivery.

Selling channel	Share of total sells	Means of transport	Share of total means of transport in the specific selling channel
Drive through	Confidential	Car	100%
		Car	One fifth
		Scooter	One fifth
On-the-go, click and collect	Confidential	Bike	One fifth
an the second second second second		Public transport	One fifth
		Walking	One fifth
	Car One Scooter One Confidential Bike One	Car	One fifth
		One fifth	
Delivery*		Bike	One fifth
	Public transport One fifth		One fifth
		Walking	One fifth

Table 19: Shares of means of transport for returning MU items to QSRs, considering different selling channels

\* For the delivery selling channel, items are mostly delivered by means of scooters and bikes (as reported by primary data from QSRs and from literature data), but since the take-back system is performed by customers, the same means of transport assumed for on-the-go and click and collect are assumed for this phase. Details related to Ecoinvent processes considered for modelling this phase are reported in **APPENDIX 1. Life Cycle Inventory**, with the obvious exception of walking, which not entail any environmental burden. Manufacturing of means of transport is excluded from the analysis.

## **Preliminary washing**

For the preliminary cleaning/washing stage of MU items, different methods were identified. Different companies working with reusable meal containers encourage the customers to either not clean them or only clean them shortly by rinsing with cold water (Verburgt, 2021). However, this also depends on customers behaviour. It is therefore possible that the customer will thoroughly clean the meal containers already after use anyway, even though they will also be professionally cleaned. However, in order to reflect different possibilities, the following assumptions are taken into account:

- Preliminary washing is not considered for MU items not returning to QSR (i.e., those for which the return rate does not apply).
- Among the items returning to QSR (i.e., those for which the return rate does apply), preliminary washing is considered just for 50% of items. This is a conservative assumption considered to reflect the possibility that a share of items is returned without a preliminary washing.
- For drive through selling channel, it is assumed that preliminary washing is not performed, since MU items are assumed to be used nearby the QSR and directly tookback.

For the modelling of this stage, four different system configurations were taken into account:

- 1. Handwashing
- 2. Dishwashing
- 3. Dry wiping (with paper towels)
- 4. Cold water rinsing

For handwashing, the data were obtained from research by Verburgt (2021) and Potting and van der Harst (2015) and complemented with data from Joseph *et al.* (2015) and data from Martin, Bunsen and Ciroth (2018). It is expected that hot water and detergent are required for handwashing an item, and that paper towels are used for drying it. Data reported in these studies have been recalculated with reference to the average volume of items considered in this study. Thus, 1.5 L of water, 0.09 kWh for heating the water (based on an 85% efficiency natural gas boiler), 1.5 g of detergents and 5.8 g of paper towels are required. The treatment of wastewater required as a result of washing the container was added, assuming that the amount needs to be the same as the water input according to Martin, Bunsen and Ciroth (2018).

For dishwashing, data were obtained from research by Verburgt, (2021) and Potting and van der Harst (2015). It is expected that a dishwasher uses 0.27 L of water, 0.03 kWh of electricity, 0.28 g of detergent and 0.03 g of rinse agent per item (with reference to the average volume of items in this study). The treatment of wastewater required as a result of washing the items was also added (Martin, Bunsen and Ciroth, 2018). Data for this process are different from those reported in the following for professional washing, since it is expected a sensible difference between dishwashers for domestic use and those for professional use.

For dry wiping, it is expected that the same amount of paper towels is required as included in the handwashing option.

Data for cold water rinsing were based on research by Binstock, Gandhi and Steva, (2013). Table 20 provides an overview of the collected inventory data for the four options. The final reference process is the average of the four considered options.

Details related to the modelling of this phase can be found in APPENDIX 1. Life Cycle Inventory.

Average Handwashing Cold preliminary Dry Dishwashing (including wiping rinsing washing rinsing) process Energy demand 0.09 0.03 0\* 0\* [kWh/item] Water demand 1.5 0.27 0\* 1.5 [l/item] Detergent 0\* 0\* 1.5 0.28 [g/item] **Rinse agent** 0.03 0\* 0\* . [g/item] Paper

0\*

0.27

Table 20: Technical specifications of preliminary washing methods (LCI data).

Source Based on (Joseph Based on (Binstock, Based on (Joseph Based on (Joseph et Gandhi and et al., 2015; (Potting and al., 2015; Steva, Potting and van van der Harst, Potting and 2013; der Harst, 2015; 2015; Bosch, van der Martin, Martin, Bunsen 2020; Harst, Bunsen and and Ciroth, 2018; Verburgt, 2015; Ciroth, Verburgt, 2021) Verburgt, 2018; 2021) Verburgt, 2021)
--

\*the considered value is zero since the parameter is not applicable for the specific washing method.

## Professional washing and drying

5.8

1.5

towels

[g/item] Wastewater

treatment

[l/item]

In commercial dishwashers, washing is performed with standard temperature (generally higher than 65°C), followed by a rinsing process performed at temperatures higher than 85°C for hygiene reasons (Ferco, 2009). Washing can be performed with different dishwasher types,

0.03

0.81

0.43

0.01

2.9

0.81

0\*

1.5

5.8

0\*

ranging from undercounter devices to hoods or conveyor-based dishwashers. Generally, two types of commercial dishwashers are considered suitable to be used (and installed) in QSRs in an inhouse washing scenario: undercounter and hood-type dishwashers. In general, undercounter dishwashers are smaller, cheaper, with longer cycle time and higher energy and water demand than hood-type machines (Rüdenauer et al., 2011).

Based on data provided by QSRs operators, the type of dishwashers to be installed and used for washing MU items is hood-type. To reflect the different options of hood-type dishwashers in QSRs and the different levels of efficiencies, an average washing scenario is assumed for the baseline comparison. This average washing scenario consists of three options of hood-type dishwashers based on the fabrication year (2011, 2017, 2021), resulting in different demands for electricity, water and chemicals.

Due to limited existing experience with washing processes of multiple-use items in QSRs and limited data availability for washing demands on a per item-basis, each option is weighted equally to define an overall average washing scenario for the in-house washing process.

With respect to drying of tableware after dishwashing, it is often performed using residual heat from rinsing. For plastic items however, drying with residual heat only is not sufficient, but a dedicated drying phase for plastic products is required to ensure completely dried items after washing (e.g., through a combination of drying and ventilation). This is essential for hygiene reasons as omitting the drying phase may lead to cross-contamination or bacterial development in moist environments. Literature information identified for the hood-type dishwashers focuses on ceramic products only. Thus, it must be assumed that plastic item washing and drying in QSRs requires additional energy for a dedicated drying process. According to literature data, drying accounts for approximately 30% of the overall energy demand for washing and drying<sup>37</sup>. Therefore, energy demands reported in literature for the hood-type devices are assumed to reflect 70% and are increased by 30% to model in-house dishwashing of plastic-based multiple-use items, with the exception of Winterhalter dishwashers, which possess dedicated plastic washing and drying programmes that ensure plastic items are completely dry. The reported energy demands are therefore considered sufficient for drying PP products in a QSR context.

Data for modelling detergent, rinse agent and softener demands are retrieved from literature as far as available on a per item basis. Chemical composition is based on (Rüdenauer *et al.*, 2011) and was combined with expert judgement to reflect regulatory and efficiency developments since 2011<sup>38</sup>. Resulting compositions for detergent and rinse agent used to model the washing process of multiple-use items are listed in **APPENDIX 1. Life Cycle Inventory** 

The different washing options, along with their LCI data and the resulting overall average used for the baseline comparison, are summarised in **Table 21**. Inputs for the washing and drying processes are energy demand (kWh/item), water demand (litres/item), detergent, rinse agent and softener demand (g/item). More details related to the modelling of this phase can be found in **APPENDIX 1. Life Cycle Inventory**.

<sup>&</sup>lt;sup>37</sup> 30% is an approximation based on: 26% reported by EC, JRC (2007), Best Environmental Practice in the tourism sector; 33% reported for Meiko Flight Conveyor Dishwasher by Slater (2017), Energy Efficient Flight Conveyor Dishwashers; 32% reported for Hobart Flight Conveyor Dishwasher by Slater (2017), Energy Eff cient Flight Conveyor Dishwashers.

<sup>&</sup>lt;sup>38</sup> Expert judgement was done by in-house chemists with experience in the sector. Reported compost ons for 2011 were deemed outdated due to regulatory restrictions of potassium use.

	Hood	Hood-type dishwasher		
Reference year	2011	2017	2021	
Energy demand* [kWh/item]	0.024	0.014	0.014	0.017
Water demand [l/item]	0.16	0.08	0.23	0.16
Combined detergent, rinse agent and softner demand [g/item]**	0.50	0.17	0.44	0.37
Source	Based on (Rüdenauer et al., 2011)	Based on (Antony and Gensch, 2017)	Based on Winterhalter (2021)	

Table 21: Technical specifications of dishwashers for the inhouse washing and drying scenario (LCI data).

## 4.5.5 End-of-Life Treatment (downstream processes)

The following key assumptions are made for the treatment and disposal of multiple-use items after they reach their end of life:

- Items are separately collected and disposed of in dedicated containers (without implications for environmental impacts);
- Items are expected to be transported by waste collection company to waste treatment facility (100 km transport distance via lorry is assumed);
- It is not possible to estimate the share of separation at home, nor exact recycling rates for PP products resulting from the analysed system. Based on discussion reported in paragraph 4.3, and considering figures reported by analysed sources and related uncertainties, a symmetrical approach for SU and MU systems is confirmed to be most appropriate for a fare comparison, also including a certain amount of landfilling, by taking into account specifications provided for by applicable legislation (e.g., Directive EU 2018/850) which obliges Member States to limit the amount of municipal waste due to be landfilled to 10%.

Based on this, the EoL approach used for the baseline is a symmetrical approach for SU and MU systems, with the following shares:

- 30% recycling.
- 60% incineration.
- o 10% landfilling.

Sensitivity analyses are performed with different EoL shares.

- In addition, for MU system there is also a residual share of items disposed of within QSRs, which is represented by those items that are returned to QSRs but are no longer usable. For these items higher recycling rates are assumed considering that take-back systems are normally organized on purpose to guarantee collection and recycling of items. Those MU items that are returned to QSRs are therefore assumed to be 70% recycled and 30% incinerated.
- Packaging waste (corrugated board box and PE stretch foil used in upstream for transport from manufacturing to QSR) is sent to recycling.

Recycling process of polypropylene has been modelled by implementing data from Cardamone, Ardolino and Arena (2021). Even though the original publication refers specifically to plastics from Waste of Electrical and Electronic Equipment (WEEE), using these data can be considered a more realistic assumption since secondary data from Ecoinvent refer to formal/informal recycling process in India, which does not reflect current recycling processes in Europe. Main consumption data are reported in **APPENDIX 1. Life Cycle Inventory**, assuming a sorting and remanufacturing overall efficiency of 90% (Cardamone et al., 2021). Data for water consumption is an average value from Schwarz *et al.* (2021) and Perugini, Mastellone and Arena (2005).

In order to account for environmental benefits associated with the recycled material and recovered energy during recycling and incineration processes, secondary plastic granulate and electricity as well as thermal energy are implemented as avoided burdens. Details can be found in **APPENDIX 1. Life Cycle Inventory.** 

## 5. LIFE CYCLE IMPACT ASSESSMENT RESULTS AND INTERPRETATION

By using the baseline model, impact results are provided, and main contributors to the results are presented for each impact category, allowing for a comparison between the two systems. Moreover, a contribution analysis is facilitated by showing contributions for each life cycle stage within the respective systems. For each impact category, the most important emissions are reported, as well as the most relevant sources of impacts on LCI level.

Analysis of relevant findings for the comparative assertion follows a consistent terminology<sup>39</sup> as presented in **Table 22**.

Relative difference in %	Terminologies in comparative assertion and interpretation of results
<5%	marginal difference (i.e., uncertainty threshold)
5-10%	minor difference
10-20%	noticeable difference
20-30%	moderate difference
30-50%	significant difference
>50%	very significant difference

## Table 22: Terminology for results interpretation

By using classification on terminology of **Table 22**, overall results are given in **Table 23**. In the following comparative analysis of the environmental emissions Climate Change is considered as a single impact category. Therefore, the comparative analysis is presented by highlighting differences of SU and MU only for Climate Change total, by excluding a comparison of its three constituents. Yet, in the contribution analysis, investigation on shares of impacts is extended further to the three constituents of Climate Change, total (*Climate change, biogenic; Climate change, fossil; Climate change, land use and land use change*).

The baseline comparison of SU and MU shows that the SU system has lower impacts in all impact categories

Impact category	SU system - Baseline Scenario	MU system - Baseline Scenario	Comments
EF-Acidification [mol H+ equivalents]	77.5	167.6	The single-use system shows very significant benefits (MU is + 54%)
EF-Climate change, total [kg CO2- Equivalents]	20,811	39,788	The single-use system shows significant benefits (MU is + 48%)
EF-Eutrophication, freshwater [kg N equivalents]	5.48	9.28	The single-use system shows significant benefits (MU is + 41%)

Table 23: Summary of aggregated total impacts of the baseline scenario and discussion of the insights through the sensitivity analyses.

<sup>39</sup> The terminology used for interpretation is based on relative difference in %, where the system with associated highest impact for each category is set to 100% and the other system is normalized to this value.

Impact category	SU system - Baseline Scenario	MU system - Baseline Scenario	Comments
EF-Eutrophication, marine [kg P equivalents]	37.8	49.6	The single-use system shows moderate benefits (MU is + 24%)
EF-Eutrophication, terrestrial [mol N equivalents]	254.5	449.3	The single-use system shows significant benefits (MU is + 43%)
EF-Ionising radiation, human health [kBq U235 equivalents]	3,976	4,318	The single-use system shows minor benefits (MU is + 8%)
EF-Ozone depletion [kg CFC11 equivalents]	0.00276	0.00561	The single-use system shows very significant benefits (MU is + 51%)
EF-Particulate matter [disease incidence]	0.00083	0.00188	The single-use system shows very significant benefits (MU is + 56%)
EF-Photochemical ozone formation - human health [kg NMVOC equivalents]	69.8	213.5	The single-use system shows very significant benefits (MU is + 67%)
EF-Resource use, fossils [MJ]	314,931	581,979	The single-use system shows significant benefits (MU is + 46%)
EF-Resource use, minerals and metals [kg Sb equivalents]	0.06	0.32	The single-use system shows very significant benefits (MU is + 82%)
ReCiPe 2016 Midpoint (H)-Water consumption	136.8	224.5	The single-use system shows significant benefits (MU is + 39%)

Figure 7 shows the relative impacts of both system per impact category - the system with associated highest impact for each category is set to 100%, and the other system is normalized to this value, to facilitate the visualization and the difference between the results.



Figure 7 Results of both SU and MU systems, normalized to the highest impacts per impact category

## 5.1 Contribution analysis

The contribution of each life cycle stage is reviewed for all assessed impact categories in Figure 8 (SU system) and Figure 9 (MU system) below. The contribution analysis shows that the environmental hotspots of the two systems (SU and MU) predominantly occur in different life cycle phases in the two systems (see the full report for more details):

- environmental impacts in the SU system are predominantly driven by the Raw material extraction and Converting life cycle stages,
- environmental impacts in the MU system are predominantly driven by Use phase transport and Washing life cycle stages.

Please refer to APPENDIX 5. Results of contribution analysis in tabular form for the result in table form.



## Figure 8 Contribution analysis of SU system (credits are excluded)

Figure 8 shows results of the contribution analysis of life cycle stages by excluding credits for SU system. Therefore, only impacts are considered. The potential environmental impacts of the SU system are largely driven by Paper manufacturing, which includes **Raw material extraction and manufacturing** and **Converting** (more than 70% in all impact categories). Next to paper manufacturing, the **Distribution** life cycle stage plays an important role in all categories (between 10-20% in all impact categories). In general, Ionizing radiation category is influenced by nuclear power share in the electrical grid mix for manufacturing paperboards, especially in northern countries of EU and in France. This would be also relevant for the converting process, which is mainly driven by the consumption of electrical energy.

Other life cycle stages contribute from around 5% (in Ionizing radiation) to around 18% (in Climate Change, total), and therefore represent a minor part in the total life cycle. It can be noted that potential environmental emissions are distributed with the same contributions in the different impact categories. In particular, the EoL life cycle stage contributes from 1% (Ionizing radiation) to around 10% (Water consumption). The latter is mainly due to water used in the recycling process for producing virgin pulp at the end of such process.

The contribution analysis for the MU system is given in Figure 9.



## Figure 9 Contribution analysis of MU system (credits are excluded)

Figure 9 shows results of the contribution analysis of life cycle stages by excluding credits for MU system. Therefore, only impacts are considered. The potential environmental impacts of the MU system are largely driven by Use phase transport with a contribution from 77% (in Ozone depletion and Resource use, minerals and metals categories) to 20% (in Water consumption category). This depends mostly on the contribution of EURO4 cars in all considered selling channels, whose impacts are always strongly higher than those of all other means of transport.

The second most relevant life cycle stage is the **Washing** (particularly for *Eutrophication* freshwater, Ionising radiation and Water consumption impact categories), which contributes from 45% (Eutrophication, freshwater category) to 7% (in Ozone depletion, Photochemical ozone formation and Resource use, minerals and metals categories). This is linked to water and energy consumption, especially for handwashing performed for preliminary washing at home.

Other life cycle stages (Raw material extraction and manufacturing and End-of-Life) play a limited role, with the exception of *Resource use, fossils* and *Water consumption* impact categories, for which Raw material extraction and manufacturing has impact around 25% of total, due to resource and energy use for productive process of polypropylene.

## 5.2 Contribution to the total impacts (PEF method)

In order to present the contribution to the total impacts, the Product Environmental Footprint Category Rules Guidance (version 6.3) reports a methodology for "Impact categories cumulatively contributing at least 80% of the total environmental impact (excluding toxicity related impact categories)". Note that also Water consumption impact category is excluded, since it has been calculated with a different LCIA methodology (ReCiPe 2016 Midpoint (H)). Following this procedure, the results show:

- SU system: Based on the normalized and weighted results, and excluding the toxicity
  related impacts, the most relevant impact categories are Acidification, Climate Change,
  total, Particulate matter, Photochemical ozone formation, human health and Resource
  use, fossils for a cumulative contribution of 81.5% of the total impact (Table 24).
- MU system: Based on the normalized and weighted results, and excluding the toxicity
  related impacts, the most relevant impact categories are *Climate Change, total, Particulate matter, Photochemical ozone formation, human health, Resource use, fossils*and *Resource use, minerals and metals* for a cumulative contribution of 84.6% of the total
  impact (Table 25).

Most relevant categories common to both systems are indicated in the brown cells, while most relevant categories for only one system are indicated in orange cells.

Single-use system - Impact category	Contribution to the total impact (%), excluding toxicity impact categories
EF 2.0 Acidification [Mole of H+ eq.]	5.7%
EF 2.0 Climate Change - total [kg CO2 eq.]	36.4%
EF 2.0 Eutrophication, freshwater [kg P eq.]	3.9%
EF 2.0 Eutrophication, marine [kg N eq.]	2.6%
EF 2.0 Eutrophication, terrestrial [Mole of N eq.]	3.4%
EF 2.0 Ionising radiation, human health [kBq U235 eq.]	3.1%
EF 2.0 Ozone depletion [kg CFC-11 eq.]	0.5%
EF 2.0 Particulate matter [Disease incidences]	7.6%
EF 2.0 Photochemical ozone formation, human health [kg NMVOC eq.]	5.4%
EF 2.0 Resource use, fossils [MJ]	26.3%
EF 2.0 Resource use, mineral and metals [kg Sb eq.]	5.1%

Table 24 Impact categories cumulatively contributing at least 80% of the total environmental impact for 50 system

Table 25 Impact categories cumulatively contributing at least 80% of the total environmental impact for MU system

Multiple-use system - Impact category	Contribution to the total impact (%), excluding toxicity impact categories	
EF 2.0 Acidification [Mole of H+ eq.]	5.8%	
EF 2.0 Climate Change - total [kg CO2 eq.]	32.8%	
EF 2.0 Eutrophication, freshwater [kg P eq.]	3.1%	
EF 2.0 Eutrophication, marine [kg N eq.]	1.6%	
EF 2.0 Eutrophication, terrestrial [Mole of N eq.]	2.9%	
EF 2.0 Ionising radiation, human health [kBq U235 eq.]	1.6%	
EF 2.0 Ozone depletion [kg CFC-11 eq.]	0.5%	
EF 2.0 Particulate matter [Disease incidences]	8.1%	

EF 2.0 Photochemical ozone formation, human health [kg NMVOC eq.]	7.7%
EF 2.0 Resource use, fossils [MJ]	22.9%
EF 2.0 Resource use, mineral and metals [kg Sb eq.]	13.09%

## 5.3 Sensitivity analysis

The following sections present the performed sensitivity analyses, investigating the influence of critical parameters on the results and the comparative analyses. In this regard, only one parameter (or assumption) is changed per system. This is aimed at keeping transparency and ensure traceability of results. Critical assumptions and their potential effect on the baseline comparison are evaluated, and detailed results are presented per sensitivity scenario and compared to the relevant related counterpart. The performed sensitivity scenarios are based on both the contribution analysis of the baseline comparison and the identified variability regarding critical parameters. As a result, certain potentially sensitive parameters or assumptions are excluded from the quantitative sensitivity analysis as they are found to impact both scenarios equally and hence do not influence the comparative assertion.

## 5.3.1 Scenarios

**Table 26** gives an overview of all production and product related sensitivity analysis presented with different scenarios. To maintain transparency and ensure traceability of results, only one parameter (e.g., number of reuses) or assumption (e.g., EoL fate: shares of recycling, incineration and landfill) has been changed per each sensitivity analysis.

Domain of parameter change	Baseline scenario	Sensitivity analysis
	Number of reuses = 50	S01: Number of reuses = 100
Take-back	Return rate = 50%	S02: Return rate = 70%
system (HO)	1/2 trips to return MU items are neglected (multifunctional approach)	S03: 4/5 trips to return MU items are neglected (i.e., 4 out of 5 people return MU items in case of buying of another menu)
Washing	Preliminary washing at home	S04: no preliminary washing at home
phase (MU)	Hood-type dishwasher	S05: External washing with band transport dishwasher
	End-of-life 30% recycling, (both 60% incineration, systems) 10% landfill (both systems)	S06: 30% recycling, 70% incineration (both systems)
End-of-life (both systems)		S07: 60% recycling, 30% incineration, 10% landfill (both systems)
		S08: Eurostat data: for SU: 82.9% recycling, 7.8% incineration, 9.3% landfill

Table 26: Summary of sensitivity analyses (SU: SU system paper based, MU: multiple-use system plastic based)

#### COMPARATIVE LIFE CYCLE ASSESSMENT (LCA)

SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS

Domain of parameter change	Baseline scenario	Sensitivity analysis
		for MU: 41.8% recycling, 33.5% incineration, 24.7% landfill
	System expansion (i.e., avoided burden) allocation approach	S09: Cut-off 50:50 allocation approach

The sensitivity scenarios are explained in the following sections. The assumptions around these parameters can vary depending on the analysed system, thus more conservative figures are chosen in order to test the robustness of results when varying these parameters.

## Take-back system parameters (S01, S02 and S03)

Number of reuses and return rate in the baseline are chosen based on primary data collected directly from QSRs operators. In the sensitivity analysis, these figures are incremented to simulate a more efficient take-back system. For the number of reuses, a value of 100 reuses is evaluated. This is retrieved from the in-store LCA study (Ramboll, 2020) and represent an average of different figures reported in literature. Even though this value might be too high for a take-away system, it is tested as it can be a key parameter.

With respect to the return rate, 70% is tested. It is understood from discussion with QSRs operators that 70% is the desired return rate for in-store consumption (thus probably too high for take-away system). In fact, based on real data the return rate of in-store is significantly lower than 70%, but it is tested as it can be a key parameter.

The assumptions around the trips to return MU items already provide a conservative approach in the baseline, by considering multifunctionality of trips (as described in **section 4.5.4**). In the sensitivity, these figures are further reduced, considering that 4/5 of total trips to return MU items are neglected. However, results of this scenario reflect a very conservative approach, according to which 4 out of 5 people return MU items in case of buying of another menu

## Washing phase (S04 and S05)

For the preliminary cleaning/washing stage of MU items at home, different methods were identified and described in the baseline. However, different companies working with reusable meal containers encourage the customers to either not clean them or only clean them shortly by rinsing with cold water (Verburgt, 2021). Moreover, this also depends on customers behaviour. For this reason, a scenario without preliminary washing at home is tested.

Regarding the external washing with band transport dishwasher in the MU system (S05), this scenario explores the effects of washing multiple-use items at an external service-provider instead of in-house in QSRs. Therefore, items are assumed to be collected and transported to external washing facilities after each use. Washing and rinsing at the service-provider takes place using a band transport dishwasher<sup>40</sup>, and it is assumed to represent best-available-technique (BAT). Information is provided by Profimiet<sup>41</sup> and data is reported for PP cup washing in the year 2020, including a dedicated drying module to achieve highest hygiene standards.

<sup>45</sup> This type of dishwasher can handle over 8000 plates per hour.

<sup>41</sup> PROFIMIET GmbH, personal communication

Table 27 shows the relative differences of the energy, water and chemicals demands for the external washing process. Further underlying key assumptions for this scenario can be summarised as follows:

- Additional transport to and from service provider is assumed to be 100 km (via lorry);
- Additional weights for packaging using reusable racks are accounted for;
- Production and disposal of racks for transport is excluded;
- Dedicated service providers with respective equipment in place are existing and therefore no new dishwashers need to be produced and installed<sup>42</sup>;

All other assumptions of the baseline scenario (e.g., reuse rates of multiple-use items) remain unchanged.

Table 27: Relative differences of environmentally relevant inputs to the external dishwashing scenario in comparison to the baseline.

Parameter	External washing using a band- transport dishwasher
Energy demand [kWh/item]	0.009
Water demand [l/item]	0.062
Combined detergent, rinse agent and softener demand [g/item]	0.075

## Different End-of-life fate for both SU and MU systems (S06, S07 and S08)

This scenario elaborates results by assuming different recycling rates, different incineration rates, and different landfilling rates. This is due to the uncertainty presented in the baseline scenario, (see section 4.3) and in order to explore further EoL scenarios, which could be of relevance in the EU context. While in the EU the recycling rate for paper and cardboard packaging waste is high (around 82.9%, see Eurostat<sup>43</sup>), this is not methodological clear how to extent this value to the supply chain for quick-service restaurant in a mixed scenario with B2B domain, as well as B2C domain (due to users' behaviours). Therefore, considering the take-away restaurant study focus, an assumption of 30% recycling of post-consumer paperboard waste is implemented for the baseline comparison.

The following different potential scenarios are tested:

- Scenario S06, with 30% recycling and 70% incineration, investigates the absence of landfilling. This is investigated as in many EU countries future landfilling ban at B2B level will be effective, and therefore this scenario could be seen as hypothetical analysis of future effects on EoL rates.
- Scenario S07, with 60% recycling, 30% incineration, and 10% landfill, investigates a symmetrical approach for recycling and incineration by assuming that in the future paper and plastic materials would be subjected to higher recycling rates at equal level, and by

<sup>&</sup>lt;sup>42</sup> For the baseline a generic assumption of two additional dishwashers with a ten-year lifetime is taken into account via a simplified bill of materials <sup>43</sup> https://ec.europa.eu/eurostat/databrowser/view/ten00063/default/table?lang-en

assuming a fixed amount of landfilling that would represents an uncertain parameter that cannot be avoid in all European countries.

- Scenario S08, by using Eurostat data (for SU: 82.9% recycling, 7.8% incineration, 9.3% landfill, and for MU: 41.8% recycling, 33.5% incineration, 24.7% landfill), investigates the consequences by applying a non-symmetrical approach for EoL fate. In this case, the SU system benefits from a higher share of recycling rate, which is mainly driven in Europe by corrugated paperboard. The MU system is however be affected by a lower recycling rate than the SU counterpart, but with higher recycling rate than the baseline scenario.
- Scenario S09, which provides a methodological variation in terms of allocation approach, shifting from the system expansion methodology (i.e., avoided burden method) to the cut-off 50:50. This latter assigns burdens and credits from the recycling processes in equal proportion to the previous and subsequent product in which the material is used (Allacker et al., 2014).

## 5.3.2 Visualization of the sensitivity analysis results

The following charts report the results of the sensitivity analysis for each impact category, showing them in terms of percentage difference between SU and MU systems. The charts have two parts:

- if SU system is less impacting than MU system in a selected impact category, the bars are shown in the upper part of the chart.
- if MU system is less impacting than SU system in a selected impact category, the bars are shown in the lower part of the chart.

This means that the 0% line represent the "starting point", and any variation from that line represent the environmental performance in terms of percentage difference between SU and MU systems when varying a specific parameter (for reference, the baseline scenario is included in the chart).

If the bars are not visible, it means that both systems show a comparable performance when varying that specific parameter (i.e., the bars rely on the 0% line).

With this type of visualization, robustness can be visualized as follows:

- When a parameter is not crucial and does not change the results of the analysis, the bar of the correspondent product is visualized in the same side of the chart (either upper or lower part). This means that, to some extent and depending on the percentage variation of the results, the results due to the variation of the selected parameter could be considered robust
- When a parameter is crucial and changes the results of the analysis, for instance, the bar of the correspondent product is visualized in the opposite side of the chart (either upper or lower part).

All nominal results are given in APPENDIX 6. Results of sensitivity analysis in tabular form.

## 5.3.3 Results of the sensitivity analysis

Results of the sensitivity analysis are given in the following charts. All results in table form are given in **APPENDIX 6. Results of sensitivity analysis in tabular form.** 









As shown in the charts, most of the tested scenarios provide results similar to those of the baseline, confirming a situation in which the percentage difference between SU and MU systems is in favour of SU system (i.e., overall results show that SU is less impacting). Few variations in the results can be obtained when 4/5 of total trips to return MU items are neglected (S03, whose effect is able to turn the results in favour of MU system only for *Eutrophication marine*, *Eutrophication terrestrial*, *Ionising radiation*, *human health*, and *Ozone depletion* categories) and

when considering the external washing (S05, whose effect is able to turn the results in favour of MU system only for *Ionising radiation, human health* category).

Here below, a more detailed discussion is given by presenting a focus on the three groups of scenarios (described above) in the impact categories cumulatively contributing at least 80% of the total environmental impact of both systems (described in **section 5.2**).



Take-back system parameters in MU system (S01, S02, S03)

Figure 12 Sensitivity analysis for take-back system parameters in MU system in the impact categories cumulatively contributing at least 80% of the total environmental impact of both systems.

The chart of **Figure 12** reports results for the variation of the logistic parameters for MU system, showing that such variation does not imply changing in the results of the analysis (i.e., the bars are visualized in the upper side of the chart, meaning that SU system is still less impacting). This also means that the results due to the variation of the selected parameters can be considered robust. Going into detail:

- The variation of number of reuses to 100 is able to provide a little variation for the analysed impact categories (with the exception of *Resource use, minerals and metals*). However, this variation is very limited and does not change the overall results.
- 2. The variation of return rate to 70% even provides a widening of the delta between the two systems (i.e., a higher return rate implies higher impacts for the MU system). For the MU system, a higher return rate means:
  - a. lower impacts for the production and end-of-life phase.
  - b. higher impacts for the use phase transport preliminary washing.

Since use phase transport and preliminary washing phases are the hotspots of MU system, increasing the return rate implies more direct and indirect environmental impacts than avoided ones.

3. The reduction of total trips for take-back, considering that 4/5 of total trips to return MU items are neglected (i.e., 4 out of 5 people returning MU items in case of buying of another menu), provides the largest improvement for MU system with some results almost comparable to those of SU system, but still not changing the results (i.e., SU system is still less impacting).

However, results of this scenario reflect a very conservative approach, according to which 3/4 of trips for take-back are neglected.



## Washing phase in MU system (S04, S05)



The chart of **Figure 13** reports results for the variation of the washing phase for MU system, showing that such variation does not imply changing in the results of the analysis (i.e., the bars are visualized in the upper side of the chart, meaning that SU system is still less impacting). This also means that the results due to the variation of the selected parameters can be considered robust. Overall, the variation provided by both scenarios in the analysed impact category is very limited.

Different End-of-life shares and allocation approach for SU and MU systems (S06, S07, S08, S09)



Figure 14 Sensitivity analysis for different End-of-life shares for both SU and MU systems in the impact categories cumulatively contributing at least 80% of the total environmental impact of both systems

Finally, when analysing the results of different end-of-life shares and allocation approach (**Figure 14**), again it is shown that such variations do not imply changing in the results of the analysis (i.e., the bars are visualized in the upper side of the chart, meaning that SU system is still less impacting). This also means that the results due to the variation of the selected parameters can be considered robust. The Eurostat shares gives a larger delta between the two systems (i.e., by utilising data provided by Eurostat, SU is less impacting than the baseline), even though figures by Eurostat cannot be assumed as fully representative of the analysed system, as explained in **section 4.3**.

## 6. CONCLUSIONS

The chapters above provide background information and results for a comparative LCA of singleuse and multiple-use tableware options for take-away systems in QSRs in Europe (see description of goal and scope of the study in **section 3**). A systems perspective is used to reflect both systems and compare equal functions of single-use and multiple-use product items in an average QSR context in Europe (see **section 3.2** on QSR characteristics and the functional unit used for this LCA). The LCA is performed according to relevant ISO standards 14040 and 14044 and discusses the impacts on a set of twelve environmental impact categories (see **section 3.2.7**). In this regard it is important to emphasise that the eventual selection of the assessed impact categories is the inevitable result of primary data acquisition. More specifically, land occupation and toxicity impact categories are deemed not reliable as appropriate inventory data from suppliers' direct operations (e.g., forest operations) is lacking. The generic exclusion of potentially relevant impact categories for both systems is an unavoidable limitation of this study which needs to be taken into account when interpreting overall results and making decisions in this regard.

With regards to data quality and appropriateness for the goal and scope of this assessment, it is important to differentiate between primary and secondary data (see **section 4.2**) as well as to acknowledge environmentally decisive life-cycle stages and processes within both systems. In order to have robust and reliable sources of data related to the potentially relevant parameters, Ramboll performed a specific data gathering (via datasheets, questionnaire) to QSRs operators related to the use stage in take-away systems, such as distribution channels repartition, type of washing and type of dishwashers, number of reuses of a product, return rates, means of transport and distances covered. Moreover, primary data and information (reflected in the functional unit) for single-use system are obtained from EPPA members' which market shares cover more than 65% of QSRs in Europe. Also, data from scientific papers in Q1 journal with high level of consistency have been incorporated for both SU and MU systems.

Overall, results of the comparative assessment of the single-use and multiple-use systems show that the environmental hotspots predominantly occur in different life cycle phases in the two systems: for the single-use system, major impacts are generated during the upstream production of the items whereas the main contributor to the impacts of the multiple-use system is the use phase, i.e., the use phase transport (to take-back MU items to QSRs) and the washing of items (see results in **section 5**). To test decisive assumptions in the systems, several sensitivity scenarios are analysed (see **section5.3**).

Under consideration of obtained impact results, it can be concluded that, for the baseline comparison between SU and MU, SU system shows lower impacts in all impact categories with a relative percentage difference ranging between 8% (for *Ionising radiation* category) to 82% (for *Resource use, minerals and metals* category).

Performed sensitivity analysis shows that most of the tested scenarios provide results similar to those of the baseline, confirming a situation in which the percentage difference between SU and MU systems is in favour of SU system (i.e., overall results show that SU is less impacting). Some differences in the results can be obtained for:

 S03 scenario (according to which 4/5 of total trips to return MU items are neglected, i.e., 4 out of 5 people returning MU items in case of buying of another menu), whose effect is able to turn the results in favour of MU system only for *Eutrophication marine*, *Eutrophication terrestrial, Ionising radiation, human health, and Ozone depletion* categories.

• S05 scenario (external washing), whose effect is able to turn the results in favour of MU system only for *Ionising radiation, human health* category.

These results are partly in contrast to other LCA studies that are mainly product-focused and often reveal clearer environmental advantages for multiple-use items compared to their single-use equivalents as long as a certain minimum number of reuses is considered (see **sections 1.1.2 and 2.1.1** for the literature screening). This difference can be largely explained by the fact that previous studies are mainly relying on secondary data (in particular concerning the paper upstream value chain) whereas the study at hand implemented primary data to a large extent, in particular for the environmental hotspots of paper production and conversion in the single-use system. However, for the multiple-use system, data is based on literature information and assumptions combined with inputs from QSRs operators where possible. This is due to the fact that the return scheme multiple-use system presents a hypothetical future scenario for which no consolidated primary data exists. With regard to specific functioning of QSRs, it is mainly based on data provided by QSRs operators retrieved from in-store consumption (multiple-use items, dishwashing process, selling channels) where multiple-use scheme is already in place.

In this sense, it must be noted that considerations regarding take-back system of MU items and features of related trips (distance, multifunctionality (i.e., the fact that a trip is made specifically to return MU items or not), allocation of burdens) strongly depends on customers' behaviour and might represent a decisive factor when considering overall environmental performance of MU system. With reference to these aspects, the study tried to implement assumptions as much conservative as possible. However, the complexity around these assumptions arises from:

- the hypothetical nature of MU system for QSRs, since it is not yet fully established at industrial scale, implying a partial lack of data availability. Although based on data provided by QSRs operators MU plastic alternative might be predominant in future considering specific nature of QSR industry (i.e., high volumes, need of hygiene and food safety at the highest level).
- <u>The unpredictability of customers' behaviour, which is in contrast with the science-driven</u> nature of LCA, thus implying the need to make specific assumptions for the correct functioning of the system. These assumptions are clearly reported in this study to guarantee transparency of the assessment.

This study is not intended to present or interpret environmental impacts on a product level. Modelling choices, data quality and assumptions are to be seen in the light of the overarching goal and systems perspective.

The study shows that there are different potentially crucial assumptions and parameters that can have a key role in the functioning of analysed systems and associated environmental impacts. This is particularly evident with reference to the hot-spots of the system, which are:

• **Raw material extraction** and **Converting** life cycle stages for SU system: due to the geographical scope of the study (i.e., Europe), European averages are used for important (background) processes such as the electricity mix and pulp production for EoL allocation (i.e., avoided impacts associated with assumed substitution of average pulp products from virgin sources). Thus, the selection of another geographical scope could significantly change the results and comparative assertion.

• Use phase transport and Washing life cycle stages for MU system: this are again influenced by the electricity mix (and then the geographical scope), selling channels, specific means of transport, and customers' behaviour regarding several aspects (preliminary washing at home, separate collection of waste, choices regarding the take-back system.

The results of the study also point to further need for research and investigation of relevant parameters, with particular emphasis to take-back system of MU items and features of related trips: distance, multifunctionality (i.e., the fact that a trip is made specifically to return MU items or not), allocation of burdens.

## 7. CRITICAL REVIEW STATEMENT

# Critical review statement

Contact person Michael Sturges Senior consultant +44 (0)7787 531141 michael.sturges@ri.se DateReferencePage2022-11-12Statement1 (3)

## Comparative Life Cycle Assessment (LCA): Single Use and Multiple Use Tableware Systems for Take-Away Services in Quick Serve Restaurants

## **Review background**

This document forms the critical review statement for the study "Comparative Life Cycle Assessment (LCA) Single Use and Multiple Use Tableware Systems for Take-away Services in Quick Service Restaurants" as reported by Ramboll in their Technical LCA report for Project Number 330001928, dated November 2022. The report was prepared by Ramboll Italy, and was commissioned and funded by European Paper Packaging Alliance (EPPA).

The critical review has been performed by an independent panel consisting of:

- Michael Sturges (lead panellist) RISE Research Institutes of Sweden / RISE Innventia AB, Sweden a life cycle assessment practitioner with specific experience of environmental studies relating to the packaging and food service sectors
- Prof. Umberto Arena University of Campania "Luigi Vanvitelli", Italy. a chemical engineer with experience of packaging systems, including LCA studies on valorisation of paper and plastic waste streams
- Frank Wellenreuther, ifeu Institut für Energie- und Umweltforschung Heidelberg gGmbH, Germany a life cycle assessment practitioner with specific experience of environmental studies relating to packaging systems

## **Critical review process**

The review was performed based on the requirements of ISO14044:2006 Section 6.3, i.e., critical review by panel of relevant experts.

The critical review was iterative in nature, being performed concurrently with the LCA study. The review panel was in regular contact with the LCA study team and provided comments at the following stages of the study:

• Goal and scope document (word document and presentation to the critical review panel)

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- Primary and secondary life cycle inventory data selected for the modelling (word document and presentation to the critical review panel this included access under non-disclosure agreement to the confidential primary data used in the models)
- Draft baseline results (presentation to the critical review panel)
- Finalised baseline results and sensitivity scenarios (presentation to the critical review panel)
- Draft final report (word document)

At each stage, comments were provided using a MS Excel feedback template and were discussed in a meeting with the LCA practitioners and representatives of EPPA. The LCA team then responded to the comments and provided its feedback, also describing subsequent changes to the data, models and report, by using the appropriate section of the feedback template. The reviewers considered these responses and changes and were satisfied that appropriate clarifications and actions had been provided.

## **Result of the critical review**

Subsequently, the study was found to be in conformance with ISO 14040 and ISO 14044.

## **Opinion of the reviewers**

The reviewers find the study's level of quality, detail and transparency to be appropriate considering the goal and scope. In particular, they appreciate the specific data gathering implemented by the authors of the study. Subsequently, the reviewers consider the results and conclusions to be a sound and fair reflection of the potential comparative environmental impacts of the studied systems representing the use of single use and multiple use tableware for take-away services in Quick Service Restaurants. The detailed sensitivity analysis provides transparency of the uncertainties and confidence in the overall robustness of the results achieved and conclusions drawn.

As with all LCA studies, there are opportunities to improve the analysis and evaluation. In particular, for this study it would be interesting to see the results for all the Environmental Footprint impact categories, including toxicity-related impact categories and land-use. However, it is appreciated by the review panel that there are limitations to achieving this: the available primary LCI data did not support the fair comparison of toxicity related impact categories and the applicability and robustness of the land use impact category for paper products is subject to ongoing development. If further data becomes available to support fair comparison of toxicity impact categories and if the land use impact category is fully developed, then updating the analysis to include these would give further insights into the nature of any wider trade-offs between the systems not addressed by the selected impact categories, and would increase the transparency of the analysis.

However, the critical review panel appreciates that this would also add further complexity to and require additional resource for an already comprehensive study.

In conclusion, it is the opinion of the review panel that the report provides useful and realistic information for stakeholders interested in this topic.

Critical review	Date	Reference	Page
statement	2022-11-12	Statement	3 (3)

## Critical review sign-off

The reviewers certify that the statement provided is a fair reflection of their assessment and views of the study "Comparative Life Cycle Assessment (LCA) Single Use and Multiple Use Tableware Systems for Take-away Services in Quick Service Restaurants":

Signed:

Dated: 12<sup>th</sup> November 2022

Michael Sturges, RISE Research Institutes of Sweden / RISE Innventia AB, Sweden (lead panellist)

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Dated: 12<sup>th</sup> November 2022

Prof. Umberto Arena - University of Campania "Luigi Vanvitelli", Italy

Vill Signed:

Dated: 12<sup>th</sup> November 2022

Frank Wellenreuther, ifeu - Institut für Energie- und Umweltforschung Heidelberg gGmbH, Germany

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## APPENDIX 1. LIFE CYCLE INVENTORY

## Single-Use System inventory

Single-use items are based on primary data provided by EPPA members and their suppliers and cover a typical set of items for serving one meal. Primary data collected from manufacturers is either through LCIA results or own modelling of received input/output sheets (i.e. connecting reference flows and values with applicable datasets and flows from LCI databases) implemented in the LCA model.

For the collection of the primary data via input/output sheets, the following procedure is taken:

- · data collection sheets were prepared and sent to companies
- companies collected information on their production processes: paper products production (upstream raw material production and processing), converting process (upstream - converting)
   This primary data is collected/measured directly by a company; e.g. raw material demand, energy (electricity, natural gas, etc.), wastes (emissions as well as solid waste) inputs and outputs for a particular process or product. Data are collected and maintained by subjectmatter experts such as material and product engineers, research and development managers, or LCA experts of the companies.
- This collected data was checked for applicability, completeness, consistency, and plausibility. And questions to companies were sent in case
  of lack of data of its inconsistency. This was an iterative process.
- In case of lack of information, calculation is made. This is relevant, for example, for estimating emissions released with fuel combustion. These emissions (in the output tables of this Appendix) are calculated by using emissions factors (from literature, e.g., from Department for Business, Energy & Industrial Strategy, UK<sup>44</sup>). This is relevant, for example, for natural gas, petroleum liquefied gas and diesel, among other fossil fuels.

Data and information obtained are disclosed to the extent confidentiality reasons allow.

## Upstream - Raw material production/processing

### Chemical pulp (softwood):

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Chemical pulp (softwood)	Primary data	Confidential	Finland	1 t dry chemical pulp	2021

\*\* https://www.gov.uk/government/collect.ons/government-conversion-factors-for-company-reporting

## For this upstream process, EF 2.0 impact assessment results based on proprietary LCA models are implemented in this assessment.

The implemented LCIA results refer to a cradle-to-gate system boundary. That is, from the point at which raw materials are extracted from the environment through to the point at which finished products are ready for distribution to customers (i.e., paper manufacturers) at the factory gate. Hence, the following major process steps are included:

- Raw material production;
- Raw material transport;
- Processing into chemical pulp (wood handling, cooking, bleaching, drying), and co-products.

Primary data is from actual process data, and incorporated secondary data is obtained from Ecoinvent 3.8 database. Proxy data is used to fill following data gaps:

• Proxy for polyethylene glycol (commonly used defoamer)

The following allocation approach is adopted:

• Economical allocation (e.g., for turpentine, crude tall oil, thermal energy, electricity, etc.)

## PE-coated paperboard:

Provider process	Classification	Source	Geographical coverage	Reference	Reference year
name				value	
PE-coated paperboard	Primary data	Confidential	Finland	1 t board	2021

For this upstream process, EF 2.0 impact assessment results based on proprietary LCA models are implemented in this assessment.

The LCA model contains different variants and specifications of PE-coated paperboards. Depending on the single-use product different paperboard specifications are used. The exact technical specifications and used paper products are based on primary information from converters. Specific LCIA results are implemented for each variant and specification of PE-coated paper. Quantitative data for the PE-coated paper grades are confidential. For further reference and enhanced transparency of the study, some details are disclosed below.

In general, two different variants are implemented for the modelling of respective converting (product manufacturing) processes:

- Virgin-fibre bleached board and PE coating on the reverse side (in total, five different technical specifications (e.g., different grammage) of this variant are implemented);
- · Virgin-fibre board with PE coating on the reverse side (in total, one technical specification of this variant is implemented).

The implemented LCIA results refer to the following production process and cradle-to-gate system boundaries:



In summary, the following main process steps and datasets are included in the provided impact results:

- · Wood harvesting, wood supply from different supply regions. Specific data for wood harvesting from each region;
- Pulp and board chemicals, cut off 1%. Data from Ecoinvent 3.8;
- Fuels used in mill. Fuel production from Ecoinvent 3.8;
- Purchased electricity. Electricity sources according to site-specific supply mix. Electricity production processes from Ecoinvent, shares sitespecific;
- · All transport distances are primary data. Environmental data for transportations from VTT Lipasto database;
- · Primary data for pulp and board production and PE coating. Primary data also for purchased pulps;
- PE data from Ecoinvent 3.8, transportation of PE primary data.

Underlying LCA models of implemented LCIA results adhere to ISO 14040/44 standards. LCIA results are based on cradie-to-gate data, including all relevant energy and material inputs (see excerpt above). Cut-off rule is 1%, with certain exemptions for chemicals/raw materials that sometimes are less than 10kg/t. Land occupation and toxicity categories are deemed not reliable and hence excluded from provided LCIA results (see also section 3.2.7). Moreover, provided LCIA data does not account for biogenic carbon.

## Thin greaseproof paper with soy-based coating:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Thin greaseproof paper with soy-based coating	Primary data	Confidential	Confidential data	1 t paper	2020

## For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory is confidential. It refers to cradle-to-gate system boundaries.

## High-brightness paperboard:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
High-brightness paperboard	Primary data	Confidential	Confidential data	1 t paperboard	2019

## For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory below refers to cradle-to-gate system boundaries:

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Market pulp (chemical, bleached)	Confidential data	kg	Confidential data
Recovered paper	Confidential data	kg	Confidential data
Production chemicals	Confidential data	kg	Confidential data
Production chemicals: calcium carbonate	Confidential data	kg	Confidential data
Production chemicals: kaolin	Confidential data	kg	Confidential data
Production chemicals: latex	Confidential data	kg	Confidential data
Production chemicals: binder, retention agents, starch	Confidential data	kg	Confidential data
Shrink foil (packaging material)	Confidential data	kg	Confidential data
Pallets (packaging material)	Confidential data	kg	Confidential data
Other (packaging material)	Confidential data	kg	Confidential data
Electricity from grid	Confidential data	MWh	Confidential data
Natural gas	Confidential data	kg	Confidential data
Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
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Biogas (renewable) (on-site generation)	Confidential data	MWh	Confidential data
Diesel	Confidential data	kg	Confidential data
District heating (sold)	Confidential data	MWh	Confidential data
Municipal water supply	Confidential data	kg	Confidential data
Ground water	Confidential data	kg	Confidential data
Surface (river) water	Confidential data	kg	Confidential data
Sewage water (thermally polluted)	Confidential data	kg	Confidential data
Sewage water process	Confidential data	kg	Confidential data
Reject/recovered paper residues	Confidential data	kg	Confidential data
Sludge	Confidential data	kg	Confidential data
Metal scrap	Confidential data	kg	Confidential data
Wood waste	Confidential data	kg	Confidential data
Other non-hazardous waste	Confidential data	kg	Confidential data
Hazardous waste (incl. Lubricants)	Confidential data	kg	Confidential data
CO2 fossil (to air)	Confidential data	kg	Confidential data
CO2 biogenic (to air)	Confidential data	kg	Confidential data
CO (to air)	Confidential data	kg	Confidential data
NOX (to air)	Confidential data	kg	Confidential data
SO2 (to air)	Confidential data	kg	Confidential data
Dust (to air)	Confidential data	kg	Confidential data

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
COD (to freshwater)	Confidential data	kg	Confidential data
BOD (to freshwater)	Confidential data	kg	Confidential data
Suspended solids (to freshwater)	Confidential data	kg	Confidential data
AOX (to freshwater)	Confidential data	kg	Confidential data
Total N (to freshwater)	Confidential data	kg	Confidential data
Total P (to freshwater)	Confidential data	kg	Confidential data

# Upstream - Converting

# Wooden cutlery:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Wooden cutlery	Secondary data	Paspaldzhiev et al.	Europe	1 pc	2017

# For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Wooden utensil	Europe	kg	0.003
Paper packaging (one packaging bag for three pieces)	Europe	kg	0.001

# Clamshell:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Clamshell	Primary data	Seda	Germany	1000000 pcs	2020

# For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Paperboard (70% recycled content)	Austria	kg	Confidential data
Road transport for paperboard	Austria-Germany	kg*km	Confidential data
Inks	France	kg	Confidential data
Road transport for inks	France-Germany	kg*km	Confidential data
Varnish	Germany	kg	Confidential data
Road transport for varnish	Germany	kg*km	Confidential data
Glue	Italy	kg	Confidential data
Road transport for glue	Italy-Germany	kg*km	Confidential data
Electricity	Germany	kWh	Confidential data
LDPE for packaging	Germany	kg	Confidential data
Road transport for LDPE	Germany	kg*km	Confidential data
Corrugated paperboard for packaging (40% recycled content)	Germany	kg	Confidential data
Road transport for corrugated paperboard	Germany	kg*km	Confidential data

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Non-hazardous process waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
non-hazardous technical waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
Ammonia emissions to air (printing area)	Germany	9	Confidential data

# Fry bag:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Fry bag	Primary data	Seda	Germany	1000000 pcs	2020

For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Location/ origin	Input/ Output unit	Input/ Output value
Austria	kg	Confidential data
Austria-Germany	Kg*km	Confidential data
France	kg	Confidential data
France-Germany	kg*km	Confidential data
Germany	kg	Confidential data
Germany	kg*km	Confidential data
	Location/ origin     Austria     Austria-Germany     France     France-Germany     Germany     Germany	Location/origin Input/Output unit   Austria kg   Austria-Germany Kg*km   France kg   France-Germany kg*km   Germany kg   Germany kg

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
gr treatment	UK	kg	Confidential data
Road transport for gr treatment	UK-Germany	kg*km	Confidential data
Glue	Italy	kg	Confidential data
Road transport for glue	Italy-Germany	kg*km	Confidential data
Electricity	Germany	kWh	Confidential data
LDPE for packaging	Germany	kg	Confidential data
Road transport for LDPE	Germany	kg*km	Confidential data
Corrugated paperboard for packaging (40% recycled content)	Germany	kg	Confidential data
Road transport for corrugated paperboard	Germany	kg*km	Confidential data
Non-hazardous process waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
non-hazardous technical waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
Ammonia emissions to air (printing area)	Germany	g	Confidential data

# Clip-on lid:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Clip on lid	Primary data	Seda	Germany	1000000 pcs	2020

# For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Paperboard	Finland	kg	Confidential data
Road transport for paperboard	Finland-Germany	kg*km	Confidential data
Ferry transport for paperboard	Finland-Germany	kg*km	Confidential data
Paperboard PE-coated	Finland	kg	Confidential data
Road transport for paperboard PE-coated	Finland-Germany	kg*km	Confidential data
Ferry transport for paperboard PE-coated	Finland-Germany	kg*km	Confidential data
Inks	France	kg	Confidential data
Road transport for inks	France-Germany	kg*km	Confidential data
Varnish	Germany	kg	Confidential data
Road transport for varnish	Germany	kg*km	Confidential data
Vinylic glue	Italy	kg	Confidential data
Road transport for glue	Italy-Germany	kg*km	Confidential data
Electricity	Germany	kWh	Confidential data

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Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
LDPE bags for packaging	Germany	kg	Confidential data
LDPE stretch for packaging	Germany	kg	Confidential data
Road transport for LDPE bags/stretching	Germany	kg*km	Confidential data
Corrugated paperboard for packaging (40% recycled content)	Germany	kg	Confidential data
Road transport for corrugated paperboard	Germany	kg*km	Confidential data
Non-hazardous process waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
non-hazardous technical waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
Ammonia emissions to air (printing area)	Germany	9	Confidential data

### Paper wrap:

Provider process	Classification	Source	Geographical coverage	Reference value	Reference year
Paper wrap	Primary data	Schisler	France	1000 pcs	2019

For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Thin greaseproof paper with soy-based coating	Austria	kg	Confidential data
Transport (lorry 24 t) for paper	Austria-France	kg*km	Confidential data
Inks (water - food safe contact)	France	kg	Confidential data
Transport (lorry) for inks	France	kg*km	Confidential data
Electricity	France	kWh	Confidential data
Liquid Petroleum Gas	France	kg	Confidential data
Municipal water supply	France	kg	Confidential data
Plastic film for packaging	France	kg	Confidential data
Transport (lorry) for plastic film	France	kg*km	Confidential data
Corrugated box pallet for packaging (90% recycled content)	France	kg	Confidential data
Transport (lorry) for corrugated box pallet	France	kg*km	Confidential data
Pallet for packaging	France	kg	Confidential data
Transport (lorry) for pallet	France	kg*km	Confidential data

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Shrink wrap for packaging	France	kg	Confidential data
Transport (lorry) for shrink wrap	France	kg*km	Confidential data
Non-hazardous waste (paper) for recycling	France	kg	Confidential data
Transport (lorry) of paper waste	France	kg*km	Confidential data
Chemical oxygen demand (COD) (emissions to water)	France	kg	Confidential data
Biochemical oxygen demand (emissions to water)	France	kg	Confidential data
2-(N-morpholino)ethanesulfonic acid (emissions to water)	France	kg	Confidential data
Greases (emissions to water)	France	kg	Confidential data
Total Kjeldahl nitrogen (NTK) (emissions to water)	France	kg	Confidential data
Total phosphorus (emissions to water)	France	kg	Confidential data
Total hydrocarbons (emissions to water)	France	kg	Confidential data

# Paper fry bag:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Paper fry bag	Primary data	Schisler	France	1000 pcs	2019

# For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Thin greaseproof paper with soy-based coating	Austria	kg	Confidential data
Transport (lorry 24 t) for paper	Austria-France	kg*km	Confidential data
Inks (water - food safe contact)	France	kg	Confidential data
Transport (lorry) for inks	France	kg*km	Confidential data
Glue	France	kg	Confidential data
Transport (lorry) for glue	France	kg*km	Confidential data
Electricity	France	kWh	Confidential data
Liquid Petroleum Gas	France	kg	Confidential data
Municipal water supply	France	kg	Confidential data
Corrugated box pallet for packaging (90% recycled content)	France	kg	Confidential data
Transport (lorry) for corrugated box pallet	France	kg*km	Confidential data
Pallet for packaging	France	kg	Confidential data
Transport (lorry) for pallet	France	kg*km	Confidential data

SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Shrink wrap for packaging	France	kg	Confidential data
Transport (lorry) for shrink wrap	France	kg*km	Confidential data
Non-hazardous waste (paper) for recycling	France	kg	Confidential data
Transport (lorry) of paper waste	France	kg*km	Confidential data
Chemical oxygen demand (COD) (emissions to water)	France	kg	Confidential data
Biochemical oxygen demand (emissions to water)	France	kg	Confidential data
2-(N-morpholino)ethanesulfonic acid (emissions to water)	France	kg	Confidential data
Greases (emissions to water)	France	kg	Confidential data
Total Kjeldahl nitrogen (NTK) (emissions to water)	France	kg	Confidential data
Total phosphorus (emissions to water)	France	kg	Confidential data
Total hydrocarbons (emissions to water)	France	kg	Confidential data

# Ice cream cup (PE content < 5 % w/w):

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Ice cream cup	Primary data	Seda	Germany	1000000 pcs	2020

For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
PE claycoated paperboard	Finland	kg	Confidential data
Road transport for paperboard	Finland-Germany	kg*km	Confidential data
Ferry transport for paperboard	Finland-Germany	kg*km	Confidential data
Inks	France	kg	Confidential data
Road transport for inks	France-Germany	kg*km	Confidential data
Varnish	Germany	kg	Confidential data
Road transport for varnish	Germany	kg*km	Confidential data
Electricity	Germany	kWh	Confidential data
LDPE bags for packaging	Germany	kg	Confidential data
LDPE stretch for packaging	Germany	kg	Confidential data
Road transport for LDPE bags/stretch	Germany	kg*km	Confidential data
Corrugated paperboard for packaging (40% recycled content)	Germany	kg	Confidential data
Road transport for corrugated paperboard	Germany	kg*km	Confidential data
Non-hazardous process waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
non-hazardous technical waste (inks and varnish negligible) for recycling	Germany	kg	Confidential data
Ammonia emissions to air (printing area)	Germany	g	Confidential data
2-Propanol emissions to air (printing area)	Germany	g	Confidential data

# Downstream - End-of-life treatment

# **Recycling of coated paperboard:**

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Recycling of sorted paperboard from post- consumer waste PE- coated paper	Primary data	Confidential	Europe	1 t	2019

# For this downstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
waste paperboard, sorted	Finland	kg	Confidential data
purchased electricity	Finland	kWh	Confidential data
RDF (external)	Finland	GJ	Confidential data
heavy fuel oil	Finland	kg	Confidential data
natural gas	Finland	kg	Confidential data
RDF (external)	Finland	GJ	Confidential data
wood residuals	Finland	kg	Confidential data
H2O2	Finland	kg	Confidential data

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
NaOH	Finland	kg	Confidential data
Sodium silicate	Finland	kg	Confidential data
River water	UK	m <sup>3</sup>	Confidential data
Recycled pulp	Finland	kg	Confidential data
Wastewater	UK	m <sup>3</sup>	Confidential data
CO2 fossil	Finland	kg	Confidential data
Methane	Finland	kg	Confidential data
N2O	Finland	kg	Confidential data
NOx	Finland	kg	Confidential data
502	Finland	kg	Confidential data
Particulates, unspecified	Finland	kg	Confidential data
COD	Finland	kg	Confidential data
BOD	UK	kg	Confidential data
Nitrogen	Finland	kg	Confidential data
Phosphorus	Finland	kg	Confidential data
Suspended solids, unsp.	Finland	kg	Confidential data

SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Carbon monoxide	Europe	kg	Confidential data
Particulates > 10µm	Europe	kg	Confidential data
Rejects, others	Europe	kg	Confidential data
Rejects, paper	Europe	kg	Confidential data
Organic sludge	Europe	kg	Confidential data

# Recycling of non-coated paperboard:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Wastepaper recycling, corrugated grade	Hybrid data (primary and secondary)	Calculations and expert judgment	Europe	1 t	2021

For this downstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory can be found in Appendix 2.

# Multiple-Use system inventory

# Upstream - Raw materials

# PP cold drink cup:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
16 oz PP cold cup	Secondary data	McDonalds /SEDA	EU	1 piece	2020

### For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory below refers to cradle-to-gate system boundaries:

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Polypropylene	EU	kg	0.08
Production	EU	kg	0.08
Corrugated paperboard for packaging (40% recycled content)	-	kg	0.0009
LDPE stretch for packaging	2	kg	0.00002

# PP lid for cold cup:

Provider process name Classification Source G	Geographical coverage Ref	eference R	Reference year
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PP lid for cup	Secondary data	SEDA	EU	1 pcs	2020
Contraction and the second					

### For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory below refers to cradle-to-gate system boundaries:

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Polypropylene	EU	kg	0.007
Production	EU	kg	0.007
Corrugated paperboard for packaging (40% recycled content)	2	kg	0.0009
LDPE stretch for packaging	-	kg	0.00002

# PP clamshell for burgers:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
PP clams for burgers	Secondary data	SEDA	EU	1 piece	2022

For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Polypropylene	EU	kg	0.117
Production	EU	kg	0.117
Corrugated paperboard for packaging (40% recycled content)	*	kg	0.0009
LDPE stretch for packaging	-	kg	0.00002

# PP basket for serving fries:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
PP basket for serving fries	Secondary data	Assumption	EU	1 plece	

### For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Polypropylene	EU	kg	0.04
Production	EU	kg	0.04
Corrugated paperboard for packaging (40% recycled content)	-	kg	0.0009

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Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
LDPE stretch for packaging	-	kg	0.00002

### PP dessert cup:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
PP dessert cup	Secondary data	McDonalds / SEDA	EU	1 pcs	2020

# For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory below refers to cradle-to-gate system boundaries:

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Polypropylene	EU	kg	0.05
Production	EU	kg	0.05
Corrugated paperboard for packaging (40% recycled content)		kg 📕	0.0009
LDPE stretch for packaging	<i>n</i>	kg	0.00002

Thick washable plastic cutlery:

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Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Thick washable plastic cutlery	Secondary data	Antony and Gensch 2017	EU	1 pcs	2017

# For this upstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory below refers to cradie-to-gate system boundaries:

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Polypropylene	EU	kg	0.003
Production	EU	kg	0.003
Corrugated paperboard for packaging (40% recycled content)	•	kg	0.0009
LDPE stretch for packaging	7.	kg	0.00002

### Use phase

### Detergent for washing:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Detergent for washing	Secondary data	Rüdenauer et al. 2011, Antony & Gensch 2017; own research	EU	1 kg	2011, 2017, 2020

For this use phase process, a full inventory (input-output sheet) is implemented in this assessment.

# The implemented LCI inventory below refers to cradle-to-gate system boundaries:

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Potassium tripolyphospate solution, 50 % (mass fraction)*	EU	kg	0.1
Potassium hydroxide, 50 % (mass fraction)	-	kg	0.36
Sodium silicate (water glass)	EU	kg	0.23
Oxidising agent	-	kg	0.02
De-ionised water	EU	kg	0.29

\*Softener

# Rinse agent for washing:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Rinse agent for washing	Secondary data	Rüdenauer et al. 2011, Antony & Gensch 2017; own research	EU	1 kg	2011, 2017, 2020

For this use phase process, a full inventory (input-output sheet) is implemented in this assessment.

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Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Citric acid-monohydrate, crystalline	2	kg	0.05
Non-ionic surfactants, fatty alcoholC12/C14 + 5 EO + 4 PO	EU	kg	0.2
Sodium cumolsulphonate	EU	kg	0.05
De-ionised water	EU	kg	0.7

### Downstream - End-of-life treatment

# **Recycling of PP items:**

Recycling process of polypropylene has been modelled by implementing data from Cardamone, Ardolino and Arena (2021). Even though the original publication refers specifically to plastics from Waste of Electrical and Electronic Equipment (WEEE), using these data can be considered a more realistic assumption since secondary data from Ecoinvent refer to formal/informal recycling process in India, which does not reflect current recycling processes in Europe. Main consumption data are reported in the following tables, assuming a sorting and re-manufacturing overall efficiency of 90% (Cardamone et al., 2021). Data for water consumption is an average value from Schwarz *et al.* (2021) and Perugini, Mastellone and Arena (2005).

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Recycling of PP items	Secondary data	Cardamone et al., 2021	Europe	1 kg	2021

### For this downstream process, a full inventory (input-output sheet) is implemented in this assessment.

Original process/flow	Location/ origin	Input/ Output unit	Input/ Output value
Electricity for sorting and re-manufacturing	EU	kWh	0.381
Tap water	EU	1	2
PP recycled	<i>.</i>	kg	0.9
Wastewater treatment	EU	1	2

# Recycling of non-coated paperboard:

Provider process name	Classification	Source	Geographical coverage	Reference value	Reference year
Wastepaper recycling, corrugated grade	Hybrid data (primary and secondary)	Calculations and expert judgment	Europe	1 t	2021

# For this downstream process, a full inventory (input-output sheet) is implemented in this assessment.

The implemented LCI inventory can be found in Appendix 2.

# **APPENDIX 2. LIFE CYCLE INVENTORY - WASTEPAPER RECYCLING**

To represent an appropriate recycling scenario as well as to account for environmental credits of recycling, gate-to-gate inventory data of a dedicated recycling process for wastepaper recycling is implemented for all case studies. This data is provided by CEPI<sup>45</sup> and FEFCO<sup>46</sup>, and it was compiled as part of a project to determine the life cycle inventories for producing pulp from recovered fibres for various applications. This data, which is a pre-publication dataset, was compiled by RISE during 2021 by adapting data present in the FEFCO LCI database (CEPI and FEFCO, 2018) and considering information presented in the "Best Available Techniques (BAT) Reference Document for the Production of Pulp, Paper and Board" (Suhr *et al.*, 2015). This data was checked by a major producer of recycled corrugated case materials, considering operational experience.

For the calculation of the repulping of wastepaper, FEFCO's LCI (CEPI and FEFCO, 2018) is divided in two inputs: one related to the pulp production, and the other related to the paper machine. For the first input, 150 kWh electricity per ton of pulp is considered (see Table 6.1 in Suhr *et al.*, 2015). For the second input, 550 kWh electrical energy demand per ton is considered (see Table 7.11 in Suhr *et al.*, 2015), and 403 kWh thermal energy demand per ton (see Table 2.9 in Suhr *et al.*, 2015). By using these shares, the total share of purchased electricity demand for recovered pulp production is estimated at around 37 kWh/ton with a self-generated energy demand estimated at around 526 kWh/ton. Therefore, the share of fossil fuels used for internal energy demand is estimated at around 552 MJ/ton. The latter is therefore assumed to be required to have 1 ton of fibre in an integrated mill process. Wastepaper is therefore recycled to wet pumpable pulp, which is identified as output of this process. The resultant Life Cycle Inventory (LCI, see Table 28) describes the recycling of wastepaper from placing the recovered wastepaper into the pulper to recovered pulp. The reference is 1 ton of recovered pulp (*wet pumpable pulp*).

Input	Value (unit)
Wastepaper input	1100 kg
Natural gas	480,70 MJ
Electrical energy	37 kWh
Heavy fuel oil	0,15 MJ
Light fuel oil	0,96 MJ
Diesel	0,08 MJ

Table 28: LCI of wastepaper to pulp recycling (reference: 1 ton of wet pumpable pulp) - "dm" indicates dry matter

<sup>49</sup> CEP1: Confederation of European Paper Industries (https://www.oppi.org/)

<sup>#</sup> FEFCO: The Federat on of Corrugated Board Manufacturers (https://www.fefco.org/)

Coal	58,85 MJ
Lignite	11,20 MJ
Biofuel (bark, scrap wood, tall oil)	2,36 MJ
Hydrogen peroxide	0,0127 kg (dm)
Starch (corn and wheat)	29,7 kg (dm)
Starch (modified)	0,30 kg (dm)
Water	3,5 m <sup>3</sup>
Output	Value (unit)
Dust to air	8,57E-04 kg
CO2 fossil to air	60,036 kg
CO2 biogenic to air	6,763 kg
CO to air	0,017 kg
NOX (as NO2) to air	0,077 kg
SOX (as SO2) to air	0,015 kg
Wastewater	3,5 m <sup>3</sup>
TSS to freshwater	0,22 kg
COD to freshwater	0,44 kg
AOX to freshwater	3,00E-04 kg
BOD5 to freshwater	0,12 kg
Total P to freshwater	3,25E-03 kg
Total N to freshwater	0,03 kg
TOC to freshwater	0,21 kg
Organic sludges - 35% dry content	28 kg
Rejects, paper (50% dry content)	23 kg

Rejects, other (50% dry content)	46 kg
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# **APPENDIX 3. DOCUMENTATION OF THE BACKGROUND DATA**

Background data<sup>47</sup> is presented in this appendix. Documentation for all ecoinvent datasets is available at: <a href="https://ecoquery.ecoinvent.org/">https://ecoquery.ecoinvent.org/</a>. Tables in this appendix reports providers used in the model, data classification, source of the data, and geographical coverage. As the study is focused on Europe, priority is given to that geographical coverage (in ecoinvent is called RER – Europe). If datasets are not available for this average geography, specific datasets (e.g., located in Switzerland, Germany, etc.) are used. The most representative dataset is used, in accordance with the assumptions made in the modelling, and reported in this document.

It should be noted that in this appendix datasets are reported in two forms: a form without "market for" or a form with "market for"<sup>48</sup>. Datasets without "market for" are implemented with respective transport distances and means of transport separately. A generic entry (i.e., transport, freight, lorry >32 metric ton, EURO4) is used for this purpose. Datasets that are indicated with "market for", which are used in case of lack of transport information, represent an average geography and include transport distances. All these datasets are checked against their respective transport distances and emissions to avoid double counting<sup>49</sup>.

# **Fuels and energy**

European averages for fuel inputs and electricity grid mixes are retrieved from ecoinvent 3.8 datasets. These are in line with the assumptions made in the study.

Provider process	Data classification	Source	Geographical coverage
Single-use system			
market group for electricity, medium voltage	secondary data	Ecoinvent 3.8	Europe (RER)
market for natural gas, low pressure	secondary data	Ecoinvent 3.8	сн
market for biomethane, high pressure	secondary data	Ecoinvent 3.8	сн
market group for diesel	secondary data	Ecoinvent 3.8	Europe (RER)

<sup>42</sup> For a definition of "background data", see: JNC. (2010). ILCD Handbook: General guide for Life Cycle Assessment - Detailed guidance. Luxembourg: Joint Research Centre.

<sup>48</sup> For a detailed explanation see https://eccimvent.org/the-occinvent.database/market-activities/ and https://eccinvent.org/glossary-terms/

<sup>\*\*</sup> a market activ ty may contain exchanges that model the average transportation of the product, direct emissions caused by the transportation, as well as an input from the market tasif, which represents losses that occur during transportation and storage of the product. "Source: <u>https://ecoinvent.org/doesary-terms/</u>

Provider process	Data classification	Source	Geographical coverage
market for heat, district or industrial, natural gas	secondary data	Ecoinvent 3.8	Europe without Switzerland
liquefied petroleum gas production, petroleum refinery operation	secondary data	Ecoinvent 3.8	Europe without Switzerland
heat production, natural gas, at industrial furnace low-NOx >100kW	secondary data	Ecoinvent 3.8	Europe without Switzerland
market group for heavy fuel oil	secondary data	Ecoinvent 3.8	Europe (RER)
market group for diesel, low-sulfur	secondary data	Ecoinvent 3.8	Europe (RER)
market for hard coal	secondary data	Ecoinvent 3.8	Europe, without Russia and Turkey
market group for light fuel oil	secondary data	Ecoinvent 3.8	Europe (RER)
market for lignite	secondary data	Ecoinvent 3.8	Europe (RER)
Multiple-use system			
market group for electricity, medium voltage	secondary data	Ecoinvent 3.8	Europe (RER)
market for natural gas, low pressure	secondary data	Ecoinvent 3.8	СН
market for biomethane, high pressure	secondary data	Ecoinvent 3.8	сн
market group for diesel	secondary data	Ecoinvent 3.8	Europe (RER)
market for heat, district or industrial, natural gas	secondary data	Ecoinvent 3.8	Europe without Switzerland
liquefied petroleum gas production, petroleum refinery operation	secondary data	Ecoinvent 3.8	Europe without Switzerland
heat production, natural gas, at industrial furnace low-NOx $>100 \mathrm{kW}$	secondary data	Ecoinvent 3.8	Europe without Switzerland
market group for heavy fuel oil	secondary data	Ecoinvent 3.8	Europe (RER)
market group for diesel, low-sulfur	secondary data	Ecoinvent 3.8	Europe (RER)

Provider process	Data classification	Source	Geographical coverage
market for hard coal	secondary data	Ecoinvent 3.8	Europe, without Russia and Turkey
market group for light fuel oil	secondary data	Ecoinvent 3.8	Europe (RER)
market for lignite	secondary data	Ecoinvent 3.8	Europe (RER)

# Upstream (raw materials and manufacturing)

Provider process	Data classification	Source	Geographical coverage
Single-use system			
municipal waste collection service by 21 metric ton lorry	Secondary data	Ecoinvent 3.8	сн
treatment of waste paperboard, unsorted, sorting	Secondary data	Ecoinvent 3.8	Europe without Switzerland
corrugated board box production	secondary data	Ecoinvent 3.8	Europe (RER)
ethylene vinyl acetate copolymer production	secondary data	Ecoinvent 3.8	Europe (RER)
packaging film production, low density polyethylene	secondary data	Ecoinvent 3.8	Europe (RER)
market for tap water	secondary data	Ecoinvent 3.8	Europe without Switzerland
alkyd paint production, white, water-based, product in 60% solution state	secondary data	Ecoinvent 3.8	Europe (RER)
printing lnk production, offset, product in 47.5% solution state	secondary data	Ecoinvent 3.8	Europe (RER)
fatty alcohol production, petrochemical	secondary data	Ecoinvent 3.8	Europe (RER)
N,N-dimethylformamide production	secondary data	Ecoinvent 3.8	Europe (RER)
graphic paper production, 100% recycled	secondary data	Ecoinvent 3.8	Europe (RER)

Provider process	Data classification	Source	Geographical coverage
plywood production	secondary data	Ecoinvent 3.8	Europe (RER)
Multiple-use system	10	10	
polypropylene production, granulate	secondary data	Ecoinvent 3.8	Europe (RER)
injection moulding	secondary data	Ecoinvent 3.8	Europe (RER)
corrugated board box production	secondary data	Ecoinvent 3.8	Europe (RER)
packaging film production, low density polyethylene	secondary data	Ecoinvent 3.8	Europe (RER)
municipal waste collection service by 21 metric ton lorry	Secondary data	Ecoinvent 3.8	СН
treatment of waste paperboard, unsorted, sorting	Secondary data	Ecolnvent 3.8	Europe without Switzerland
ethylene vinyl acetate copolymer production	secondary data	Ecoinvent 3.8	Europe (RER)
market for tap water	secondary data	Ecoinvent 3.8	Europe without Switzerland
alkyd paint production, white, water-based, product in 60% solution state	secondary data	Ecoinvent 3.8	Europe (RER)

# Transport (distribution and transport means in all life cycle stages)

Transport in this study is modelled by truck (>32 t, EURO 4), train (average freight train) and ship (barge).

Provider process	Data classification	Source	Geographical coverage
Single-use system			
transport, freight, inland waterways, barge	Secondary data	Ecoinvent 3.8	Europe (RER)
transport, freight, lorry >32 metric ton, EURO4	Secondary data	Ecoinvent 3.8	Europe (RER)
transport, freight, lorry 16-32 metric ton, EURO4	Secondary data	Ecoinvent 3.8	Europe (RER)
Multiple-use system	dia amin'ny faritr'o amin'ny faritr'o amin'ny faritr'o amin'ny faritr'o amin'ny faritr'o amin'ny faritr'o amin'		

Provider process	Data classification	Source	Geographical coverage
transport, freight, lorry >32 metric ton, EURO4	Secondary data	Ecoinvent 3.8	Europe (RER)
transport, freight train	Secondary data	Ecoinvent 3.8	Germany
transport, freight, inland waterways, barge	Secondary data	Ecoinvent 3.8	Europe (RER)

# Use stage

Provider process	Data classification	Source	Geographical coverage
transport, passenger car, EURO 4	Secondary data	Ecoinvent 3.8	Europe (RER)
transport, regular bus	Secondary data	Ecoinvent 3.8	Switzerland
transport, passenger, motor scooter	Secondary data	Ecoinvent 3.8	Switzerland
transport, passenger, bicycle	Secondary data	Ecoinvent 3.8	Switzerland
market for soap	Secondary data	Ecoinvent 3.8	GLO
market group for tap water	Secondary data	Ecoinvent 3.8	Europe (RER)
market for tissue paper	Secondary data	Ecoinvent 3.8	GLO
market group for municipal solid waste	Secondary data	Ecoinvent 3.8	Europe (RER)
treatment of wastewater, from residence, capacity 1.1E10l/year	Secondary data	Ecoinvent 3.8	Switzerland
market for citric acid	secondary data	Ecoinvent 3.8	GLO
market for potassium hydroxide	secondary data	Ecoinvent 3.8	GLO
market for sodium silicate, solid	secondary data	Ecoinvent 3.8	Europe (RER)
market for sodium perborate, monohydrate, powder	secondary data	Ecoinvent 3.8	GLO
market for water, deionised	secondary data	Ecoinvent 3.8	Europe (RER)

Provider process	Data classification	Source	Geographical coverage
market for ethoxylated alcohol	secondary data	Ecoinvent 3.8	Europe (RER)
market for sodium cumenesulphonate	secondary data	Ecoinvent 3.8	GLO
market group for tap water	secondary data	Ecoinvent 3.8	Europe (RER)
market for wastewater, average	secondary data	Ecoinvent 3.8	Europe without Switzerland

# End-of-life treatment

Provider process	Data classification	Source	Geographical coverage		
Single-use system					
treatment of waste paperboard, municipal incineration	Secondary data	Ecoinvent 3.8	СН		
treatment of waste polyethylene, municipal incineration	Secondary data	Ecoinvent 3.8	СН		
treatment of waste wood, untreated, municipal incineration	Secondary data	Ecoinvent 3.8	СН		
treatment of waste paperboard, unsorted, sorting	Secondary data	Ecoinvent 3.8	Europe without Switzerland		
market for wastewater, average	Secondary data	Ecoinvent 3.8	Europe without Switzerland		
market for waste wood, untreated	Secondary data	Ecoinvent 3.8	Europe (RER)		
market for sludge from pulp and paper production	Secondary data	Ecoinvent 3.8	Europe without Switzerland		
market for scrap steel	Secondary data	Ecoinvent 3.8	Europe without Switzerland		
market for municipal solid waste	Secondary data	Ecoinvent 3.8	Europe (RER)		
market for hazardous waste, for incineration	Secondary data	Ecoinvent 3.8	Europe without Switzerland		

Provider process	Data classification	Source	Geographical coverage
treatment of waste polyethylene, municipal incineration	Secondary data	Ecoinvent 3.8	СН
treatment of waste paperboard, municipal incineration	Secondary data	Ecoinvent 3.8	СН
treatment of biowaste, municipal incineration with fly ash extraction	Secondary data	Ecoinvent 3.8	сн
market for bark chips, wet, measured as dry mass	Secondary data	Ecoinvent 3.8	Europe without Switzerland
market for hydrogen peroxide, without water, in 50% solution state	Secondary data	Ecoinvent 3.8	Europe (RER)
market for sodium hydroxide, without water, in 50% solution state	Secondary data	Ecoinvent 3.8	Global
market for sodium silicate, spray powder, 80%	Secondary data	Ecoinvent 3.8	Europe (RER)
market for maize starch	Secondary data	Ecoinvent 3.8	Global
Multiple-use system		1	
market group for tap water	secondary data	Ecoinvent 3.8	Europe (RER)
transport, freight, lorry >32 metric ton, EURO4   transport, freight, lorry >32 metric ton, EURO4   Cutoff, S - RER	secondary data	Ecoinvent 3.8	Europe (RER)
treatment of waste polypropylene, municipal incineration   waste polypropylene   Cutoff, S - CH	secondary data	Ecoinvent 3.8	Europe (RER)
treatment of waste paperboard, unsorted, sorting	Secondary data	Ecoinvent 3.8	Europe without Switzerland
market for wastewater, average	Secondary data	Ecoinvent 3.8	Europe without Switzerland
market for municipal solid waste	Secondary data	Ecoinvent 3.8	Europe (RER)
market for hazardous waste, for incineration	Secondary data	Ecoinvent 3.8	Europe without Switzerland
treatment of waste polyethylene, municipal incineration	Secondary data	Ecoinvent 3.8	СН
treatment of waste paperboard, municipal incineration	Secondary data	Ecoinvent 3.8	СН
treatment of biowaste, municipal incineration with fly ash extraction	Secondary data	Ecoinvent 3.8	СН

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Provider process	Data classification	Source	Geographical coverage
market for bark chips, wet, measured as dry mass	Secondary data	Ecoinvent 3.8	Europe without Switzerland
market for hydrogen peroxide, without water, in 50% solution state	Secondary data	Ecoinvent 3.8	Europe (RER)
market for sodium hydroxide, without water, in 50% solution state	Secondary data	Ecoinvent 3.8	Global
market for sodium silicate, spray powder, 80%	Secondary data	Ecoinvent 3.8	Europe (RER)
market for maize starch	Secondary data	Ecoinvent 3.8	Global

# Avoided emissions (credits)

The following table presents 4 datasets used in the model for the avoided emissions of pulp and 2 datasets for avoided energy emissions. These datasets represent average European electricity and steam generation. For electrical generation, medium voltage is assumed, while for steam generation, natural gas production is assumed.

Provider process	Data classification	Source	Geographical coverage			
Single-use system						
Sulfate pulp production, from softwood, unbleached	Secondary data	Ecoinvent 3.8	Europe (RER)			
Stone groundwood pulp production	Secondary data	Ecoinvent 3.8	Europe (RER)			
Thermo-mechanical pulp (TMP) production	Secondary data	Ecoinvent 3.8	Europe (RER)			
Chemo-thermomechanical pulp (CTMP) production	Secondary data	Ecoinvent 3.8	Europe (RER)			
Market group for electricity, medium voltage	Secondary data	Ecoinvent 3.8	Europe (RER)			
Market group for heat, district or industrial, natural gas	Secondary data	Ecoinvent 3.8	Europe (RER)			
polyethylene production, low density, granulate	Secondary data	Ecoinvent 3.8	Europe (RER)			
Multiple-use system		*				
Sulfate pulp production, from softwood, unbleached	Secondary data	Ecoinvent 3.8	Europe (RER)			
Provider process	Data classification	Source	Geographical coverage			
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Stone groundwood pulp production	Secondary data	Ecoinvent 3.8	Europe (RER)			
Thermo-mechanical pulp (TMP) production	Secondary data	Ecoinvent 3.8	Europe (RER)			
Chemo-thermomechanical pulp (CTMP) production	Secondary data	Ecoinvent 3.8	Europe (RER)			
Market group for electricity, medium voltage	Secondary data	Ecoinvent 3.8	Europe (RER)			
Market group for heat, district or industrial, natural gas	Secondary data	Ecoinvent 3.8	Europe (RER)			
polyethylene production, low density, granulate	Secondary data	Ecoinvent 3.8	Europe (RER)			
polypropylene production	Secondary data	Ecoinvent 3.8	Europe (RER)			

## **APPENDIX 4. PRIMARY DATA FROM QSRS**

Stage	Parameter	System (SU/MU)	Assumption (value or range)
Production and use	Type and amount of items	SU/MU	Confidential
	On-the-go		Confidential
Share of selling channels	Click and collect	SU/MU	Confidential
	Drive through	30,110	Confidential
	Delivery		Confidential

Use	Number of reuses of MU items	MU	50
Use	Return rate	MU	50%
Use (on-the-go, click and collect, delivery)	Average distance and means of transport	SU/MU	Confidential
Use (drive through)	Average distance	SU/MU	Confidential
Use (professional washing)	Type of washing and type of dishwashers	MU	In-store, hood-type

## APPENDIX 5. RESULTS OF CONTRIBUTION ANALYSIS IN TABULAR FORM

SU: Impact categories	Raw material extraction and manufacturing	Converting	Distribution	EoL recycling	EoL incineration	Credits material	Credits energy
EF-Acidification [mol H+ equivalents]	38%	25%	10%	<mark>5%</mark>	2%	11%	9%
EF-Climate change, biogenic [kg CO2- Equivalents]	50%	41%	0%	0%	0%	6%	2%
EF-Climate change, fossil [kg CO2-Equivalents]	42%	22%	9%	5%	1%	7%	13%
EF-Climate change, land use and land use change [kg CO2- Equivalents]	55%	43%	0%	0%	0%	1%	1%
EF-Climate change, total [kg CO2-Equivalents]	43%	23%	9%	5%	1%	7%	13%
EF-Eutrophication, freshwater [kg N equivalents]	39%	29%	1%	3%	0%	11%	16%
EF-Eutrophication, marine [kg P equivalents]	45%	22%	9%	7%	3%	9%	5%

EF-Eutrophication, terrestrial [mol N equivalents]	44%	18%	13%	6%	3%	11%	6%
EF-Ionising radiation, human health [kBq U235 equivalents]	49%	22%	3%	1%	0%	9%	15%
EF-Ozone depletion [kg CFC11 equivalents]	42%	22%	16%	4%	1%	5%	10%
EF-Particulate matter [disease incidence]	42%	16%	15%	4%	2%	19%	2%
EF-Photochemical ozone formation - human health [kg NMVOC equivalents]	46%	17%	14%	4%	3%	11%	6%
EF-Resource use, fossils [MJ]	42%	26%	7%	3%	1%	7%	14%
EF-Resource use, minerals and metals [kg Sb equivalents]	36%	31%	8%	5%	1%	14%	5%
ReCiPe 2016 Midpoint (H)- Water consumption	34%	25%	1%	3%	3%	26%	8%

MU: Impact categories	Raw material extraction and manufacturing	Distribution	Use phase transport	Washing	EoL recycling	EoL incineration	EoL landfilling	Credits material	Credits energy
EF-Acidification [mol H+ equivalents]	12%	3%	56%	17%	2%	1%	0%	6%	4%
EF-Climate change, biogenic [kg CO2- Equivalents]	1%	0%	1%	13%	2%	0%	82%	1%	0%
EF-Climate change, fossil [kg CO2-Equivalents]	13%	3%	54%	14%	1%	5%	0%	5%	5%
EF-Climate change, land use and land use change [kg CO2- Equivalents]	5%	0%	5%	87%	0%	0%	0%	1%	1%
EF-Climate change, total [kg CO2-Equivalents]	12%	3%	52%	14%	1%	4%	3%	5%	5%
EF- Eutrophication, freshwater [kg N equivalents]	14%	1%	24%	45%	2%	0%	0%	5%	9%
EF- Eutrophication, marine [kg P equivalents]	8%	4%	53%	21%	2%	2%	3%	5%	2%
EF- Eutrophication, terrestrial [mol N equivalents]	9%	5%	64%	12%	2%	2%	0%	5%	2%

EF-Ionising radiation, human health [kBq U235 equivalents]	13%	2%	29%	39%	2%	0%	0%	5%	11%
EF-Ozone depletion [kg CFC11 equivalents]	5%	5%	77%	7%	1%	0%	0%	2%	4%
EF-Particulate matter [disease incidence]	8%	4%	68%	10%	1%	1%	0%	7%	1%
EF-Photochemical ozone formation - human health [kg NMVOC equivalents]	7%	3%	75%	7%	1%	1%	0%	4%	2%
EF-Resource use, fossils [MJ]	22%	3%	43%	16%	1%	0%	0%	9%	6%
EF-Resource use, minerals and metals [kg Sb equivalents]	9%	1%	77%	7%	1%	0%	0%	4%	1%
ReCiPe 2016 Midpoint (H)- Water consumption	21%	1%	20%	34%	1%	2%	0%	15%	6%

## APPENDIX 6. RESULTS OF SENSITIVITY ANALYSIS IN TABULAR FORM

			S01	S02	503	504	S05	S	06	S	07	S	08	S	09
			Take-back parameters			Washin	g phase		End-of-Life						
Impact categories	Basi scer	eline 1ario	100 reuses	70% return rate	1/5 take- back	No prewash	External washing	30rec	, 70inc	60rec, 10	30inc, and	EURC	ISTAT	Cut-of	r 50:50
	SU	MU	MU	MU	MU	MU	MU	SU	MU	SU	MU	SU	MU	SU	MU
Acidification	77.48	167.58	158.73	224.77	90.14	153.77	145.59	75.57	166.60	75.25	165.39	52.67	167.89	81.92	171.67
Climate change, total	20812	39789	36877	51793	22092	36680	35808	17445	38175	21912	39398	19319	39689	21150	40679
Eutrophication, freshwater	5.48	9.28	8.59	12.71	7.09	7.20	5.48	5.16	9.11	5.77	9.38	3.44	9.56	5.98	9.50
Eutrophication, marine	37.78	49.63	47.71	66.17	29.11	43.25	44.03	34.81	48.01	37.03	48.97	33.00	49.41	38.40	50.35
Eutrophication, terrestrial	254.51	449.31	431.38	602.42	226.74	422.64	414.24	252.18	448.21	242.50	442.36	190.72	447.50	263.78	457.06
Ionising radiation, human health	3976	4318	4010	5971	3076	3954	2213	3780	4215	4145	4393	2760	4494	4263	4429
Ozone depletion	2.8E-03	5.6E-03	5.5E-03	7.7E-03	2.31E-03	5.4E-03	5.4E-03	2.7E-03	5.6E-03	2.8E-03	5.7E-03	2.5E-03	5.7E-03	2.8E-03	5.6E-03
Particulate matter	8.3E-04	1.9E-03	1.8E-03	2.6E-03	8.48E-04	1.7E-03	1.8E-03	8.3E-04	1.9E-03	6.8E-04	1.8E-03	2.0E-04	1.8E-03	9.4E-04	1.9E-03
Photochemical ozone formation	69.83	213.50	207.17	289.97	97.64	206.64	204.29	68.26	212.70	65.38	210.40	46.50	212.60	73.55	217.15
Resource use, fossils	314931	581979	527025	758225	334076	540584	491280	301757	575174	335471	577950	272587	590390	326777	615436
Resource use, minerals and metals	0.06	0.32	0.31	0.44	0.13	0.31	0.31	0.06	0.32	0.06	0.32	0.04	0.32	0.06	0.33
Water consumption	136.82	224.50	194.80	299.77	171.16	169.34	146.11	131.97	221.98	83.22	187.28	125.16	213.04	186.52	251.79

## APPENDIX 7. CONCLUSIONS OF THE META-STUDY CONDUCTED BY RAMBOLL ON BEHALF OF EPPA (RAMBOLL, 2022)

On behalf of European Paper Packaging Alliance, Ramboll has conducted a meta-study (Ramboll, 2022) with the aim of identifying, describing, and assessing additional environmental implications of *take-away services* (e.g., drive-through, on-the-go, click and collect, and home delivery services) of QSRs with regard to single-use and multiple-use food containers, using as a point of reference the existing body of knowledge - relating to QSRs in-store consumption - of the recently comparative LCA conducted by Ramboll on behalf of EPPA.

For the purpose of the analysis the definition of hotspot (used in the context of environmental assessment) by the "Life Cycle Initiative" has been used:

### "A life cycle stage, process or elementary flow which accounts for a significant proportion of the impact of the functional unit (see UN Framework)"<sup>50</sup>. The following

activities have been performed:

- Focused literature review on environmental performance of *take-away services*, market trends, and similar decision-contexts from which evidence may be transferred to *take-away services*.
- Identification and description of expected additional effects arising from *take-away services* with regard to both single-use and multiple-use product items.
- Interpretation of literature findings in the context of the existing full comparative LCA study on behalf of EPPA, considering the differences (in terms of systems boundaries) between in-store consumption and *take-away services*.

The system under analysis has been defined as:

## consumption of foodstuff and beverages with single-use or multiple-use tableware considering take-away services of an average European QSR

Based on this, several keywords have been utilized to carry out desktop-based research, with the aim of identifying the existing body of knowledge: **29 literature sources have been identified** and have been subsequently refined by defining different quality criteria, selecting only the sources that have met at least 50% of defined quality criteria, resulting in **26 relevant sources**.

Based on these relevant sources, the following hotspots have been identified: Actual number of uses for MU items; Type of take-back system; Return rate; Distance; Means of transport; Type of preliminary washing at home; Type of professional washing; Physical limit to number of washings; Additional packaging; Weight optimization; Control and inspection; Application of specific taxes/fees; Theft; Additional items for QSRs effective functioning; Improper disposal.

The identified hotspots have been interpreted and discussed with the aim of evaluating (in a qualitative way) environmental implications of take-away services of QSRs with regard to single-use and multiple-use food containers.

In particular, the outcomes of the literature review have been interpreted considering the differences between the system boundaries of the in-store consumption and *take-away services*, with **the aim of identifying**, **describing**, **and assessing additional environmental implications of take-away services with regard to single-use and multiple-use food containers**.

<sup>&</sup>lt;sup>50</sup> Source: <u>https://www.lifecyclein tiative.org/resources/life-cycle-terminology-2/</u>

SINGLE-USE AND MULTIPLE-USE TABLEWARE SYSTEMS FOR TAKE-AWAY SERVICES IN QUICK SERVICE RESTAURANTS

Results have been presented in a semi-quantitative manner using the Rapid Impact Assessment Matrix (RIAM) method – widely adopted in the framework of Environmental Impact Assessment -, to provide an accurate and independent score for each impact category.

Based on the results of the hotspot analysis, the following claims can be established:

- 1. Reutilization rate (hotspots group 1) and washing (hotspots group 3) affect only the MU system.
- 2. Transport (hotspots group 2) and weight (hotspots group 4) affect both SU and MU systems, but to different extents, as they are more burdensome on the MU system for the reasons extensively discussed in the previous paragraphs.

**Table 29** summarizes what are the impact categories mostly affected when shifting from in-store consumption to *take-away services*, comparing the results for SU and MU systems. The table provides a qualitative indication of the effects of *take-away services* life cycle stages and processes in terms of trend, i.e., increase or reduction of impacts. These conclusions are based on literature review and knowledge developed based on the full LCA study conducted for in-store consumption (Ramboll, 2020). However, the mentioned additional/typical life cycle stages of *take-away services*, may generate significant impacts also in other impact categories. A quantitative assessment by means of a Life Cycle Assessment study is recommended in this perspective.

Impact categories	SU system Life cycle stage / process and effects	MU system Life cycle stage / process and effects
Climate Change	Additional packaging (+) Transport to home (+)	Additional packaging (+) Transport to home (+) Transport back to QSRs and to dishwashing centralized facility (+) Possible decrease in the number of reuses (+) Preliminary washing at home (+) More efficient dishwashing in case of centralized facility (-) Possible increase in improper disposal (+)
Photochemical oxidant formation	Additional packaging (+) Transport to home (+)	Additional packaging (+) Transport to home (+) Transport back to QSRs and to dishwashing centralized facility (+) Preliminary washing at home (+) Possible decrease in the number of reuses (+)
Fine particulate matter formation	Additional packaging (+) Transport to home (+) Possible increase in improper disposal (+)	Additional packaging (+) Transport to home (+) Transport back to QSRs and to dishwashing centralized facility (+) Possible decrease in the number of reuses (+) More efficient dishwashing in case of centralized facility (-)
Water use	Additional packaging (+) Possible increase in improper disposal (+)	Additional packaging (+) Preliminary washing at home (+) More efficient dishwashing in case of centralized facility (-)
Eutrophication	Additional packaging (+) Possible increase in improper disposal (+)	Additional packaging (+) Possible decrease in the number of reuses (+)
Ionizing radiation	Additional packaging (+) Possible increase in improper disposal (+)	Additional packaging (+) Preliminary washing at home (+) More efficient dishwashing in case of centralized facility (-)
Resource use, minerals and metals	Additional packaging (+)	Additional packaging (+) Preliminary washing at home (+) More efficient dishwashing in case of centralized facility (-) Possible decrease in the number of reuses (+)
Resource use, fossils	Additional packaging (+) Transport to home (+)	Additional packaging (+) Transport to home (+)

Table 29 Impact categories mostly affected when shifting from in-store consumption to take-away services for SU and MU systems

	Possible increase in improper disposal (+)	Transport back to QSRs and to dishwashing centralized facility (+) Preliminary washing at home (+) More efficient dishwashing in case of centralized facility (-) Possible decrease in the number of reuses (+)
Ecotoxicity	-	Preliminary washing at home (+)
Ozone depletion	Additional packaging (+)	Additional packaging (+) Preliminary washing at home (+) More efficient dishwashing in case of centralized facility (-) Possible decrease in the number of reuses (+)
(+) increase; (-) redu	uction	

For SU systems, the additional impacts obtained when shifting from in-store consumption to *take-away services* relate to the additional packaging, the transport to home and the possible increase in improper disposal. In particular, the main impact categories potentially affected by the shifting are those of Climate Change, Photochemical oxidant formation, Fine particulate matter formation, Water use, Eutrophication, Ionizing radiation, Resource use, minerals and metals, Resource use, fossils and Ozone depletion. More specifically:

- Additional packaging generates impacts almost in all reported categories due to the production phase of bags and other secondary packaging (Liu *et al.*, 2020; Zhou *et al.*, 2020; Arunan and Crawford, 2021).
- **Transport to home** generates impacts mainly in the Climate Change, Photochemical oxidant formation, Fine particulate matter formation and Resource use, fossils categories due to the direct emissions of the utilized means of transport (Cottafava *et al.*, 2021; Verburgt, 2021).
- **Possible increase in improper disposal** generates impacts mainly in the Fine particulate matter formation, Water use, Eutrophication, Ionizing radiation and Resource use, fossils categories due to the higher utilization of incineration instead of recycling (Ramboll, 2020).

For MU systems, the additional impacts obtained when shifting from in-store consumption to *take-away services* relate to additional packaging, transport to home, preliminary washing at home, transport back to QSRs, possible decrease in the number of reuses and possible increase in improper disposal. In particular, the main impact categories potentially affected by the shifting are those of Climate Change, Photochemical oxidant formation, Ozone depletion, Ecotoxicity and Fossil depletion. More specifically:

- Additional packaging is <u>at least</u> the same for SU.
- **Transport to home** is <u>at least</u> the same for SU.
- Preliminary washing at home generates impacts mainly in the Climate Change, Photochemical oxidant formation, Water use, Ionizing radiation, Resource use, minerals and metals, Resource use, fossils, Ecotoxicity and Ozone depletion categories due to consumptions of electric energy (or natural gas), water and detergents (Gallego-Schmid, Mendoza and Azapagic, 2018; Martin, Bunsen and Ciroth, 2018; Ramboll, 2020; Greenwood *et al.*, 2021; Verburgt, 2021). On the other hand, more efficient dishwashing in case of centralized facility may determine a reduction of overall impacts for MU systems (if compared to take-back mechanism whereby all MU items are washed in QSRs) mainly in the Climate Change, Water use, Ionizing radiation, Resource use, minerals and metals, Resource use, fossils and Ozone depletion categories due to the reduced consumptions of electric energy (or natural gas), water and detergents (Gallego-Schmid, Mendoza and Azapagic, 2018; Martin, Bunsen and Ciroth, 2018; Ramboll, 2020; Greenwood *et al.*, 2021; Verburgt, 2021)
- **Transport back to QSRs**: as for the transport to home. This means that overall impacts related to transport are at least twice than those of SU systems.
- **Possible decrease in the number of reuses** generates impacts mainly in the Climate Change, Photochemical oxidant formation, Fine particulate matter formation, Eutrophication, Resource use, minerals and metals, Resource use, fossils and Ozone

depletion categories due to necessity to increase the production of MU items (Martin, Bunsen and Ciroth, 2018; Ramboll, 2020; Greenwood *et al.*, 2021; Verburgt, 2021)

• **Possible increase in improper disposal** generates impacts mainly in the Climate Change category due to the higher utilization of incineration instead of recycling (Ramboll, 2020).

Water use can have a significant contribution to overall impacts of use stage of MU items, with different possible environmental performances associated to different adopted washing methods for *take-away services*.

Based on this comparison, it can be concluded that, when shifting from in-store consumption to *take-away services*, both SU and MU systems can suffer from additional environmental impacts in several categories, but to different extent, meaning that additional impacts for SU systems are limited to few aspects, while MU systems are affected not only by the same impacts as for SU systems but also by another series of impacts related to phases that are exclusive of the MU system, i.e.: preliminary washing at home, transport back to QSRs, possible decrease in the number of reuses.

However, a take-back system in which all MU items are sent to centralized washing facilities (with high level of efficiency) could determine a significant reduction of overall impacts (if compared to take-back mechanism whereby all MU items are washed in QSRs).

On this basis, it can be concluded that a shifting from in-store consumption to *take-away services* would be more burdensome for MU system than SU system. This conclusion could be further confirmed with a quantitative assessment by means of a Life Cycle Assessment study.

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## DESKTOP ASSESSMENT RELATED TO

## **COMPARATIVE LCA PERFORMED FOR QUICK**

## SERVICE RESTAURANTS

## **IRISH CONTEXT EVALUATION**



### DESKTOP ASSESSMENT RELATED TO COMPARATIVE LCA PERFORMED FOR QUICK SERVICE RESTAURANTS IRISH CONTEXT EVALUATION

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<sup>1</sup> 'Comparative LCA: Single-use and Multiple-use dishes systems for in-store consumption in Quick Serv ce Restaurants', December 2020, p. 182

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## **ABBREVIATIONS**

EoL	End-of-Life
EPPA	European Paper Packaging Alliance
EU	European Union
FU	Functional Unit
IE	Ireland
ISO	International Standardization Organization
LCA	Life cycle assessment
LCI	Life cycle inventory
LCIA	Life cycle impact assessment
MU	Multiple-Use
PP	Polypropylene
QSR	Quick service restaurant
SU	Single-Use
UK	United Kingdom

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## **1. INTRODUCTION**

Ramboll was appointed by the European Paper Packaging Alliance (EPPA) as technical consultant for conducting a desktop assessment to identify peculiarities of Irish context (hereinafter IE) that can have significant impacts on the results of a Comparative Life Cycle Assessment (LCA) between a single use dishes system and equivalent multiple-use dishes system in Quick Service Restaurants (referred to EU average + UK) in accordance with ISO standards 14040 and 14044 conducted in 2020 on behalf of EPPA (Ramboll, 2020<sup>2</sup>). The functional unit of the performed Comparative LCA was:

*in-store consumption of foodstuff and beverages with single-use or multiple-use dishes (including cups, lids, plates, containers and cutlery) in an average QSR for 365 days in Europe in consideration of established facilities and hygiene standards as well as QSR-specific characteristics (e.g., peak times, throughput of served dishes).* 

To this aim, Ramboll carried out a dedicated desktop assessment (including literature review and a web-based research) to identify peculiarities of Irish context that can have significant impacts on LCA results, and performed a specific assessment related to the variation of the parameters for which figures of Irish context are comparable/different with the ones utilized in the EU Comparative LCA study (Ramboll, 2020), considering baseline scenario and sensitivity analyses.

Results of this assessment are summarized in this Memo report that includes a qualitative evaluation of the possibility to consider main conclusions of EU Comparative LCA study (Ramboll, 2020) representative also of the Irish context.

**Note:** This study is not intended as a Life Cycle Assessment and the adopted methodology does not follow any applicable ISO standard. In addition, qualitative results are not subject to a third-party review.

<sup>2</sup> 'Comparative LCA: Single-use and Multiple-use dishes systems for in-store consumption in Quick Serv ce Restaurants', December 2020, p. 182.

# 2. EUROPEAN LCA STUDY - SUMMARY OF APPROACH AND ASSUMPTIONS

As mentioned before, in 2020 Ramboll was appointed by the European Paper Packaging Alliance (EPPA) as technical consultant for conducting a comparative Life Cycle Assessment (LCA) study between a single use dishes system and equivalent multiple-use dishes in Quick Service Restaurants (hereafter "QSRs") in accordance with ISO standards 14040 and 14044 (Ramboll, 2020) as a basis for discussion with authority representatives on the current legal developments within the European Union plus the United Kingdom regarding circular economy and waste prevention.

This assessment was embedded in an ongoing debate around the environmental performance of single-use and multiple-use products, and it was focused on a systemic approach (comprehensive dishes options for in-store consumption in QSR) which was used to reflect both systems and compare equal functions of single-use and multiple-use product items in an average. Below approach and assumptions of the EU Comparative LCA Study (Ramboll, 2020) are summarized.

The main goal of the EU Comparative LCA study (Ramboll, 2020) was to use a systems-based approach to compare the environmental performance of single-use (SU) and multipleuse (MU) dishes options for in-store consumption in QSR in Europe.

The functional unit was the in-store consumption of foodstuff and beverages with single-use or multiple-use dishes (including cups, lids, plates, containers and cutlery) in an *average* QSR for 365 days in Europe in consideration of established facilities and hygiene standards as well as QSR-specific characteristics (e.g., peak times, throughput of served dishes).

For the comparative assessment, two fundamentally distinct systems were taken into consideration:

- the current system in QSRs based on single-use (disposable) products made of paperboard with a polyethylene (PE) content < 10% w/w (also referred to as single-use product system), accounting for regulatory implications in 2023 (e.g., targets for separate waste collection and end of life (EoL) recycling);
- an expected (hypothetical) future system in the near future based on equivalent multipleuse products (also referred to as multiple-use product system) and respective processes and infrastructure for washing operations (in-store or sub-contracted).

The distinctive feature of this study compared to other assessments within this field of research were the following:

- **Approach**: the main goal of the EU Comparative LCA study (Ramboll, 2020)was to compare through a system approach the environmental performance of single-use and multiple-use dishes options for in-store consumption in QSR in Europe, and not focused on the environmental performance of a single product
- Robustness and reliability of the investigated system: the incorporation of representative data and information with regards to the functional unit, inventory data as well assumptions around the systems – primary data and information (reflected in the functional unit) for single-use system were obtained from EPPA members.

In addition, an **extensive sensitivity analysis was carried out:** 12 scenarios analysed (9 for MU system; 3 for SU system), including: different recycling rates, different washing scenarios, different EoL allocation approaches

The geographical scope of the baseline comparison was Europe (EU-27 + UK). This geographical boundary was reflected in the assumptions around the systems (e.g., recycling rates) and background datasets (e.g., electricity from grid) as inventory data for the manufacturing stage of certain products will be site-specific or representing average production scenarios.

The EU Comparative LCA study (Ramboll, 2020) considered the use of **7 different food and beverage containers**:

- A cold cup
- A hot cup
- A wrap/clamshell or plate/cover or tray
- A fry bag/basket/fry carton
- A salad bowl with lid
- A cutlery set
- An ice-cream cup.

In total, the EU Comparative LCA study (Ramboll, 2020) incorporated the life cycles of:

- **10 different single-use product items** made of paperboard (if coated, PE content is <10% w/w); and
- **14 different multiple-use product items** (represented in different scenarios and sensitivity analyses) with 2 dishes set options: one set made of polypropylene (PP; one acrylic plastic item), and one set combining PP, ceramic, glass and steel for sensitivity analyses.

For the **baseline scenarios** the following key assumptions were made:

Single-use system:

- Paper manufacturing refers to the respective geographical context of the paper mill or manufacturer from which primary data is used and is considered representative for EU-average supply chain
- Products are made solely from virgin paper
- Intermediate transport from paper producers to converters is modelled according to primary data provided by converters
- Paper converting stage is modelled based on primary data obtained from converters located in representative European countries
- Production paper wastes during converting (i.e., post-industrial wastes) are materially recycled as indicated in primary information obtained from converters;
- Types and amounts of packaging materials (cardboard and PE foils) for all single-use product items (except for wooden cutlery) are based on primary data from converters
- EoL (paper products): 30% paper recycling and 70% incineration with energy recovery for paper

### Multiple-use system:

- PP manufacturing in Europe
- Average reuse PP rate of 100 reuses is considered. Reuse rates also include potential replacement reasons such as damages, stains, theft or loss. The latter reasons are considered to be relatively important in QSRs as higher volumes of product items are involved than in regular restaurants
- Dishwashing process:
  - An average scenario for in-house dishwashers is used to reflect different grades of devices' efficiencies
  - Internal washing is assumed with a separate drying module because of hygienic requirements and increased efforts for drying of PP products based on literature information, 30% of total energy demand of washing and drying comes from drying; thus, energy demands for washing reported in literature were increased by +30% if the device does not perform sufficient drying for PP products
  - State-of-the-art detergent and rinse agent compositions are assumed 0
  - Average rewashing rate for all items of 5% is considered, this assumption is 0 made to avoid persistent residues that might remain after washing
  - Production of simplified dishwashers is considered (generic assumption of two 0 additional devices to be installed inside a QSR to perform in-house washing, tenyear lifetime of the dishwasher).
- EoL (PP products): 30% material recycling and 70% incineration with energy recovery

For the EoL assumption of the baseline scenarios it should be noted that generic plastic packaging shows EU average recycling figures (about 40%)<sup>3</sup> lower than paper packaging (about  $85\%^4$ ). For data symmetry reasons in the comparison and due to the lack of product-specific recycling rates for QSRs, 30% material recycling and 70% incineration with energy recovery were assumed for both baseline scenarios, provided that appropriate sorting of post-consumer waste fractions is facilitated at the EoL stage. Sensitivity analyses were performed for 0% recycling and 100% incineration with energy recovery and for 70% material recycling and 30% incineration with energy recovery for both systems.

The following sensitivity analyses - only one parameter or assumption was changed per system in order to maintain transparency and ensure traceability of results - were performed:

- Single-use system: Different recycling rates of post-consumer paperboard (0%; 70%);
- <u>Multiple-use system</u>: Different recycling rates of post-consumer PP items (0%; 70%);
- <u>Multiple-use system</u>: Varied demand for multiple-use items (30% higher; 30% lower);
- Multiple-use system: Optimised washing scenario; ٠
- Multiple-use system: External washing with band transport dishwasher;
- Multiple-use system: Alternative multiple-use items (dishes made from ceramic (500 or 250 reuses), glass (500 or 250 reuses), stainless steel (1000 reuses) and PP (100 reuses);

<sup>3</sup> https://ec.europa.eu/eurostat/databrowser/view/ten00063/default/table?lang=en <sup>4</sup> https://ec.europa.eu/eurostat/databrowser/view/ten00063/default/table?lang=en

• <u>Both systems</u>: Different EoL allocation approach for avoided energy and material production (50:50)

### External review

Assumption described above are summarized from the ISO-compliant full LCA report that was subject to a third-party review, conducted by TÜV NORD CERT Umweltgutachter GmbH (date of review - 16<sup>th</sup> December 2020). The study was updated in 2021 due to an extensive GaBi database update (the updated version of the study was not subject to a third-party review).

Full description is available in the LCA report.

## 3. EVALUATION OF GEOGRAPHICAL-SPECIFIC PARAMETERS

The main scope of the assessment is to **identify peculiarities of Irish context that can have significant impacts on LCA results** and highlight similarities and differences. The shift of geographical location from the European average situation (assessed in the EU Comparative LCA study (Ramboll, 2020)) to the Irish context could influence different *life cycle stages/parameters*. To this aim the performed assessment investigated all life cycle stages (considering SU and MU systems), as described below:

- **Upstream**, that includes raw material production, processing and converting of SU paperboards, as well as raw material production, processing, and manufacturing of MU product items.
- **Distribution** of product items, which includes transport from converter or manufacturers to QSRs.
- **Use stage** (relevant only for MU system), which includes washing, drying at QSRs and wastewater treatment.
- End of life (downstream), which includes SU and MU items recycling and incineration.
- Avoided material (pulp and PP granulate when recycling).
- Avoided energy production (thermal and electrical energy when incinerating).

As a preliminary assessment, Ramboll identified the *life cycle stages/parameters* that are geographically dependent (i.e., the *life cycle stages/parameters* have been classified as Geography-dependent: affected by the geographical scope of the study (considering the location of QSRs); or not geography-dependent: not affected by the geographical scope of the study (considering the location of QSRs)). To this aim the following information have been used as references:

- The EU Comparative LCA study (Ramboll, 2020), and in particular:
  - $_{\odot}$   $\,$  The entire body of literature utilised, and the main assumptions considered.
  - The baseline results.
  - The contribution analyses (i.e., how much each life cycle stage contribute to overall results in each impact category).
  - The sensitivity analyses (i.e., how much the variation of selected key parameters affect the overall results).
- Results of a specific desktop-assessment related to Irish context.

The following table includes a summary of *life cycle stages/parameters* and the categorization (e.g., affected/not affected by the geographical scope of the study).

## Table 1: Parameters from the EU study that could be affected by a shift of the geographical scope withing the EU context

life cycle stages/parameters		Affected/no geographical sc	Classification	
		SU system	MU system	Classification
Upstream	All processes in the Raw material extraction and manufacturing stage	Not affected: Site- specific manufacturing by EPPA members and partners	Not affected: Site- specific manufacturing in other countries	Not- geography dependent
Distribution	Distribution of items	Affected	Affected	Geography- dependent
Use stage	Demand of MU items	Not applicable	Not affected: It only depends on QSR size, which is set to an average value not dependent from the geographical context	Not- geography dependent
	Number of reuses (rotations)	Not applicable	Not affected: this value has been considered from literature studies at average level, and therefore it does not depend on site- specific situation	Not- geography dependent
	Energy grid mix in the Use stage	Not applicable	Affected: washing and drying effects depend on electrical grid mix of the country	Geography- dependent (only for MU)
	Energy consumption rate in the Use stage	Not applicable	Not affected: consumption rate of dishwasher is retrieved from average EU values in literature, and therefore no country- specific boundaries could be evaluated	Not- geography dependent
End of Life	Type of treatment in the EoL stage	Affected: recycling/incineration shares depend on country statistics	Affected: recycling/incineration shares depend on country statistics	Geography- dependent
	Avoided material production	Not affected: EU average database set is the only one available (background data)	Not affected: EU average database set is the only one available (background data)	Not- geography dependent
	Avoided energy production	Affected: when incinerating wastepaper, energy credited should be adapted to the geographical scope	Affected: when incinerating plastic waste, energy credited should be adapted to the geographical scope	Geography- dependent

Based on the performed preliminary assessment, the following parameters have been identified as geographically dependent:

- 1. Distribution of items.
- 2. Energy grid mix in the Use stage (relevant for MU system only).
- 3. Type of treatment in the EoL stage.
- 4. Avoided energy production.

### BOX #1: Preliminary comments on the identified geographical dependent parameters

As anticipated at § 2 the comparison of the single-use and multiple-use systems showed that the **environmental hotspots predominantly occur in different life cycle phases in the two systems**: for the single-use system, major impacts are generated during the upstream production of the items whereas the main contributor to the impacts of the multiple-use system is the use phase, i.e., the washing of items.

Based on the above, it is expected that the geographical shifting of the study might determine:

- potentially limited differences on SU system (if compared to EU scope), since the geographical shifting does not affect the main environmental hotspot, i.e., the upstream phase, due to the well-established paper production and converting in specific EU countries (as explained in detail in the following paragraph 3.1.1).
- potentially relevant differences on MU system (if compared to EU scope), since the geographical shifting could affect the main environmental hotspot, i.e., the use phase. These differences are expected relevant only in case the environmental impact emissions of the electrical grid mix of the investigated geography are significatively different of EU ones.

### 3.1 Irish-specific context

To retrieve Irish-specific features that could affect the *life cycle stages/parameters* described above an in-depth analysis of this context has been performed, using the following sources of information:

- Scientific literature.
- Press releases (in the form of journal/websites).
- LCA databases.
- Statistics from official sources.

The following paragraphs analyses each life cycle stage, providing information related to all parameters identified and reported in **Table 1**, including those classified as not affected by the geographical scope of the study.

### 3.1.1 Upstream

In the upstream life cycle stage, the geographical location for raw material production of items, either SU or MU items, might have an influence on relative environmental impacts for this life cycle stage.

According to the results of the performed desktop assessment, **assumptions for the upstream made for the EU average situation of the previous study could be considered identical for the Irish context.** This conclusion is based on the followings:

• For SU: The focus of the analysis is on items manufactured by EPPA members and partners, with their specific properties and characteristics. The raw material production and processing stage entails countries like Finland and Austria, while converting data refers to production sites in countries like Germany, Finland and France. According to the Best Available Techniques Reference Document for the Production of Pulp, Paper and

Board issued by EU Commission<sup>5</sup>, these countries reflect very well the European pulp and paper production market, while no data referring to IE are reported. Accordingly, it should be considered that the production sites would remain the same also when shifting the scope of the study to Irish context.

For MU: According to figures reported by PlasticsEurope<sup>6</sup>, the 6 largest European countries (Germany, Italy, France, Poland, Spain and United Kingdom) represent almost 70% of converters plastic demand, while Ireland has a very limited share (<1%). For this reason, the approach adopted for the EU Comparative LCA study (Ramboll, 2020) (using database sets for PP production at the EU average level) can be deemed as valid also for the Irish context.</li>

### 3.1.2 Distribution

In the distribution life cycle stage, the geographical set in Ireland would imply different routes of distribution as well as means of transport. Distribution assumed in the EU study would remain valid for Ireland, but an additional transport route for both systems to Ireland is required. Roll-on/roll-off ship is assumed here for a transport route between the major port in EU (Rotterdam) and the major port of Ireland (Dublin), which corresponds to about 1300 km sea distance<sup>7</sup>.

Consequently, **changes for both SU and MU are expected for the Irish-specific context**. Note that SU system needs a greater number of items with respect to MU system (MU items are expected to be reused 100 times, thus an higher number of SU items is required to provide the same function), thus it is expected that this parameter will affect more the SU system.

### 3.1.3 Use stage (MU)

In the use stage, which is relevant only for the MU system, there are different parameters potentially affecting the results. However, some of these can be deemed not dependent from the geographical scope of the study, in particular:

- The demand of MU items only depends on QSR size, which is set to an average value which is assumed to be the same regardless of the reference country.
- The number of reuses of MU items is retrieved from literature studies and set equal to an average value, and therefore it does not depend on site-specific situation.
- The energy consumption rate of dishwashers is retrieved from average EU values in literature, and therefore no country-specific boundaries could be evaluated.

For all these three parameters, there are no indications from literature of country-specific values.

Instead, the geographical context could be a decisive factor for the environmental impacts of electrical consumption. In the use stage, major impacts are generated by the electricity demand of the washing process, and the selection of another geographical scope could change the results and the comparative assertion. By shifting the washing and drying process in Ireland, its electrical grid mix should be assumed.

<sup>&</sup>lt;sup>5</sup> <u>https://eippcb.jrc.ec.europa.eu/s tes/default/files/2019-11/PP revised BREF 2015.pdf</u>

<sup>&</sup>lt;sup>6</sup> <u>https://plasticseurope.org/wp-content/uploads/2021/12/Plast cs-the-Facts-2021-web-final.pdf</u>

<sup>&</sup>lt;sup>7</sup> <u>http://www.shiptraff c.net/2001/05/sea-distances-calculator.html</u>

Differences between the EU-28 electricity grid mix used in the model in the previous EU study and the Irish (IE) electricity grid mix are shown in **Figure 1**<sup>8</sup>. It is evident that when shifting to Ireland, two different categories can be found<sup>9</sup>:

- Impact categories where IE grid mix has <u>lower emissions</u> than EU-28 grid mix: Particulate matter formation, Freshwater consumption, Freshwater eutrophication, Ionizing radiation, Metal depletion, Terrestrial acidification.
- Impact categories where IE grid mix has <u>higher emissions</u> than EU-28 grid mix: Climate Change, Fossil depletion, Ozone depletion.

To evaluate differences between the EU study and the Irish-specific context, emissions factors for IE electricity grid mix for all impact categories are applied to the MU system.



Figure 1: Relative differences between environmental impact emissions of EU-28 electrical grid mix and IE electrical grid mix (ReCiPe 2016 (H) impact categories)

According to the most updated data from Eurostat<sup>10</sup>, the comparison between European and Irish energy mix (see **Table 2**) shows that Irish energy mix is characterised by:

- higher share of fossils sources;
- lower share of renewables sources;
- absence of nuclear energy;
- · lower share of solid fossil fuels.

<sup>\*</sup> The electricity grid mix with associated highest impact for each category is set to 100%, and the other electricity grid mix is normalized to this value, to facilitate the visualization and the difference between the impact results.

<sup>\*</sup> The selection of the environmental impact categories for ReCiPe 2016 (H) methodology is made by considering the same categories of the previous EU study.

https://ec.europa.eu/eurostat/cache/infographs/energy/bioc-2a.html

Energy source	European energy mix	Irish energy mit
Total petroleum products (including crude oll)	34.5%	45.9%
Natural gas	23.7%	32.8%
Renewable energy	17.4%	12.7%*
Nuclear energy	12.7%	0%
Solid fossil fuels	11.5%	8.6%
Other	0.2%	0%

#### Table 2: Energy mix for European Union and Ireland in 2020. Source: Eurostat.

It must be noted that, due to the complexity of the investigated system, the charts of Figure 1 do not directly reflect the environmental burdens in each category associated with the different energy grid mix and cannot be directly used as indicators of different environmental performances of the two geographical contexts.

### 3.1.4 EoL treatment

A symmetric approach was used in the EU study, by considering 30% recycling and 70% incineration (due to the lack of product-specific recycling rates for QSRs, see previous chapter). When shifting to the Irish context, country-specific statistics might be considered. REPAK, a recyclers association in Ireland comprising 3400 members, reported<sup>12</sup> in 2020 that about 379,000-ton waste from backdoor sector (i.e., commercial sector) was recycled.

For MU: REPAK reported<sup>12</sup> about 30% recycling rate in Ireland.

For SU: REPAK reported<sup>12</sup> high recycling rate (about 79%) in Ireland, which is in line with paper and cardboard packaging recycling rate in the EU in 2018 retrieved from EUROSTAT, which indicates 82.9% recycling rate<sup>13</sup>.

Since symmetrical recycling and incineration rates might be assumed (as in the previous EU study), and since the same recycling rate for plastics (30%) is reported in Ireland, assumptions for the EoL treatment made for the EU average situation of the previous study could be considered applicable for the Irish context.

### 3.1.5 Avoided material production

It is not methodologically possible to evaluate Irish-specific avoided material production, as a shift to Ireland would assume database sets for chemical and mechanical pulps for Ireland for the SU system, and database sets for PP granulate production for Ireland for the MU system. However, no country-specific database set is available for these materials.

<sup>12</sup> https://www.iea.org/countries/ireland

<sup>12</sup> Source REPAK, 2020, Adapting to change, Annual report 2020 (page 33-34), available at:

https://repak.ie/images/uploads/reports/Repak\_AR\_Web\_2020.pdf

<sup>&</sup>lt;sup>13</sup> Source: https://ec.europa.eu/eurostat/databrowser/view/ENV\_WASPACR\_\_custom\_1226307/default/table?lang-en\_EU-28 countries, year 2018, waste category "paper and carboard packaging"

Consequently, for both SU and MU, assumptions for the avoided material production for the EU average situation of the previous study could be considered identical for the Irish context.

### 3.1.6 Avoided energy production

The avoided energy production depends on the electricity grid mix. Therefore, by shifting the focus to Ireland, the IE electrical grid mix should be considered. This shift affects both SU and MU systems – for the relative difference between the two electricity grid mixes, see **Figure 1**.

Consequently, changes for both SU and MU are expected for the Irish-specific context.

## 4. RESULTS AND CONCLUSIONS

Based on the evaluation of Irish specific context, a limited number (4 of 9, see **Table 1**) *life cycle stages/parameters* is geographic-dependant; in addition, one of these parameters (EoL treatment) can be considered (as explained in paragraph **3.1.4**) not affected by Irish context. The following potential impacts of Irish context on the EU results are expected (considering SU and MU systems):

- Distribution: it affects both systems; however, this parameter affects more the SU system, since a higher number of items is required, thus higher number of trips are expected from manufacturing and converting plants (located in different EU countries) to Ireland.
- Energy grid mix: it affects MU system only (since no use stage is applicable to SU system).
- Avoided energy production: it affects both systems.

To evaluate if the Irish context might determine significant variation of the results of the Comparative Life Cycle Assessment related to EU context, Ramboll considered:

A. the expected effects on each impact category when shifting from EU scenario to Irish scenario.

To this aim a Rapid Impact Assessment Matrix (RIAM)<sup>14</sup> method – adopted in the framework of Environmental Impact Assessment – has been applied to each identified geographically dependent parameter, to provide an accurate and independent score for each impact category.

The following rating have been assigned for each geographical dependant parameters:

not affected.

(=) negligible differences.

- (+) low increase; (++) medium increase; (+++) significant increase.
- (-) low reduction; (--) medium reduction; (---) significant reduction.
- B. the contribution of each parameter on overall results in each impact category.

To this aim, the contribution analyses of the EU Comparative LCA study (Ramboll, 2020) have been used as reference. For dealing with negative values, the approach suggested in the PEFCR is taken<sup>15</sup>: the percentage impact contribution for any life cycle stage is calculated by using absolute values (i.e., the minus sign is ignored). This procedure allows to consider the relevance of any credits (e.g., from avoided emissions at EoL) to be identified. Consequently, the total impact score is recalculated including the converted negative scores and set to 100%. Percentage impact contribution for any life cycle stage is assessed to this new total impact score.

### Results of this assessment are reported in Table 3.

<sup>&</sup>lt;sup>14</sup> The Rap d Impact Assessment Matrix (RIAM) method is widely adopted in the framework of Environmental Impact Assessment. In RIAM impact significance is modelled as a mult criteria problem, in wh ch the complex nature of the concept is broken down into smaller, more accessible attributes (cr teria) for the decision-makers to work with. Evaluating the significance of impacts this way is a widely used approach in the I terature on environmental decision-making, when constructing systematic methods for impact evaluation (Bojórquez-Tapia et al., 1998; Cloquell-Ballester et al., 2007; European Commiss on, 1999; Thompson, 1990).

<sup>&</sup>lt;sup>15</sup> PEFCR Gu dance, available at <u>https://ec.europa.eu/environment/eussd/smgp/pdf/PEFCR\_guidance\_v6.3.pdf</u>

Impact category	Parameters	SU system		MU system	
		A Effects of geographical shifting <sup>(1)</sup>	B Contribution of the parameter to results of the EU Comparative LCA study (Ramboll, 2020) <sup>(2)</sup>	A Effects of geographical shifting <sup>(1)</sup>	B Contribution of the parameter to results of the EU Comparative LCA study (Ramboll, 2020) <sup>(2)</sup>
Climate change, default, excl. biogenic carbon	Distribution	(+)	~ 7 %	(=)	~ 7 %
	Energy grid mix	Not applicable		(+)	~ 70 %
	Avoided energy production	(-)	~ 20 %	(=)	~ 3 %
Fine Particulate Matter Formation	Distribution	(++)	~ 9 %	(=)	~ 9 %
	Energy grid mix	Not applicable		()	~ 70 %
	Avoided energy production	(+)	~ 7 %	(=)	~ 2 %
Fossil depletion	Distribution	(+)	~ 6 %	(=)	~ 6 %
	Energy grid mix	Not applicable		(++)	~ 70 %
	Avoided energy production	(-)	~ 20 %	(=)	~ 3 %
Freshwater Consumption	Distribution	(=)	< 1%	(=)	< 1%
	Energy grid mix	Not applicable		()	~ 70 %
	Avoided energy production	(+)	~ 6 %	(=)	< 1%

Table 3 Effect of different parameters on each impact category when shifting from EU scenario to Irish scenario for SU system, together with contribution of the parameter to overall results.

Freshwater Eutrophication	Distribution	(=)	< 1%	(=)	< 1%
	Energy grid mix	Not applicable		()	~ 9 %
	Avoided energy production	(+)	< 1%	(=)	< 1%
Ionizing Radiation	Distribution	(=)	< 1%	(=)	< 1%
	Energy grid mix	Not applicable		()	~ 90 %
	Avoided energy production	(+)	~ 4 %	(=)	< 2%
Metal depletion	Distribution	(=)	~ 2 %	(=)	< 1%
	Energy grid mix	Not applicable		(-)	~ 15 %
	Avoided energy production	(=)	~ 4 %	(=)	< 1%
Stratospheric Ozone Depletion	Distribution	(=)	~ 6 %	(=)	~ 6 %
	Energy grid mix	Not applicable		(+)	~ 70 %
	Avoided energy production	(-)	~ 7 %	(-)	< 1%
Terrestrial Acidification	Distribution	(+)	~ 9 %	(=)	~ 9 %
	Energy grid mix	Not applicable		()	~ 70 %
	Avoided energy production	(+)	~ 7 %	(-)	< 1%

(1): (+) low increase; (++) medium increase; (+++) significant increase; (-) low reduction; (--) medium reduction; (---) significant reduction; (=) negligible differences; not affected

(2): The parameters indicated as "Distribution" and "Avoided energy production" correspond to a life cycle stage, then to calculate their contribution the entire life cycle stage is considered. Instead, the parameter "energy grid mix" only partially correspond to the "use stage" life cycle stage. Thus, to calculate is contribution, only the effect of energy grid mix on the use stage is considered.

On this basis, the following conclusion - related to the shifting from EU context to Irish context – could be drawn:

### Climate change (if compared with EU scenario)

- SU: marginally lower environmental impacts.
- MU: slightly higher environmental impacts.

No significant effects on the main conclusion are expected for this impact categories due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the single-use system showed "very significant benefits" for climate change, and
- according to the sensitivity analysis, the results were "consistent throughout all considered sensitivity scenarios".

### Fine Particulate Matter Formation (if compared with EU scenario)

- SU: slightly higher environmental impacts.
- MU: moderately lower environmental impacts.

No significant effects on the main conclusion are expected due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the single-use system showed
  "very significant benefits" for fine particulate matter formation, and
- according to the sensitivity analysis, the results could be deemed "dependent on underlying assumptions" only when taking into account parameters not directly dependant on the geographical scope (optimised or external washing, 0% postconsumer paperboard recycling and/or a different allocation assumption for EoL credits).

### Fossil depletion (if compared with EU scenario)

- SU: marginally lower environmental impacts.
- MU: considerably higher environmental impacts.

No significant effects on the main conclusion are expected due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the single-use system showed "very significant benefits" for fossil depletion, and
- according to the sensitivity analysis, the results were "consistent throughout all considered sensitivity scenarios".

### Freshwater Consumption (if compared with EU scenario)

- SU: marginally higher environmental impacts.
- MU: considerably lower environmental impacts.

The reduction of environmental impacts of MU system for Freshwater Consumption category derives from different factors, including the reference energy mix of Irish context. Irish grid mix determines lower impacts on this impact category<sup>16</sup> (if compared with EU average one). However main conclusions (i.e., the single-use system determine environmental benefits) might be considered confirmed both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the single-use system showed "very significant benefits" for freshwater consumption, and
- according to the sensitivity analysis, the results could be deemed "dependent on underlying assumptions" only when taking into account parameters not directly dependant on the geographical scope (optimised or external washing, 0% postconsumer paperboard recycling and/or a different allocation assumption for EoL credits).

### Freshwater Eutrophication (if compared with EU scenario)

- SU: no variation environmental impacts.
- MU: marginally lower environmental impacts.

No significant effects on the main conclusion are expected due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis since:

- according to the baseline results for EU scenario, the multiple-use system showed "very significant benefits" for freshwater eutrophication, and
- according to the sensitivity analysis, the results were "consistent throughout all considered sensitivity scenarios.

### Ionizing Radiation (if compared with EU scenario)

- SU: no variation environmental impacts.
- MU: considerably lower environmental impacts.

No significant effects on the main conclusion are expected due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the multiple-use system showed "significant benefits" for ionizing radiation, and
- according to the sensitivity analysis, the results were "consistent throughout all considered sensitivity scenarios".

### Metal depletion (if compared with EU scenario)

<sup>16</sup> Due to marginal shares of nuclear and hydro energy sources of Ireland energy grid mix, wh ch are energy sources that can determine significant impacts on this category.

- SU: no variation environmental impacts.
- MU: marginally lower environmental impacts.

No significant effects on the main conclusion are expected due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the multiple-use system showed "noticeable benefits" for metal depletion, and
- according to the sensitivity analysis, the results could be deemed "dependent on underlying assumptions" only when taking into account parameters not directly dependant on the geographical scope (utilisation of alternative MU items made of ceramic, glass, and steel).

### Stratospheric Ozone Depletion (if compared with EU scenario)

- SU: marginally lower environmental impacts.
- MU: slightly higher environmental impacts.

It can be expected from shifting to IE scenario that the results of the two systems are comparable, both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario the multiple-use system showed "noticeable benefits" for stratospheric ozone depletion, and
- the sensitivity analysis the results were "consistent throughout all considered sensitivity scenarios".

### Terrestrial Acidification (if compared with EU scenario)

- SU: slightly higher environmental impacts.
- MU: moderately lower environmental impacts.

No significant effects on the main conclusion are expected due to the geographical shifting (IE scenario) both for the baseline and investigated scenarios of the sensitivity analysis, since:

- according to the baseline results for EU scenario, the single-use system showed "very significant benefits" for terrestrial acidification, and
- according to the sensitivity analysis, the results could be deemed "dependent on underlying assumptions" only when taking into account parameters not directly dependant from the geographical scope (optimised or external washing, 0% postconsumer paperboard recycling and/or a different allocation assumption for EoL credits).

These conclusions could be further confirmed with a quantitative assessment by means of a Life Cycle Assessment study.