



**An Roinn Iompair,  
Turasóireachta agus Spóirt**  
Department of Transport,  
Tourism and Sport

**Cleaning HGV Cabs during the COVID-19 Outbreak:**

- COVID-19 can be spread through contact with contaminated surfaces; therefore maintaining good hygiene and cleaning practices are essential, particularly in common working areas.
- Regular cleaning will reduce the risk of passing the infection on to other people; cleaning common work areas between shifts/at staff handovers is important to limit the spread.
- Particular attention should be paid to frequently touched areas and surfaces, such as steering wheels, gear stick, handbrake, door handles, seats, headrests, and document holders.
- Hard surfaces can be cleaned with warm soapy water followed by normal household disinfectants/disinfectant wipes.
- Avoid touching the face or creating splashes and spray when cleaning.
- All rubbish should be removed and disposed of appropriately.
- It is recommended, where possible, that disposable gloves are worn for cleaning; these gloves should be carefully disposed of after use. Similarly, disposable cloths or paper towels should be employed.
- Hands should be washed with soap and water for 20 seconds after removing the gloves/cleaning.
- If an area has been heavily contaminated, such as with visible bodily fluids, from a person with COVID-19, use more extensive protection for the eyes, mouth and nose, as well as wearing gloves and an apron during cleaning.

### **General tips to slow the spread of COVID-19:**

- Frequent hand washing (for 20 seconds). You should wash your hands:
  - o after coughing or sneezing;
  - o before and after eating;
  - o before and after preparing food;
  - o if you were in contact with someone who has a fever or respiratory symptoms (cough, shortness of breath, difficulty breathing);
  - o before and after being on public transport or in a crowd (especially an indoor crowd);
  - o when you arrive and leave buildings including your home or anyone else's home;
  - o if you have handled animals or animal waste;
  - o before having a cigarette or vaping;
  - o if your hands are dirty; and
  - o after toilet use.
- Good coughing and sneezing etiquette - catching coughs and sneezes in tissues or covering mouths and noses with your sleeve, throwing away the tissue in a closed bin and washing hands immediately; and
- Regularly using hand sanitiser gel in addition to soap and water or on its own if soap and water are not available.
- Physical distancing is important to help slow the spread of coronavirus. Some of the things you can do are to:
  - o keep a space of 2 metres (6.5 feet) between you and other people;
  - o reduce physical interactions with people;
  - o reduce the number of people you meet every day;
  - o avoid communal sleeping areas; and avoid crowded place
- Do not shake hands or make close contact with people, if possible.

Please refer to the [Workplace Protection and Improvement Guide](#) for tips regarding cleaning and disinfecting workplace areas that persons with suspected or confirmed COVID-19 were isolated in.